Join a community minded, teaching focused, Cuesta College event.

FLEX-travaganza is an opportunity to be a part of a Cuesta community event, two days of workshops and seminars, focused on teaching techniques for both face-to-face classes and DE classes, as well as tools for meeting students’ emotional needs. Plus, FREE FOOD and music from the Cuesta College music department. Some sessions have limited seating, so sign up soon!

Wednesday, January 15th, 2020

**Mental Health Session 1** ~ 9:00 am–10:30 am ~ Includes Continental Breakfast!

**Behavioral Interventions and Support – Classroom Management**

*Presented by: Brian Van Burnt, Ed.D.*

**Room 5401 – Register Here**

Over the last ten years, there has been an increase in the number and severity of behavioral incidents in the classrooms and on campuses. More and more, it is incumbent upon instructors to intervene in the classroom to address behaviors that can interfere with teaching and learning. Using a combination of lecture and case studies taken from actual incidents, this workshop will provide instructors with tools to appropriately address these behaviors. Participants will be provided with skills to prevent disruptive behaviors, to react to them, and tips on how to enhance their own campus procedures to address abhorrent behaviors.

Participants will:

- Gain a perspective on trends in behaviors on higher education campuses
- Gain a perspective on the realities of campus responses to incidents of classroom disruption
- Be able to utilize pedagogical methods and teaching strategies to reduce the probability of disruptive behaviors
- Be able to develop and/or utilize individualized syllabus statements for class management
- Be able to appropriately respond to disruptive behaviors in and out of the classroom

*Co-Sponsored by the Student Health Center and Classified and Management Professional Development Committees*

**GIS Session** ~ 10:30 am–12:00 pm

**Using GIS in Teaching and Campus Administration**

*Presented by: Feride Schroeder*

**Room 3406**

This workshop will provide an introduction to GIS (Geographic Information Systems) to faculty and staff. GIS is an innovative technology that has applications across many disciplines. The workshop will include a short tutorial and time to prepare a lesson (for faculty) or project (for administrators). This will help to improve teaching by providing instructors with tools to help students build spatial awareness and use GIS software for problem solving. This workshop will provide administrators with tools to improve research methods and presentations.
Wednesday, January 15th, 2020

Mental Health Session 2 ~ 12:00 pm–2:00 pm

Behavioral Interventions and Support – All Campus Workshop: Crisis De-Escalation of Hostile and Violent Students

Presented by: Brian Van Burnt, Ed.D.

Room 5401 – Register Here

Lunch 12:00 – 12:30 pm | Workshop 12:30 – 2:00 pm

Combined training will focus on the needs of staff and faculty who encountered individuals who have lost control and are at the point of violence. The workshop is useful for front office staff, administrators, instructors and professors, conduct officers, residential life staff, admissions and registration, financial aid and campus safety.

The training will review:

- How to recognize an emergency
- Importance of activating back up and law enforcement
- How to stay calm, cool and collected in the face of a crisis
- Focus on the immediate risk and address secondary issues at a later point
- Body language and posture
- The use of motivation and persuasion
- How to balance the “carrot and stick”
- Preventative steps to create a safe office (escape routes, code words, and alert buttons)
- Documentation and future action

Co-Sponsored by the Student Health Center and Classified and Management Professional Development Committees

Library Session ~ 2:15 pm–3:00 pm

Primo Premier: New Library Platform for One Search

Presented by: Sharon Haupt

Room 3219

Learn all about the new Library One Search platform and the resources you can add for your class. Learn about embedding Research guides, permanent links to articles, how to pin favorites, and more!

Thursday, January 16th, 2020

RSVP here for any Thursday session, lunch or dinner – Space is limited for Sessions 1-3!

Session 1 ~ 9:00 am–10:00 am

Breakout 1 - Valuable Groupwork for Improved Learning

Presented by: Allison Head and Brian Locher

Room 3306

Group work is an integral part of any classroom environment, but are we using the correct methodology to unlock our student’s potential? Our dynamic duo will dive deeper into the world of effective group work. Allison and I will present our personal experiences, and listen to yours,
taking an interactive approach to exploring classroom possibilities through the cooperative learning model and understanding the theory of group work. Different types of group work options will be presented as well as how to effectively designing and grade large group projects. New research will be presented, transfer of knowledge will take place, and yes, you will be getting into groups while in this workshop.

