

2025 INSTRUCTIONAL ANNUAL PROGRAM PLANNING WORKSHEET

CURRENT YEAR: 2024-2025 PROGRAM(S): KINESIOLOGY

CLUSTER: HEALTH, WELLNESS, TT AREA OF STUDY: HEALTH AND WELLNESS

LAST YEAR CPPR COMPLETED: 2023 NEXT SCHEDULED CPPR: 2026 CURRENT DATE: SPRING 2025

The Annual Program Planning Worksheet (APPW) is the process for:

- reviewing, analyzing and assessing programs on an annual basis
- documenting relevant program changes, trends, and plans for the upcoming year
- identifying program needs, if any, that will become part of the program's **Resource Plan**, which can be downloaded from the **IPPR Program Review Documents Folder**. Please review the **Resource Allocation Rubric** when preparing the resource plan.
- highlighting specific program accomplishments and updates since last year's APPW
- tracking progress on a Program Sustainability Plan if established previously

Note: Degrees and/or certificates for the *same* program *may be consolidated* into one APPW.

This APPW encompasses the following programs of study (degrees and/or certificates):

Kinesiology AA-T

GENERAL PROGRAM UPDATE

Describe changes and improvements to the program, such as changes to the mission, purpose, or direction. In particular, indicate any changes that have been made to address equity gaps. There have been no substantial changes to this AA-T program. The only change has been to offer the introductory course online.

PROGRAM SUSTAINABILITY PLAN UPDATE

Was a Program Sustainability Plan established in your program's most recent Comprehensive Program Plan and Review?

Yes ☐ If yes, please complete the Program Sustainability Plan Progress Report below.

No ☒ If no, you do not need to complete a Progress Report.

If you selected yes, please complete the Program Sustainability Plan Progress Report below after you complete the Data Analysis section. That data collection and analysis will help you to update, if necessary, your Program Sustainability Plan.

DATA ANALYSIS AND PROGRAM-SPECIFIC MEASUREMENTS

A. General Enrollment

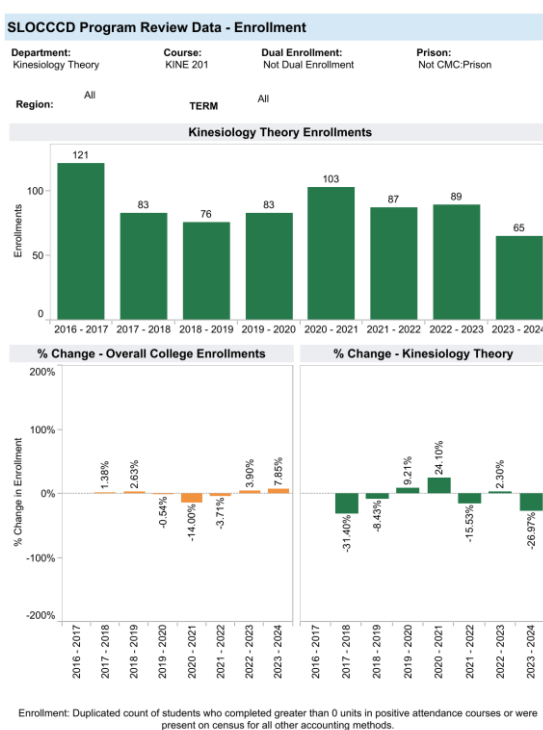
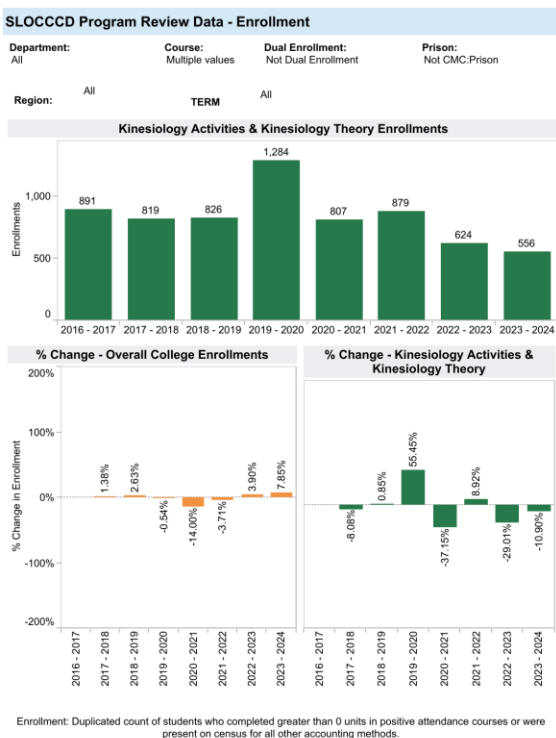


