NOW HIRING AT THE CUESTA POOL

Aqua Fitness Instructor

• Instruct participants in water based exercise
• Demonstrate ability to increase patrons range of motion, flexibility, aerobic conditioning, strength, and muscular endurance
• Maintain rapport with participants
• Observe and be aware of participant’s health conditions

We’re Looking for: a personable, professional and reliable instructor to teach Aqua Fitness at the Cuesta College Pool.

Starting Rate: $24.51/hr

Starting Date: on our before June 1, 2015

Certifications: Aqua Fitness Trainer (Aquatics Exercise Association/Maternity Fitness Institute/Arthritis Foundation); American Red Cross CPR-Adult, First Aid and Basic Water Rescue

For more information please call 805-546-3100 x2103 or visit www.cuesta.edu/communityprograms and click the employment link at the bottom of the page
Aqua Fitness Instructor

- Instruct and attend to Aqua Fitness patrons by insuring quality of instruction with sensitivity to physical abilities and a willingness to work with a majority of patrons in the older adult population. Demonstrate the ability to increase patrons’ abilities in range of motion, flexibility, aerobic conditioning, strength and muscular endurance. Must be personable, professional, reliable, trustworthy and self sufficient. Must be willing to work in different weather conditions and timeframes (split shifts can occur). Be willing to understand and know academic and Community Programs schedules, classes, instructors, coaches and lifeguards. Be willing to understand with working knowledge of a variety of campus policies and procedures.

- Certifications: Aqua Fitness Trainer (Aquatics Exercise Association/Maternity Fitness Institute/Arthritis Foundation); American Red Cross CPR-Adult, First Aid and Basic Water Rescue

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