Listed below are the faculty professional development/FLEX activities taking place during the Fall 2019 semester. (current as of 7/29/2019)

**FLEX Activities**

We invite you to submit a proposal if you have an idea for a FLEX activity during the Fall 2019 semester. The proposal form is available at the [HR Professional Development webpage](#). You can send in proposals throughout the semester.

**Tuesday, August 6th, 2019**

**Active Shooter Awareness**

*Presented by: Chief Bryan Millard, Sergeant Jason Hopkins, Officer Scott Severn*

Participants will learn from campus police the latest techniques and safety measures to respond effectively to an armed intruder or other act of violence on our campus or in the community. The interactive session will also teach participants valuable life-saving skills to "Stop the Bleed" in the event of a traumatic injury to yourself or someone else in the campus community. The session will include about one hour of training and presentation followed by an open discussion period for questions.

10:00 am – 12:00 pm | SLO Campus Library, group study area
Faculty Professional Development
Fall 2019

Listed below are the faculty professional development/FLEX activities taking place during the Fall 2019 semester.
(current as of 7/29/2019)

**Tuesday, August 6th - Thursday, August 8th, 2019**

**Connect at Cuesta**

SLO Campus: August 6th, August 7th

NC Campus: August 8th

Connect at Cuesta will be expanded to incorporate Guided Pathways principles of connecting students early on to faculty who are instructors within their majors/areas of interest. The intention is to introduce possible career opportunities related to student educational goals. The aim of the new orientations, along with connecting with faculty within their disciplines, is to create opportunities for students of similar academic and career goals to connect.

With this shift in mind, faculty participation is key! Faculty will be provided hourly compensation at 2/3 lab rate and are asking for 2-3 hours of time (tentatively 11am-1pm).

Participation will involve small group and/or panel Q&A conversations with students in their area of interest/major, and following the panel, sharing lunch with students to connect informally.

All faculty interested in participating can sign up HERE. Please reach out to regina_voge@cuesta.edu or que_dang@cuesta.edu for questions or more information.

**Wednesday, August 7th, 2019**

**Equity—From Data to Solutions: Responding to student voices, using the RP Group’s Six Success Factors & Guided Pathways**

*Presented by: Elizabeth DeSwart*

This presentation, followed by active discussion, will present and define the Six Success Factors, share student suggestions for how to cultivate those factors inside and outside the classroom, and explore ways we can cultivate factors in our classrooms/areas at Cuesta College.

10:30 am – 12:00 pm | Room 3310
Listed below are the faculty professional development/FLEX activities taking place during the Fall 2019 semester.
(current as of 7/29/2019)

**Wednesday, August 7th, 2019**

**Hands-On Library Resources: Cuesta Search vs. Databases A-Z, What Works Best for Your Students?**

*Presented by: Denise Fourie, Jenna Severson, and Sharon Haupt*

Learn the best strategies for searching credible Library Resources in this hands-on session. We will demo Cuesta Single Search; our A-Z Database List (searching databases directly); credible, ready-made content you can link to within Canvas such as “Fake News: The Facts,” “Finding Scholarly Articles,” “Primary Sources,” “Black History Month,” and more.

We’ll also have an open discussion as you search for your class needs on our Chromebooks. And see our new Open Innovation Lab with audiovisual "huddle rooms." Snacks provided.

9:00 am – 10:30 am | Room 3219

**Wednesday, August 7th, 2019**

**Avoid the Teacher’s Disease: Tips for Vocal Stamina**

*Presented by: John Knutson*

One key element of classroom teaching is verbal communication. Speaking uses techniques (breath support, sound placement, phonation) that we too often take for granted. Our voice doesn’t carry/project as we wish it would, our voice gets fatigued, and our vocal tone may not have the impact we intend. This workshop provides helpful tips and strategies to improve classroom communication and preserve our voices.