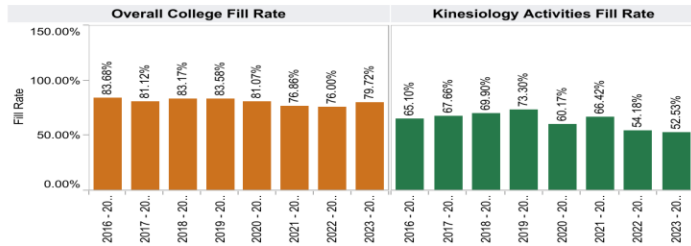
Figure 1 Enrollment of all KINA and KINE 201 students 2016-2024. Figure 2 Enrollment in Kinesiology 201, 2016-2024.

The student enrollment in the Kinesiology degree program has declined over the past several years. The largest decline is in the KINA or movement-based classes. In fact, since COVID, the number of students in movement classes has continued to decrease. The enrollment for those courses is only 50% of the highest year, 2019-2020 (1,284 students). And, although enrollment in the introductory course has declined, the rate is much slower than that of the movement classes.

B. General Student Demand (Fill Rate)

SLOCCCD Program Review Data - Student Demand (Fill Rate)

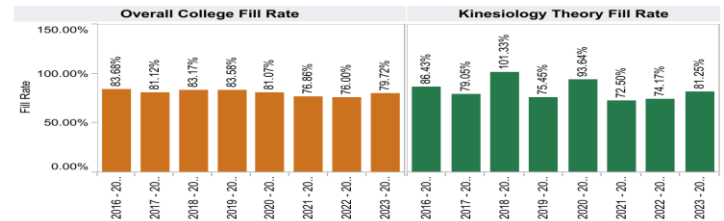
Department: Kinesiology Activities Course: Multiple values Dual Enrollment: Not Dual Enrollment Prison: Not CMC:Prison



Fill Rate: The ratio of enrollments to class limits. Cross listed class limits are adjusted appropriately. Also, courses with zero class limits are excluded from this measure.

SLOCCCD Program Review Data - Student Demand (Fill Rate)

Department: Kinesiology Theory Course: KINE 201 Dual Enrollment: Not Dual Enrollment Prison: Not CMC:Prison



Fill Rate: The ratio of enrollments to class limits. Cross listed class limits are adjusted appropriately. Also, courses with zero class limits are excluded from this measure.

Figure 3 Graph of fill rates for KINA classes from 2016 through 2024.

Figure 3 Graph of fill rates for KINE 201 class from 2016 through 2024.

The student demand or Fill Rate for activity courses mirrors that of general student enrollment with a steady decline in the past few years. The Fill Rate for movement class is significantly lower (52%) than that of the overall college Fill Rate (80%). Conversely, the Fill Rate for Kinesiology 201, the introductory course, is higher (81%) than that of the college Fill Rate (80%). The difference in Fill Rates between the movement and lecture courses needs to be addressed by the Division.

C. General Efficiency (FTES/FTEF)

An interesting data point for both the movement and lecture classes is that, although the Fill Rates are low, the courses are more efficient than the overall college FTES/FTEF. In fact, the lecture class is well above the college average (15.75) compared to (11.56). The large student cap in KINE 201 (40) coupled with large caps in some of the movement classes, e.g. Kickboxing, KINA 217 (30), may account for this discrepancy.

