

# PUBLIC HEALTH SCIENCE

ASSOCIATE DEGREE &amp; CERTIFICATE PROGRAMS

2023-2024 CATALOG

## DESCRIPTION

The Associate in Science Transfer Degree in Public Health (A.S.-T.) focuses on disease and injury prevention strategies for community and individual wellness. The AS-T degree is designed to provide students a clear transfer pathway to the CSU within the Public Health Science or similar major.

Additionally, the degree focuses on providing job related and introduction to the various career pathways within this field. The public health field includes disciplines such as epidemiology, biostatistics, health services, environmental health, behavioral health, and occupational health. This includes health risk assessments, health screenings, health promotion programming, and surveillance of disease outbreaks in a community.

## ASSOCIATE DEGREE FOR TRANSFER PROGRAMS

Students who complete an [Associate Degree for Transfer \(ADT\)](#) and transfer to a similar major at a CSU are guaranteed a pathway to finish their baccalaureate degrees in 60 semester or 90 quarter units. These degrees require students to meet both of the following requirements: (1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following: (A) The Intersegmental GE Transfer Curriculum (IGETC) or the California State University GE-Breadth Requirements (CSU GE-Breadth). (B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district. (2) Obtainment of a minimum grade point average of 2.0.

## DEGREES, CERTIFICATES & AWARDS

- Associate in Science for Transfer (A.S.-T.)

## CAREER OPPORTUNITIES

- Biostatistics
- Communications
- Community Health
- Environmental Science
- Epidemiology And Research
- Global Health
- Healthcare Admin
- Healthcare Social Worker
- Health Educator
- Medical Field
- Mental And Behavioral Health Educator
- Public Policy

## CONTACT

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**ASSOCIATE DEGREE FOR TRANSFER PROGRAM****Public Health Science** — Associate in Science for Transfer

The Associate in Science Transfer Degree in Public Health (AS-T) focuses on disease and injury prevention strategies for community and individual wellness. The AS-T degree is designed to provide students a clear transfer pathway to the CSU within the Public Health Science or similar major. Additionally, the degree focuses on providing job related and introduction to the various career pathways within this field. The public health field includes disciplines such as epidemiology, biostatistics, health services, environmental health, behavioral health, and occupational health. This includes health risk assessments, health screenings, health promotion programming, and surveillance of disease outbreaks in a community.

**Required Core: (28-32 credits)**

HEED 202 . . . . Health Education . . . . .	3
HEED 210 . . . . Introduction To Public Health . . . . .	3
BIO 205 . . . . . Human Anatomy . . . . .	4
BIO 206 . . . . . General Human Physiology . . . . .	5
BIO 211 . . . . . Life Science . . . . .	3
or BIO 201A.. Biology . . . . .	(5)
CHEM 200 . . . . Introductory Chemistry . . . . .	4
or CHEM 201A General College Chemistry I . . . . .	(5)
MATH 247 . . . . Introduction To Statistics . . . . .	4
or MATH 236 . Introduction To Applied Statistics . . . . .	(3)
PYSC 201 . . . . Introductory Psychology . . . . .	3

**List A: Select one course (3 credits)**

Students should choose a course that is the best fit for their desired CSU campus and major.

ASHS 218. . . . Human Sexuality: Experience & Expression . . . . .	3
HEED 203 . . . . Women's Health Issues. . . . .	3
HEED 204 . . . . Standard First Aid & CPR (Cardiopulmonary Resuscitation) . . . . .	3
HEED 206 . . . . Health Aspects Of Drug Use. . . . .	3
HEED 208 . . . . Multicultural Health . . . . .	3
NUTR 210 . . . . Nutrition . . . . .	3
SOC 201A . . . . Introduction To Sociology. . . . .	3

**Total Credits: . . . . . 31-35**

"P" (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer.

In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory.

Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

[Click Here For Program Student Learning Outcomes](#)

**TRANSFER PREPARATION**

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare to transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Cuesta College counselor to develop a student education plan (SEP) before beginning their program.

**TRANSFER RESOURCES:**

CSU and UC Articulation Agreements and Majors Search Engine:

[www.ASSIST.org](http://www.ASSIST.org)

CSU System Information:

[www2.calstate.edu](http://www2.calstate.edu)

**FINANCIAL AID**

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Cuesta College offers a full array of financial aid programs—grants, work study, scholarships, federal loan programs, and fee waivers. These programs are available to both full-and part-time students who are seeking a degree or certificate. For those who qualify, financial aid is available to help with tuition, fees, books and supplies, food, housing, transportation, and childcare. Please log onto our website for additional information:

[www.cuesta.edu/student/student-services/finaid](http://www.cuesta.edu/student/student-services/finaid)



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