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48 San Luis Obispo County Community College District Instructional Services Comprehensive Program Planning & Review 2015-

Course®br®Program®Assessment®Summary®

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Division: Human Development Program: Nutrition

Courses in program, or course: Nutrition 224 Gerontological Nutrition

Faculty involved with the assessment and analysis: Cherie Moore, Dawn Brown Course-to-program outcome mapping document** is completed Yes X No_

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1	Student Learning Outcome Statements □ Program ☑ Course	Upon completion of the course, the student will be able to: 1. Describe the effects of aging on the nutritional status of the older person. 2. Summarize the effect of disease and psychosocial factors on the nutritional status of the older person. 3. Examine and apply the disease related nutrition interventions that may stabilize or improve the nutritional status of the older person.
2	Assessment Methods Plan (identify assessment instruments, scoring rubrics, SLO mapping diagrams)	The achievement of student learning outcomes was assessed by utilizing a self assessment tool, Survey Monkey. The assessment tool was a self report online survey that allowed students to rank their level of achievement for each learning outcome. Students were able to rank each student learning outcome by selecting one of the following: "not at all", "slightly," "somewhat," "fairly well," or "very well." An addition question pertaining to the completion of a case study to help achieve the course student learning outcomes. The question was stated as "The case study helped me apply the course material to achieve the course student learning outcomes." The responses available were identical to the SLO responses of "not at all", "slightly," "somewhat," "fairly well," or "very well."
3	Assessment Administration Plan (date(s), sample size or selection of course sections, scoring procedures, etc.)	One course section completed the student learning outcome assessment in Fall 2012 with a total of 18 respondents out of 23 possible respondents. The percent response rate was 78% for the section surveyed.
5	Discussion of Assessment Procedure and Results, and Effectiveness of Previous Improvement Plans	All three student learning outcomes had an 88.9-100% response rate in the answers of fairly well to very well demonstrating that overall the student believed they were successful in the completion of the course student learning outcomes. The students also provided positive feedback that the case study helped them achieve the student learning outcomes indicating that the case study is a valid assessment for the synthesis and application of the course material to assist the students in the achievement of the course student learning outcomes.
6	Recommended Changes & Plans for Implementation of Improvements	The "somewhat" responses may indicate a weakness in understanding of the student learning outcomes. This writer suspects that most students do not clearly understand what is being asked during the survey. The survey may benefit with added examples for clarification. The student learning outcomes will be revised for better understanding of what is being asked during a survey. The question about the case study reflects a discrepancy in the understanding of the questions since the highest very well answer was associated with this specific question on the use of a tool to achieve all three student learning outcomes. Identify ways to improve the survey response rate to be over 90%. A possible solution would be to provide the SLO assessment survey as an embedded Moodle assignment for all DE courses so that each instructor just needs to select this assignment when the surveys are to be completed. The assignment embedded in the LMS would be more convenient and readily available to the students and possibly improved the response rate. Identify ways to
		improve the completion of the case study to 90% with a grade of 80% or better. Every effort was made for the completion of the case study. A weekly audio introduction was provided for the students. Quick mail messages were sent a day prior to the close of the case study. One way to improve completion would be to encourage the use of an app for iPhones or the equivalent to do an automatic messaging to DE students. An attempt to encourage completion of the case study can be increased during this week's module in an attempt to improve the overall completion rate and overall grade. Plans for Implementation: For the next survey cycle, implement the survey as an assignment in the LMS to see if this improves response rates. Student Learning Outcomes have been revised and need to be approved via the curriculum process for next survey cycle. Develop a "how to guide" for the survey so students better understand the purpose of the survey and its content.
7	Description or evidence of dialog among course or program-level faculty about assessment plan and results	The Nutrition faculty meets before and during each semester to discuss the SLOs, assessment plan, and the results.