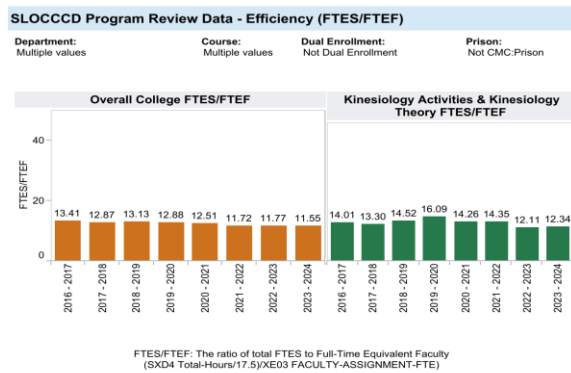


Figure 5 Graph of efficiency rates for all KINA and KINE 201 classes from 2016 through 2024.

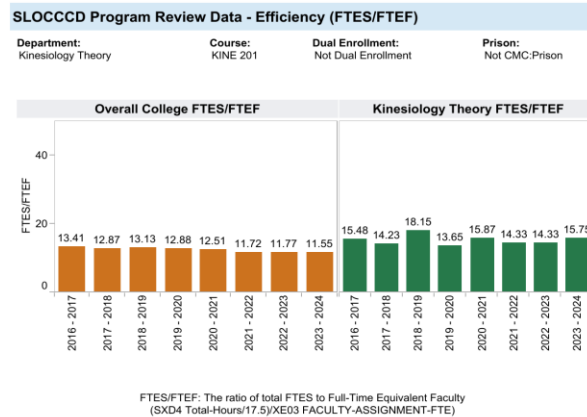


Figure 6 Graph of efficiency rates for all KINE 201 classes from 2016 through 2024.

D. Student Success—Course Completion by Modality

As is the case in other disciplines, the students in the online modality in both movement and lecture courses are less successful than those enrolled in the in-person courses. Students across all areas of the campus face similar challenges in online learning. One notable discrepancy is the success rate between facto to face KINE 201, last taught in that modality in 2019 (76%) and online KINE 201, taught in 2023 (72%).

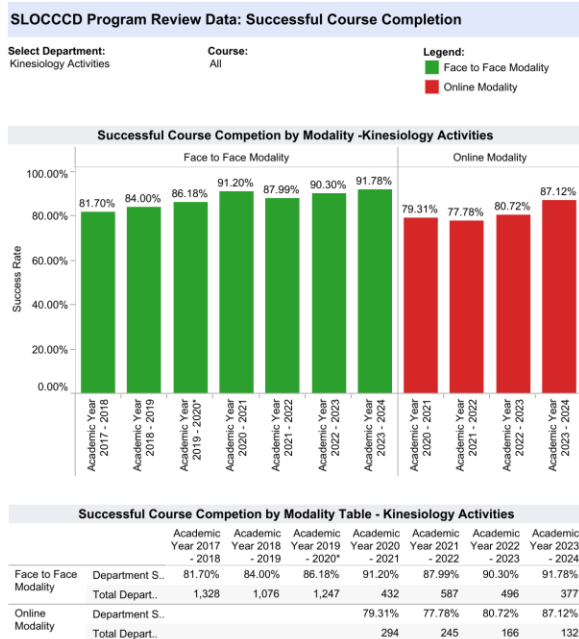


Figure 7 Graph of successful course completion for all KINA classes from 2016 through 2024.

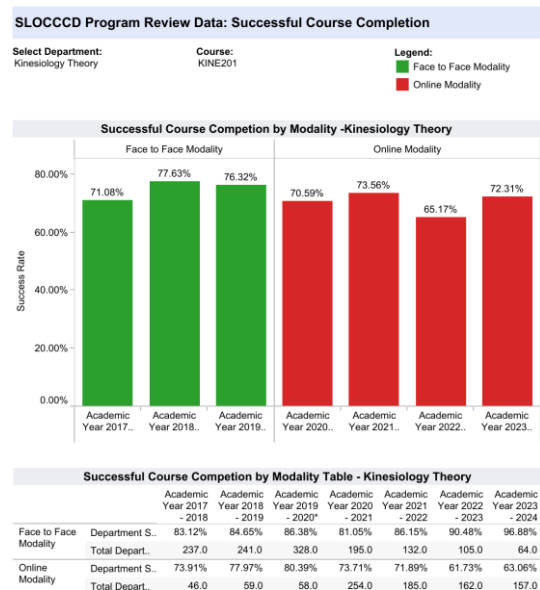


Figure 8 Graph of successful course completion for KINE 201 from 2016 through 2024.