**Breakout 2 - Answering Student Voices for Equity**  
*Presented by: Elizabeth DeSwart*

**Room 3307**

In this workshop, we will view Cuesta student quotes recorded in RP Group research, and through self-reflection and active discussion, identify new practices we can easily weave into our work at Cuesta College.

**Session 2 ~ 10:15 am–11:30 am**  
**Breakout 1 - Effective Classroom Teaching Techniques**  
*Presented by: Lise Mifsud, Greg Baxley, and Jeff Gervasi*

**Room 3306**

Our workshop will explore teaching tips and techniques that we’ve refined during our 50+ combined years of classroom experiences. How do we use folklore, student participation, hands-on projects, stunning visuals, and creative questions to increase student interest? Come chat with us and find out! Maybe you can share your favorite classroom activities too. Our hope is that everyone will discover a gem that they can utilize in their field!

**Breakout 2 - Trauma-informed Pedagogy**  
*Presented by: Bailey Drechsler, Denae Boggs, and Michele Gordon-Johnson*

**Room 3307**

Given the high rates of adult learners living with the effects of Adverse Childhood Experiences (ACEs) as well as the significant incidents of suicide among college students, it is essential that educators take into consideration a pedagogy attuned to the principles of trauma-informed care. This Flex Activity presents information on creating a trauma-informed learning environment across all disciplines by focusing on the fundamentals of ACEs, the impact of stress on the adult learning process, strategies for infusing trauma-informed care into your pedagogy, and educator self-care strategies.

**Lunch ~ 11:45 am–12:45 pm**  
**Equity Lunch with Musical Entertainment**  
*With performance by the Gillian Piper Quartet featuring Gillian Piper, Colin Erno, Adam Torres, and Noah Galambos*

**Room 5401**

Enjoy lunch provided by Student Equity while listening to a musical performance by the Gillian Piper Quartet from the Cuesta College Music Department. **RSVP at link above**
**Session 3 ~ 1:00 pm–2:15 pm**

**Breakout 1 – Canvas Tips for Face-to-Face Classes**

*Presented by: Katy Dittmer, Lara Baxley, and Mitch Ferguson*

**Room 3219**

Are you interested in how to use Canvas more effectively to engage your students in the course material outside of class? Would you like to facilitate community-building where your students communicate and help each other between class meetings? In this workshop, two faculty members and a student will provide insight and tips and tricks that they have found useful in their courses to foster greater student involvement, deeper understanding of the course material, and build relationships between students. We will also provide an opportunity for you to share your Canvas strategies as well.

**Breakout 2 – Liven Up Your Online Class with Tips, Tools and Cool Tricks!**

*Presented by: Brad Langer, Beth Ann Dumas, and Cynthia Wilshusen*

**Room 3144**

Sometimes written explanations aren’t enough. Showing your students with visuals what you wanted to say can build community and foster meaningful student-student interactions. You will be introduced to several tools that will allow you to convey your human presence, and empathy by sending timely communication, annotating, using video or audio, and using social engagement tools to get messages to your student in a friendly and supportive way.

This workshop will highlight how the presenters use Speedgrader and the Canvas Teacher App to message students to keep them on track, annotate submitted files, send video / audio Feedback, engage students through Pronto, Flipgrid and ConferZoom. Bring your tips and tricks to share with the group too!

**Session 4 ~ 2:30 pm–5:30 pm**

**General Session – Mentoring, Teaching, & Advising Students: Strengths Training from a Social Justice Perspective**

*Presented by: Dr. Daniel J. Almeida*

**Room 5401**

Explore an assets-based approach to teaching, mentoring, and advising students that is designed to increase equity and inclusion by focusing on the intersections of strengths, social/cultural identity, and social context. This training utilizes Gallup's StrengthsFinder and every participant will receive an access code.

About the Presenter: Daniel Almeida is an Assistant Professor in the School of Education at Cal Poly, SLO and is the Coordinator of the Masters of Science program in Higher Education Counseling/Student Affairs. Dr. Almeida is also a Gallup-Certified Strengths Coach and Certified Diversity Trainer.

*Dinner Included. RSVP at the link above.*
# Flex-Travaganza 2020 Schedule-at-a-Glance

## Wednesday, January 15 – Behavioral Interventions and Support, **Plus Bonus Sessions**

To register for any of the Mental Health Services sessions, please visit [https://tinyurl.com/tmldkmn](https://tinyurl.com/tmldkmn)

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## Thursday, January 16 – Teaching and Equity

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