

# ALLY

LGBTQIAP+



# **ALLY:** al·ly ['alī] **ANYONE WHO WORKS TO END OPPRESSION THROUGH SUPPORT AND ADVOCACY OF AN OPPRESSED GROUP.**

For example, a straight cisgender\* person who supports and stands up for the equality of LGBTQIAP+ people.

Please keep this on file and refer your students to these organizations if they are in need of additional support and services.

## **San Luis County community organizations and resources for LGBTQIAP+ students:**

- Cuesta LGBTQIAP+ Student Group
- Gay Straight Alliance Network
- Transitions Mental Health Association
- PFLAG Central Coast Chapter
- Gay and Lesbian Alliance of the Central Coast (GALA)
- SLO High School Gay/Straight Alliance Club
- Spectrum (Poly's GSA)
- Cuesta Gay/Straight Alliance Club
- Templeton High School Gay/Straight Alliance Club
- Community Counseling Center
- AIDS Support Network SLO
- Cal Poly Pride Center/Queer Student Union
- Gay and Lesbian Alliance's Q Youth Group
- Tranz Central Coast
- Gala Pride Center
- Central Coast Pride
- Central Coast Coalition for Inclusive Schools
- R.I.S.E.

## **Cuesta Employees Ally and Safe Space/Safe Zone Advocates:**

- Bailey Drechsler
- Heidi Webber
- Carole (Jodi) Davis
- Tonya Leonard
- Matthew Davis
- Glenda Moscoso
- Andrea Devitt
- Teri Sherman
- Kate Porter

\* Cisgender: A person whose gender identity and expression are aligned with the gender they were assigned at birth

## **External LGBTQIAP+ Resources:**

- Campus Pride: [campuspride.org](http://campuspride.org)
- Gay-Straight Alliance Network: [gsanetwork.org](http://gsanetwork.org)
- The Trevor Lifeline: [866.488.7386](http://866.488.7386) or [thetrevorproject.org](http://thetrevorproject.org)
- Parents, Families, Friends, and Allies United with LGBTQIAP+ People (PFLAG): [community.pflag.org](http://community.pflag.org)
- GLBT National Help Center: Hotline—[800.246.PRIDE](http://800.246.PRIDE) or [glbtnationalhelpcenter.org](http://glbtnationalhelpcenter.org)
- American Civil Liberties Union (ACLU): [aclu.org](http://aclu.org)
- TransProud: [transproud.com](http://transproud.com)
- CenterLink: [lgbtcenters.org](http://lgbtcenters.org)
- The Safe Schools Coalition: [safeschoolscoalition.org](http://safeschoolscoalition.org)
- Teaching Tolerance: [tolerance.org](http://tolerance.org)
- National Center for Transgender Equality: [transequality.org](http://transequality.org)
- Children of Lesbian and Gays Everywhere (COLAGE): [colage.org](http://colage.org)
- Family Equality Council: [familyequality.org](http://familyequality.org)
- GLSEN – Gay Lesbian and Straight Education Network: [glsen.org](http://glsen.org)
- Safe Space LGBTQIAP+ Ally Training: [thesafezoneproject.com](http://thesafezoneproject.com)
- Models of Pride Conference: [modelsofpride.org](http://modelsofpride.org)
- #Out4MentalHealth: [californialgbthealth.org/out4mentalhealth](http://californialgbthealth.org/out4mentalhealth)