E. Degrees and Certificates Awarded

Like the decrease in enrollment, the Kinesiology Degree has seen a steady decline of degree earners in the past two years. Some of these maybe the challenge that Cal Poly, although a school of interest for many Kinesiology students, does not automatically accept ADT earners from Cuesta. Kinesiology students may not see the benefit of completing the degree requirements at Cuesta if it does not guarantee transfer to Cal Poly. The Division should review the Cal Poly Kinesiology degree as compared to Cuesta's ADT. The department may be losing students who can take classes at Poly rather than spending more time at Cuesta.

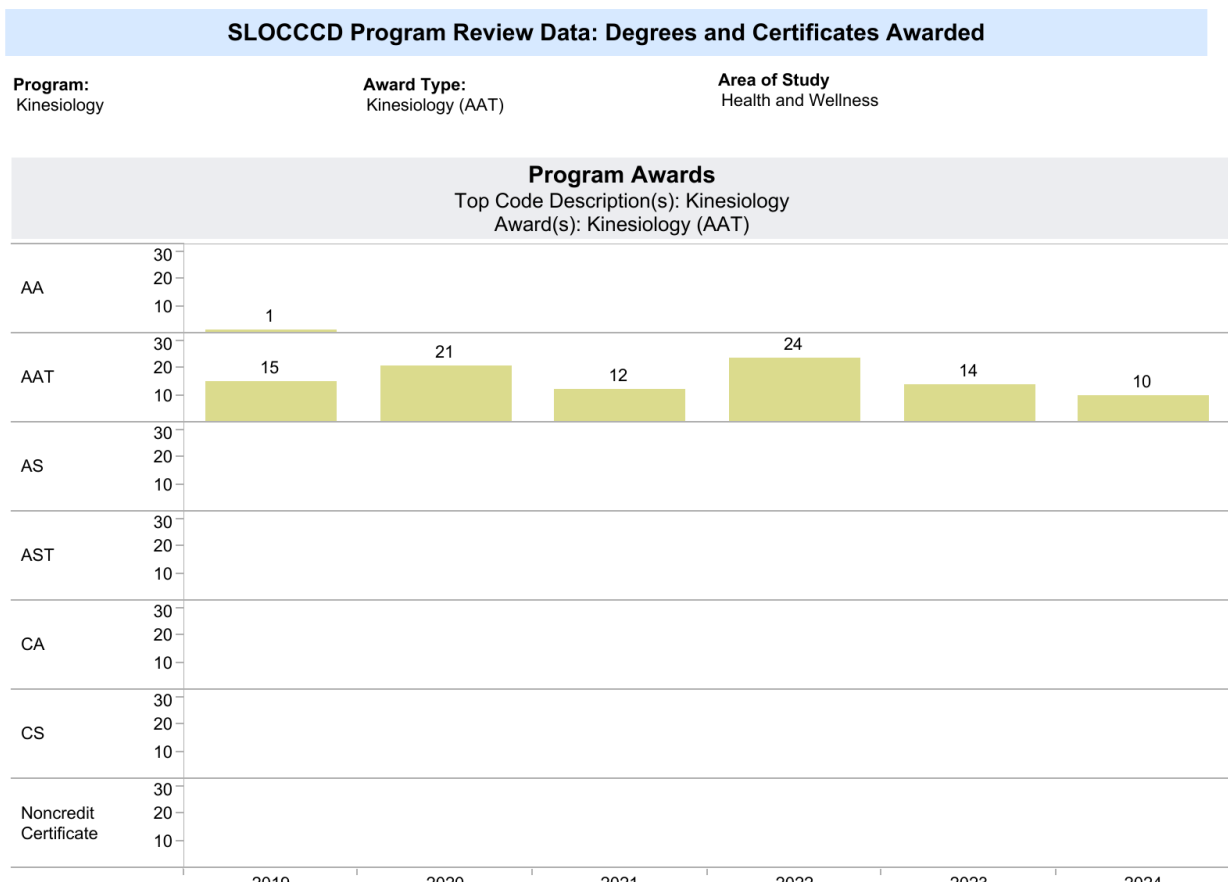


Figure 9 The number of AA-T degrees in Kinesiology awarded annually from 2019 to 2024.