Date: 10/3/13

^{**}Course and program level outcomes are required by ACCJC to be aligned. Each program needs to complete a program map to show the alignment. See examples of completed CPAS and program mapping documents are available at $\frac{\text{http://academic.cuesta.edu/sloa}}{\text{http://academic.cuesta.edu/sloa}}$

Course or Program Assessment Summary M

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Course or Program Assessment Summary http://academic.cuesta.edu/sloa/docs/Course and Program Assessment Summary F 2011.docx

This form can be used to record SLO assessment plans and results for courses or programs. It is recommended that this document be stored on a group drive, or in MyCuesta.

Division: Human Development Program: Nutrition Certificate Date: May 17, 2012 (Updated 2/15 w/comments in yellow)

v. 3 2012

Courses in program, or course: Nutrition 210, 211, 218, 222, 224 and 230

Description@br@evidence@bf@dialog@among@ course@br@program-level@faculty@about@ assessment@plan@and@results@

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Faculty involved with the assessment and analysis: Cherie Moore, Caryn Coffman, Dawn Brown and Jennifer Frere

1	Student Learning Outcome	Program Student Learning Outcomes
	Statements Program Course	Understand the basis of the scientific method as it is used in developing hypotheses and theories, then apply the scientific method-based research, such as in peer-reviewed intervention, epidemiological, lab, and case studies, to the critical evaluation of nutrition-related literature and media, thus differentiating between proven scientific based research and myth. Develop a basic understanding of the basic chemical structure of the six classes of nutrients and
		the substances therein; their action, interaction, and balance in relation to health and disease; and the process by which the human body ingests, digests, absorbs, transports, utilizes and excretes food substances.
		3. Judge the effect of nutrition, hydration, and lifestyle factors that contribute to chronic diseases (and leading causes of death in the United States), then establish goals and assess one's own diet for nutritional adequacy, practically apply lifestyle changes, through food label-reading, food safety practices, and altered dietary choices, which are personalized for the individual's nutrient and phytochemical needs based on health status, body weight differences and goals, optimal sports performance, differing lifecycle stages, and differing environmental conditions. 4. Evaluate food customs of a specific culture and incorporate sources based on reliability and credibility; Assess the stigmatization, prejudice and/or discrimination experienced by individuals or groups who choose to adhere to non Western and/or non dominant food practices and recommend strategies to facilitate their acceptance.
2	Assessment Methods Plan	CPAS for nutrition 210, 211, 218, 222, 224 and 230. Data was collected using a self assessment tool and
	(identify assessment instruments, scoring rubrics,	completion of a diet analysis project with a grade of "C" or better. Not all courses include a diet analysis project and will be noted where applicable.
	SLO mapping diagrams)	The self report allowed students to rank their level of achievement for each student learning outcome.
		Students were able to rank each student learning outcome by selecting one of the following: "not at all", "slightly," "somewhat," "fairly well," or "very well."
		The specific data reviewed was CPAS item number 4 as pertains to correlating course student learning outcomes to program student learning outcomes. The following table was completed using the program
		mapping document.
		A self report survey was also completed at the end of the Spring 2012 semester that allowed students to
		rank their level of achievement for each program student learning outcome. Students were able to rank

