



HISPANIC HERITAGE MONTH

Resource fair, in-person assistance

September 15, 11-1 pm

Cuesta College, San Luis Obispo Campus,
Building 5100, outside the cafeteria.

Mental Health Counseling-Drug and Alcohol Recovery
Support-Youth and Adult Support Groups-Health Care
Services-Transportation Assistance-Housing
Resources-Employment Resources and more.

Contact: Andrea Echeverri Betancur
andrea_echeverribeta@cuesta.edu

Mental Well-Being and Navigating the Health System

September 15, 5 pm

Event Link: <https://cuesta-edu.zoom.us/j/96811575771>
Bilingual event. English and Spanish available

In need of mental health resources and referrals, but don't know where to start? Join us to talk about different strategies to improve our mental health and learn how to navigate the health system to easily connect with professionals and local resources available to you and your family.

Contact: Andrea Echeverri Betancur
andrea_echeverribeta@cuesta.edu



Cuesta Library Virtual Book Club

I Am Not Your Perfect Mexican Daughter

by Erika Sanchez

September 23, 1-2:30 pm

Event Link: <https://cuesta-edu.zoom.us/j/96828505910>

Join us for a virtual, easy-going discussion led by library staff. Don't worry if you have not finished the book! Students, staff, faculty and general public are welcome.

Contact: Denise Fourie, dfourie@cuesta.edu.

Lessons Learned on How to Successfully Build a Career

September 30, 5:30-7:00 pm

Event Link: <https://bit.ly/CuestaSpaceX>

Join Luis Aguirre for an inspiring talk about his journey from Cuesta College student to SpaceX Engineer. Attendees will be entered into a raffle to win SpaceX merchandise. *For Cuesta, Cal Poly, Allan Hancock and local high schools only.*

Contact: Ali Phelps, allison_phelps1@cuesta.edu

Teacher Pathways Latinx Transfer Panel

October 12, 5-6:00 pm

Registration Link: <https://tinyurl.com/bx4rd5ac>

Learn about the transfer experiences of our panelists as they reflect on their educational paths, opportunities and how transferring has impacted their family/familias!

\$25 stipends available for each workshop that Cuesta students attend

Contact: futureteachers@cuesta.edu

Dreamers United Student Club Meeting

October 13, 12:30-1:30 pm

Event Link: <https://cuesta-edu.zoom.us/j/8066185365>

Dreamers United Student club members will learn about the FREE immigration legal services available at Cuesta and DACA updates. Members will interact and ask questions to the accredited legal team from the United farm Workers Foundation (UFW) This one-hour event welcomes undocumented student supporters

Contact: Monica Contreras,
monica_contreras@cuesta.edu

Path for Citizenship/DACA Update

October 13, 4-5:30 pm

Event Link: <https://tinyurl.com/35v43dax>

This workshop is for all administration, faculty, staff, and community members. Attendees will learn about the free immigration legal services offered at Cuesta College through the UFW Foundation. It will also cover options available for the undocumented community as well as updated information on the recent DACA ruling.

Contact: Estella Vazquez, evazquez@cuesta.edu

Undocumented & Unafraid

October 14, 4-5:30 pm

Event Link: <https://cuesta-edu.zoom.us/j/99692767136>

Come learn more about the stories of struggle, resilience, and success of undocumented students. The panel will include students from Allan Hancock, Cuesta College, and Cal Poly, along with community members. Local resources for the undocumented community will also be shared.

Contact: Estella Vazquez, evazquez@cuesta.edu

Spanish UndocuAlly Training

October 15, 5-6:30 pm

Event Link: <https://cccconfer.zoom.us/s/6574692726>

Monarch Dream Team members will be joined by SLO County Promotores Collaborative to present the first Spanish UndocuAlly training at Cuesta! This 1.5 hour is for the Central Coast undocumented community, English as a Second Language and GED Cuesta students and their families.

Contact: Estella Vazquez, evazquez@cuesta.edu

Teacher Pathways–Transferring 101

October 20, 5:30-7:00 pm

Registration Link: <https://tinyurl.com/f7weae9m>

Come learn about your options if you plan on continuing your studies after Cuesta. The Transfer Center is here to help you explore your various pathways!

\$25 stipends available for each workshop that Cuesta students attend

Contact: futureteachers@cuesta.edu

Step by Step Introduction to the CSU Application

October 21, 4-5:00 pm

Registration: <https://tinyurl.com/7tcty8cr>

Applying to a CSU school this fall? The Transfer Center is here to help you through a Step by Step Introduction to the CSU Application.

\$25 stipends available for each workshop that Cuesta students attend

Contact: futureteachers@cuesta.edu

Teacher Pathways Drop-In Application Assistance Hours

October 25, 3-5:00 pm

Registration: <https://tinyurl.com/2hnvwf3p>

Take advantage of these drop-in hours where dedicated Academic Counselors will be present to assist with the CSU application and answer questions. Submit before the November 30th deadline!

\$25 stipends available for each workshop that Cuesta students attend

Contact: futureteachers@cuesta.edu