Award Type	Award	2019	2020	2021	2022	2023	2024
AA	Kinesiology (AAT)	1					
	Total	1					
AAT	Kinesiology (AAT)	15	21	12	24	14	10
	Total	15	21	12	24	14	10
Grand Total		16	21	12	24	14	10

F. General Student Success – Course Completion

The overall completion rate for students enrolled in the Kinesiology degree program is significantly higher (88.5%) than those across the college (76.69%). Some this data may be skewed by the heavy emphasis on participation scoring in movement courses.

SLOCCCD Program Review Data: Successful Course Completion

Select Department:

All

TERM

All

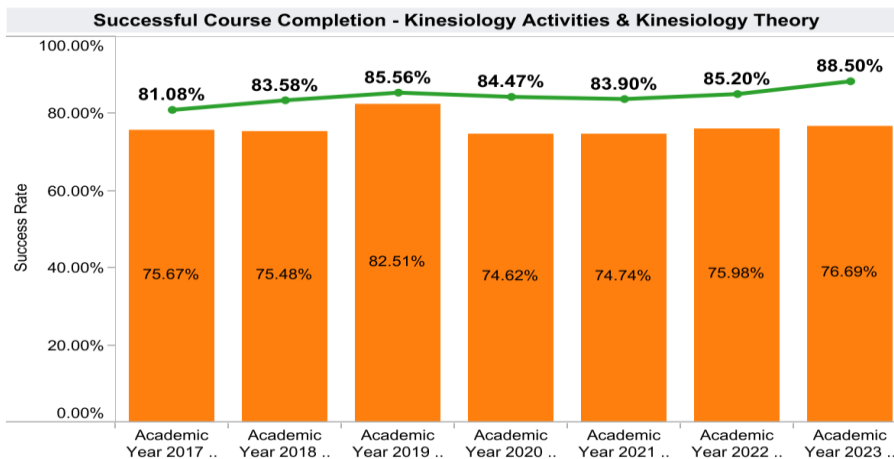
Measure Names

Department Success Rate

Overall College Success Rate

COURSE

Multiple values



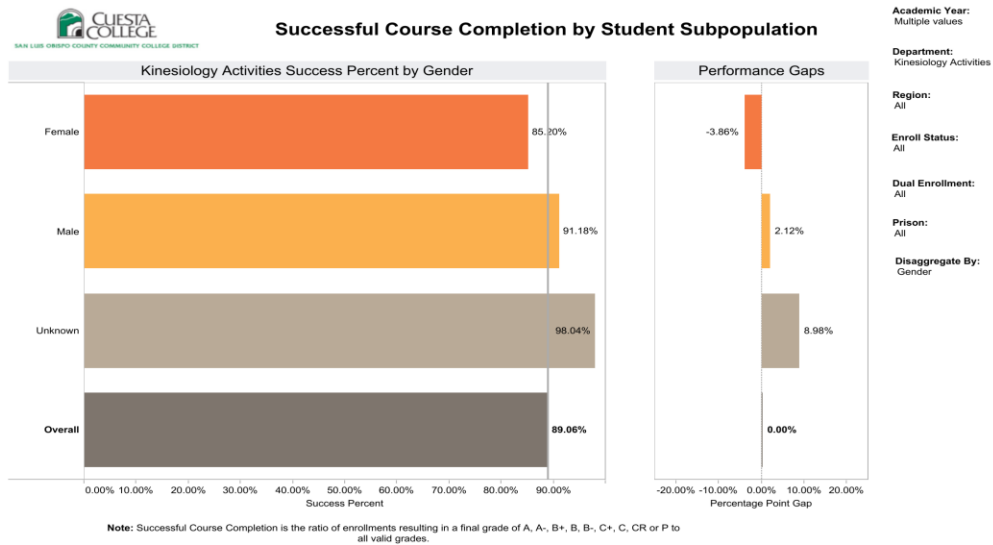
Kinesiology Activities & Kinesiology Theory Success Rate Table

	Academic Year 2017 - 2018	Academic Year 2018 - 2019	Academic Year 2019 - 2020*	Academic Year 2020 - 2021	Academic Year 2021 - 2022	Academic Year 2022 - 2023	Academic Year 2023 - 2024
Department Success..	81.08%	83.58%	85.56%	84.47%	83.90%	85.20%	88.50%
Total Enrollments	1,411	1,152	1,330	829	919	751	574

