Subject Guide: Women's Health – HE ED 3

Internet Resources

The following sites are from agencies of the U.S. government


http://www.cdc.gov/women/ the women’s page from the Centers for Disease Control.

http://www.womenshealth.gov/ A U.S. government page with links to federal pages on women’s health.


http://www.nhlbi.nih.gov/whi Women’s Health Initiative with current issues from the NIH.


The following Web pages are from non-governmental, reputable sources

http://www.nytimes.com/specials/women/whome/resources.html A large site with hundreds of links to women’s health pages.

http://dir.yahoo.com/Health/Women_s_Health/?skw=womens+health+issues Yahoo’s subject directory of women’s health topics.

http://www.mayoclinic.com/health/womens-health/MY00379 the Mayo Clinic’s women’s health page.

http://www.medicinenet.com/womens_health/focus.htm MedicineNet is part of WebMD, a private company in the health field.

http://www.about-face.org This page helps women and girls deal with harmful media messages

http://www.sarpcenter.org/ A local (SLO) page relating to sexual assault

http://www.mckinley.illinois.edu/multiculturalhealth/womenhealth.htm From the
McKinley Health Center at the U. of Illinois, this page is from the Multicultural Health Clearinghouse and deals with women's health issues.

http://www.nowfoundation.org/issues/health/whp  A series of fact sheets from the National Organization for Women Foundation

**Books and eBooks from the Cuesta College Library**

The Cuesta Library has a number of current books on women's health. From the Library's home page http://library.cuesta.edu under Find a Book, select eLibrary and type a keyword or phrase (for instance: Women's Health) in the Search field. Write down the call number. Books are arranged by the Library of Congress Classification System and are found in the book stacks by this number.

For a good introduction on using LC call numbers go to Wikipedia's LC page http://en.wikipedia.org/wiki/Library_of_Congress_Classification

Cuesta also has 13,000 EBSCOhost eBooks, which are full text books you access online. Online books (eBooks) are included in the eLibrary catalog. The eBook call number is ONLINE and has a direct link to the URL.

To access only eBooks, not books in the library, choose eBooks or EBSCOhost from the Library home page or myCuesta.

Your teacher may have placed books on Reserve at the Circulation Desk. Check there, or look under your instructor's name in eLibrary by selecting Course Reserves under Find a Book on the Library home page.

Health encyclopedias and other health reference books can be found in the Reference book section. They will often have clear background information on various topics. Use the Index at the end of the set and look under the subject you are researching.

**Periodicals (Journals, Magazines, Newspapers) in online databases**

Cuesta subscribes to the following online databases: EBSCOhost, SIRS, National Newspaper Core, and NewsBank. They can be accessed from the Library's home page at Cuesta or from home using myCuesta. They are found under Find an Article: Databases.

EBSCOhost has a general database and a nursing/medical database. Both are useful for women's health articles.
Books from other libraries

On the Cuesta Library’s home page http://library.cuesta.edu/, look under Find a Book and choose Other Library Catalogs.

Request books from other libraries by using the online link to the Interlibrary Loan Request form, found at the left side of the Library home page http://library.cuesta.edu/. Allow 7-10 working days to receive your materials.

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