		each progra	n student lear	rning outco	ome by s	electing	one of t	he followi	ng: "not a	at all". "si	lightly."
			"fairly well,"								
		Course	Course n	ame				udent Lear	_	omes	
			Nutr 210		1 √(1)	2 v(2)	3 √(3)	4	5		
			Nutr 211		√(1) √(2)	√(2) √(3)	√(3)	+			
			THUC ZII		*(2)	*(3)	V(1)	+			
			Nutr 218		√(3)	√(1)	√(2)				
			Nutr 222		√(2)			√(3)			
			Nutr 224			√(2)	v(3)				
			Nutr 230		√ (1)	√(2)	√(3)	<u> </u>			
		*The √ = cou	rse matches p	orogram Sl	.O. (num	ber)=Co	urse SLC	that mat	ches Progi	ram SLO.	
4	Assessment Administration Plan (date(s), sample size or selection of course sections, scoring procedures, etc.) Assessment Results Summary	specific SLO' assessment	012 CPAS for e s, data collect reports for con ning outcomes 0	ion and ta mment on	bulation. specific	Data wa student	as also r learning	estated fro outcome	om the stu s as applie	udent lea es to the p	rning outcom program
	(summarize Data)	84.83% of th 91.81% of th	e students sur e students sur e students sur	rveyed cho	ose "fairl n to pra	y well" o ctically a	or "very or pply the	well" for S lifestyle o	LO2. hanges lis	ted in the	e outcome
		Diet analysis SLO 1-3. Nut		letion with	n a "C" o	r better	as an av	erage of r	eported n	umbers v	vas 84.02%
		Nutrition 21									
		100% of the	tudents surve students surv	eyed chose	fairly "	well" or	very we	ell" for SLO	02.		
		1	students surv	•						vida diet	and a
		preschooler Nutrition 22	analysis SLO 1	l-3.							
		95.24% of the learning out	ne students su come 1).	rveyed ch	ose "fair	ly well" o	or "very	well" for S	LO2 (mate	ches prog	ram student
		_	students surv	eyed chos	e "fairly	well" or	"very we	ell" for SLO	03.		
		95% earned	greater than 9			t numbe	r one die	et analysis	case stud	y SLO 1 a	nd 2 (match
		1 -	dent learning d 100% for ass			wo on a	pplicatio	n of DASH	diet SLO	3.	
		Nutrition 23	0 a "C" or bette	r for the h	obavior	l change	project	SIO 1 2			
		Program Sel	f Report Surve	y							
			tudents surve								
			tudents surve								
5	Discussion of Assessment		Percent Respo							projects	with grade >
-	Procedure and Results, and	C.									
	Effectiveness of Previous Improvement Plans	Program SLOs	Nutr 210	Nutr 211	Nutr 2	22		Nutr 224	Nutr 23		otal average er SLO
		2	85.24 84.23	100	92 100	95	5.24	0 95	96 96		3.70 5.05
		3	91.83	100	100	0		100	96		7.57
		4	0	0	0	10	00.00	0	0		00.00
		Total average across SLO	86.48	100	95.75	97	7.62	97.50	96.00	95	5.56/96.58
		0=not applic	able and not i The two diet								
		achievemen	ng at the cumu t of the progra ur program stu	am studen	t learnin	g outcon	nes as e	videnced b	y the cun	nulative c	ourse averag
			student learr								

		greater than	90%.									
		1 -	However, the results of the program student learning outcome self report survey reflects a cumulative									
			program average across all student learning outcomes of 87.25%. See table below.									
		The difference in percentages may be attributed to the small sample size of the self report surveys for										
		the program	the program student learning outcomes. When specifically reviewing program student learning									
								very well." The third				
		program stu	dent learning	outcome co	mprises the k	nowledge obt	ained from a	all course work and is				
		consistent w	ith the cumu	lative inform	ation obtaine	d from the co	urse CPAS d	ata.				
		Overall, the	combined (se	If report surv	eys and cour	ses) average	across progra	am student learning				
								s excellence at the				
		successful ac	hievement o	f the progran	n student lear	ning outcome	25.					
		Self report su	urvey percen	t (%) respons	e rate. In Pare	enthesis () a	ctual number	of respondents.				
		Program	Not at all	slightly	somewhat	Fairly well	Very well	Fairly well and Very				
		SLOs						Well Percent Response				
		1	3(1)	0	11(4)	28(10)	58(21)	86				
		2	3(1)	6(2)	8(3)	31(11)	53(19)	84				
		3	3(1)	3(1)	0	31(11)	64(23)	95				
		4	3(1)	3(1)	11(4)	42(15)	42(15)	84				
		Average	3	3	7.5	33	54.25	87.25 total average				
		response						across SLO's				
		per SLO										
		The program	student lear	ning outcom	es will continu	ied to be assi	essed per the	program assessment				
		cycle calenda	ar and revise	d as needed l	pased on the s	tudent learn	ing outcome	assessment results from				
		each course.										
6	Recommended Changes &	All instructor	s now promo	ote the Nutrit	ion certificat	e in their class	ses.					
	Plans for Implementation of											
	Improvements											
7	Description or evidence of							xt program assessment				
	dialog among course or	was moved t	o Spring 201	6 because of	the CCCCO's	delay of the r	elease of the	Nutrition ADT, which is				
	program-level faculty about	now release	d. The next p	rogram asses	sment will inc	lude the Nuti	rition ADT.					
	assessment plan and results											