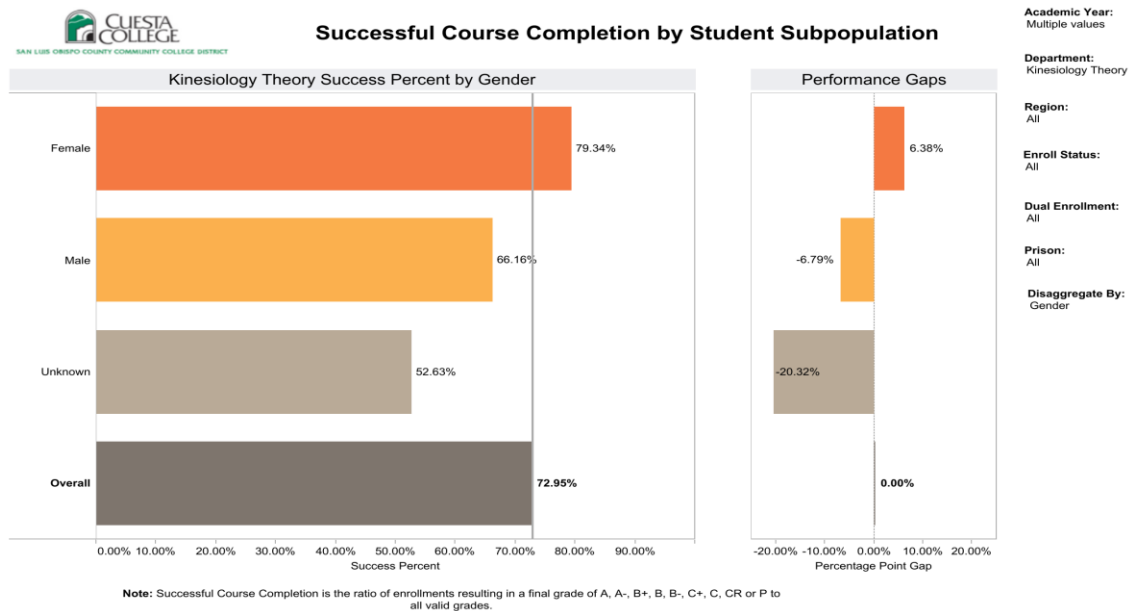
Kinesiology ADT successful course completion data.

Success: The Percentage of student enrollments resulting in a final grade of "C" or better

G. Review the Disaggregated Student Success

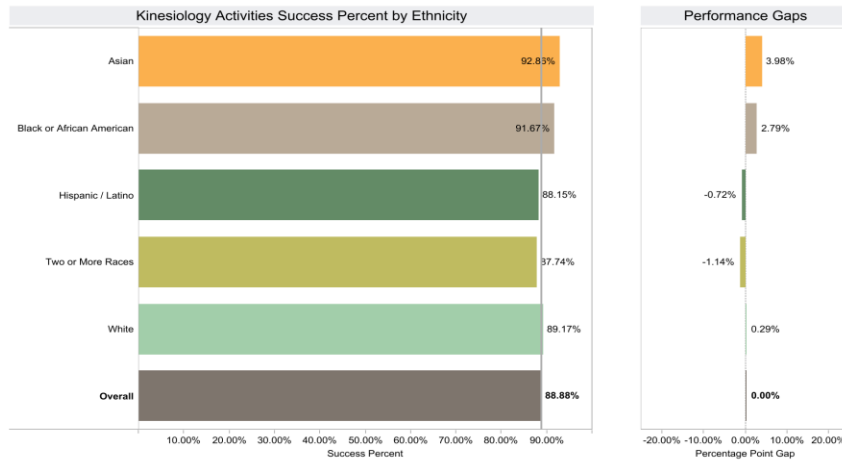


Successful course completion for Kinesiology Activities courses by gender.



Successful course completion for Kinesiology 201 by gender.

Successful Course Completion by Student Subpopulation



Note: Successful Course Completion is the ratio of enrollments resulting in a final grade of A, A-, B+, B-, C+, C, CR or P to all valid grades.