1:00 pm – 2:00 pm | Room 3310
Mental Health First Aid

Presented by: Tonya Leonard and Glenda Moscoso

Mental Health First Aid teaches a 5-step action plan to offer initial help to people with signs of mental illness or who are in crisis.

It provides information needed to connect them with appropriate professional, peer, and/or self-help care. This is an 8-hour class taught over two days.

It will help faculty, staff and management feel more confident when dealing with students in crisis. It contributes to Cuesta College’s goals of being an inclusive institution that welcomes a diverse population and encourages success in education. This is done by providing knowledge of the challenges of mental illness that will help reduce the stigma.

1:00 pm – 5:00 pm | Room 3219
Faculty Professional Development Fall 2019

Listed below are the faculty professional development/FLEX activities taking place during the Fall 2019 semester.
(current as of 7/29/2019)

Wednesday, August 7th, 2019 (@ Cuesta) or Wednesday, August 14th, 2019 (@ Allan Hancock)

Mentoring and Advising Students: Strengths Training from a Social Justice Perspective

*Presented by: Dr. Jane L. Lehr*

During this training, faculty and staff participants will learn about an asset-based approach to mentoring and advising students. Rather than focusing on students’ deficits, strengths assessments (like CliftonStrengths) identify natural areas of talent that can be developed into strengths by spending time practicing, developing skills, and building knowledge. Due to our unique combinations of intersecting social and cultural identities, however, we can define, value, and express strengths differently. In this training, you will have the opportunity to explore the intersections of strengths, social/cultural identity, and social context. This goal of the training is to position faculty/staff to provide mentorship via an assets-based framework that recognizes that student utilization of their strengths occurs within a particular sociopolitical context and positions faculty/staff mentors – as institutional actors – to create more equitable conditions at their institutions.

*Note: This training is supported by the ENGAGE S-STEM Scholarship & Mentoring Program (NSF DUE 1834128, 1834154) and is open to all interested faculty and staff. Prior experience with CliftonStrengths is welcome but not required.*

Please RSVP at: [https://tinyurl.com/Mentoring-Aug2019](https://tinyurl.com/Mentoring-Aug2019)

8/7/19 @ Cuesta College: 1:00 pm – 4:00 pm | Room 2608
8/14/19 @ Allan Hancock: 1:00 pm – 4:00 pm | Room H-104

Thursday, August 8th, 2019

Open Education Resources

*Presented by: Kevin Bontenbal and Marilyne Creeves*

This workshop will cover all aspects of Open Educational Resources, what they are, where to find them, how to use them, and even how to publish your own.

9:00 am – 11:00 am | Room 3411
Thursday, August 8th, 2019

Embedded Tutoring Best Practices

Presented by: Siboney Guardado

If you requested an Embedded Tutor for fall, please join us to share and compare strategies.

Do you have feedback for a better Embedded Tutoring program? Discuss the Do’s and Don’ts of working with an Embedded Tutor and find out new strategies on how to use an embedded tutor in your class to help with student success.

Connect with your Embedded Tutor before the semester starts. Fall Embedded Tutors are invited to join us for a part of this session so that you have time to connect with them.

Please RSVP by clicking here!

10:00 am – 11:00 am | Room 3406

Thursday, August 8th, 2019

Building Racial Competency—in Our Students and in Ourselves

Presented by: Ali Michael

This workshop was designed to support faculty members to consider the ways that racial competence is a 21st century skill, one expected of all our graduates when they enter the workforce. It will address ways that faculty can cultivate racial competency in their students, in their classrooms, and in themselves. The facilitator is White and will share stories from her life and research.

Ali Michael, PhD., is co-founder and director of the Race Institute for K-12 Educations and author of Raising Race Questions: Whiteness, Inquiry and Education (Teachers College Press, 2015). She teaches in the Diversity and Inclusion Program at Princeton University as well as the Equity Institutes with University of Southern California.

Sponsored by Student Equity and Academic Affairs. Lunch provided; please RSVP here

11:00 am – 1:00 pm | Room 5401