STUDENT LEARNING OUTCOMES/ASSESSMENTS

<u>Student Learning Outcomes – The student learning outomces (both course and program) are all listed on the CPAS documents.</u>

Student Learning Outcomes and Assessments

Program Intended Outcomes: Nutrition Certificate of Specialization Mapping Document

	Program	Program	Program	Program
	Learning Outcome	Learning	Learning	Learning
	#1	Outcome #2	Outcome #3	Outcome #4
NUTR 210	•	•	•	
NUTR 211	•	•	•	
NUTR 218	•	•	•	
NUTR 222	•			•
NUTR 224		•	•	
NUTR 230	•	•	•	
NUTR 232		•		

Highlight improvement efforts that have resulted from SLO assessment.

The Nutrition staff had discussed that Program Learning Outcome number 1 could have a standardized direct assessment method that all nutrition instructors would administer in Nutrition 210. The nutrition staff developed this assessment for this scientific method learning outcome and analyzed the results since the last CPPR. The Program Outcomes may need to be altered again once the NUTR 232 course is approved in the Certificate and ADT at the CCCCO.

Recommend changes and updates to program funding based on assessment of SLOs. The Nutrition Department believes that the college would benefit greatly from a second full-time Nutrition instructor.

Identify and describe any budget requests that are related to student learning outcomes assessment results or institutional/programmatic objectives.

The only budget requests the Nutrition Department has is for conferences to stay informed in the Nutrition field.

VI. PROGRAM DEVELOPMENT/FORECASTING

The Nutrition program clearly supports the Institutional Goals, Objectives, and Outcomes, as described in detail in the preceding report. The program supports and will continue to support Institutional Goals One (1.1, 1.2, 1.3), two (2.1, 2.2), three, four (4.1), and five (5.1, 5.2). The Associate Degree for Transfer in Nutrition is expected to cause an increase in the enrollment of all of the courses in the Nutrition department, especially 210, 222, and 232. Scheduling will accommodate this accordingly. A facility will be needed in which to teach the lab portion of Nutrition 232 (Principles of Food) and a part-

time Culinary Arts instructor will need to be hired for the lab portion. Staffing projections include a need for another full-time tenure track position in Nutrition. The Nutrition Program's enrollment has grown steadily while the rest of the college's enrollment has declined (currently the Nutrition program enrolls 1,157 students annually). Nutrition is the third largest department, according to enrollment, out of the entire three-division twenty-two department cluster- behind Business and ECE. The department's strategies for responding to the predicted budget and FTES target for the next academic year is to add primarily Nutrition 210 courses when the college wants to "chase FTES" and to decrease the number of lower-enrolled specialty courses to increase the FTES/FTEF efficiency ratio. The department would offer a forum (large lecture) class again if a new full-time tenured faculty member was hired (the part-time instructors would lose benefits if a double load did not occur and they would not be granted an overload if they cushioned with another 2 classes and the load did "take"). The department has already adjusted Program Learning Outcomes and the curriculum of the Nutrition certificate (Spring 2015) to account for offering lower enrolled classes less often in order to increase the Nutrition department's efficiency to try to reach at least "20" again.