Academic Year:
Multiple values

Department:
Kinesiology Activities

Region:
All

Enroll Status:
All

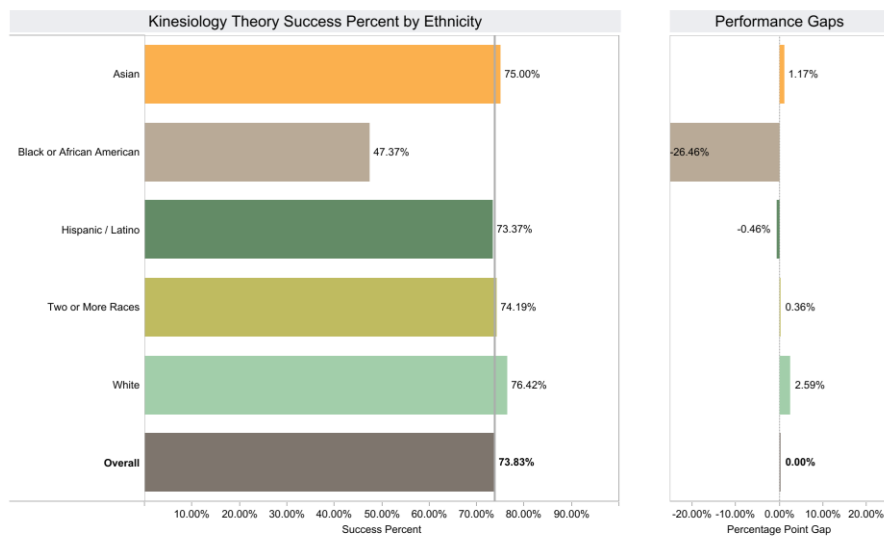
Dual Enrollment:
All

Prison:
All

Disaggregate By:
Ethnicity

Successful course completion for Kinesiology Activities courses by ethnicity.

Successful Course Completion by Student Subpopulation



Note: Successful Course Completion is the ratio of enrollments resulting in a final grade of A, A-, B+, B-, C+, C, CR or P to all valid grades.

Academic Year:
Multiple values

Department:
Kinesiology Theory

Region:
All

Enroll Status:
All

Dual Enrollment:
All

Prison:
All

Disaggregate By:
Ethnicity

Successful course completion for Kinesiology 201 by ethnicity.

Review the Disaggregated Student Success

- The data show that there are significant achievement gaps in the success of students based on ethnicity. More specifically, the success gap for students who identify, and Black or African American is almost 30% as compared to all other student groups. More research is warranted to develop strategies and targeted outcomes for this student population.

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PROGRAMS AND CURRICULUM REVIEW PROGRESS

SECTION 1: PROGRESS CHECK ON SCHEDULED CURRICULUM UPDATES FROM CPPR

Directions:

For the following questions, please refer to #3 in Section 1 of the Programs and Curriculum Review Progress portion of last year's APPW.

1. List those programs of study (degrees and/or certificates) and courses that were scheduled for major or minor modification during the 2024 academic year in the 5-year calendar of the Curriculum Review Worksheet.

NONE. THE ADT IS A STATE STANDARD, ONLY NEW ACTIVITY CLASSES WERE ADDED. THE DEPARTMENT SHOULD WORK WITH THE NEW ARTICULATION OFFICER TO UPDATE THE COURSES THAT QUALIFY FOR THE KINA MOVEMENT CATEGORIES.

2. From the list generated in #1, identify those programs of study and courses that underwent the scheduled modifications during the 2024 academic year. Complete the table below for those items only.

Program of Study OR Prefix and Course #	Major/Minor Modification (select one)	Date completed (semester and year)
KINA 237 Pickleball 1	Major	Fall 2023
KINA 239 Pickleball 2	Major	Fall 2023

3. From the list generated in #1, identify those programs of study and courses that did **not**

undergo the modifications for which they were scheduled during the 2024 academic year. Complete the table below for those items only.

Program of Study OR Prefix and Course #	Past Due Date for Modification	Briefly state why modification was not completed on schedule	Re-scheduled date for modification (must be within 1 year)
NA			

SECTION 2: PROGRESS CHECK ON PREVIOUSLY OUT-OF-DATE CURRICULUM UPDATES FROM CPPR

Directions: For the following questions, please refer to #3 in Section 1 of the Programs and Curriculum Review Progress portion of APPW from years before the previous academic year where incomplete curriculum updates were re-scheduled to be addressed in 2024.

1. List those programs of study and courses that are listed in the older APPW that were listed in #3. Complete the table below for those items only. If there were no courses included under #3 of previous APPW, please type "N/A" in the first box of the first row of the table.

Program of Study OR Prefix and Course #	Past Due Date for Modification	Re-scheduled date for modification	Completed (yes or no)
NONE			

2. From the list generated in #1, identify those programs of study and courses that did **not** undergo the modifications for which they were re-scheduled to during the 2024 academic year. Complete the table below for those items only. You may leave this table blank if you wrote "N/A" for the previous table.

Program of Study OR Prefix and Course #	Past Re-scheduled Due Date for Modification	Briefly state why modification was not completed as rescheduled	Second re-scheduled date for modification (must be within

			6 months)
None			

PROGRAM OUTCOMES ASSESSMENT CHECKLIST AND NARRATIVE

CHECKLIST

- ☒ SLO assessment cycle calendar is up to date.
- ☒ All courses scheduled for assessment have been assessed in eLumen.
- ☐ Program Sustainability Plan progress report completed (if applicable).

NARRATIVE

Briefly describe program changes, if any, which have been implemented in the previous year as a direct result of the Program or Student Services Learning Outcomes Assessment. *If no program changes have been made as results of Program or Student Services Learning Outcomes Assessment, indicate: NONE.*

PROGRAM PLANNING / FORECASTING FOR THE NEXT ACADEMIC YEAR

Briefly describe any program plans for the upcoming academic year. These may include but are not limited to the following: *(Note: you do not need to respond to each of the items below). If there are no forecasted plans for the program, for the upcoming year, indicate: NONE.*

- A. Facility upgrades to the Fitness Room, Weight Room, and Pickleball Facility are warranted. Most of the degree required Movement classes are taught in these facilities. The college needs to make an investment in upgrading the structure of the rooms and equipment.
 - Needed: Upgrade and replacement of weight room equipment
 - Four heavy duty pickleball nets
 - Windscreen for pickleball facility.
 - Paddle racks for pickleball facility.
 - Removal of unsafe and dilapidated warm-up tennis wall.
 - Upgrade of landscaping at pickleball facility to match the current college landscaping.
 - Pickleball facility equipment shed.
 - Two new tennis nets.
 - 10 new kickboxing bags to replace worn and used bags.
 - 14 sets of kickboxing focus pads.

PROGRAM SUSTAINABILITY PLAN PROGRESS REPORT

This section only needs to be completed if a program has an existing Program Sustainability Plan. Indicate whether objectives established in your Program Sustainability Plan have been addressed or not, and if improvement targets have been met.

Area of Decline or Challenge	Identified Objective (Paste from PSP)	Planning Steps (Check all that apply)	Has the Improvement Target Been Met?
Enrollment		<input type="checkbox"/> Identified <input type="checkbox"/> Resources Allocated <input type="checkbox"/> Implemented	Select one
Student Demand (Fill Rate)		<input type="checkbox"/> Identified <input type="checkbox"/> Resources Allocated <input type="checkbox"/> Implemented	Select one
Efficiency (FTES/FTEF)		<input type="checkbox"/> Identified <input type="checkbox"/> Resources Allocated <input type="checkbox"/> Implemented	Select one
Student Success – Course Completion		<input type="checkbox"/> Identified <input type="checkbox"/> Resources Allocated <input type="checkbox"/> Implemented	Select one
Student Success — Course Modality		<input type="checkbox"/> Identified <input type="checkbox"/> Resources Allocated <input type="checkbox"/> Implemented	Select one
Degrees and Certificates Awarded		<input type="checkbox"/> Identified <input type="checkbox"/> Resources Allocated <input type="checkbox"/> Implemented	Select one

If Program Sustainability Plan is still necessary, provide a brief description of how you plan to continue your PSP and update your PSP to remove any objectives that have been addressed and include any new objectives that are needed.