







SPRING 2023

JANUARY FLEX

- Zoom links are embedded in titles as well as provided with workshop descriptions.
- Please note that each session is tailored to: All Campus, Faculty, or Faculty/Classified Staff


 Approved by the [Faculty Professional Development Committee](#) as student equity focused and qualifies as training required by AP7120.

WED, JANUARY 11, 2023 | ZOOM

- 8:30–9:30 AM  [Session 1: Connecting Students to Great Services Part II—The Transfer Center, Excused Withdrawals, and Conflict Resolution](#) (All Campus)
- 9:30–11:00 AM [Session 2: Instructional CPPR Nuts and Bolts](#) (Faculty)
- 11:15 AM–12:15 PM  [Session 3: Library Resources through a DEI Lens](#) (Faculty)
- 12:15–12:45 PM Lunch
- 12:45–2:15 PM [Session 4: CMC Community of Practice: Student Support](#) (All Campus)
- 2:30–3:30 PM [Session 5: Elucidating the Equivalency Process](#) (All Campus)
- 3:30–5:00 PM  [Session 6: Supporting ESL Students in Mainstream Classes](#) (Faculty)
- 5:00–5:30 PM  [Session 7: Book Club: *Passing* by Nella Larsen](#)

THU, JANUARY 12, 2023 | IN-PERSON: 2609

[Link for Sessions Including a Live Zoom Component](#)

- 9:00–10:00 AM Session 8: Kick Off (All Campus)
- 10:00–11:30 AM Session 9: QPR (All Campus)
-  11:45 AM–12:45 PM [Session 10: Flex is a Four-Letter Word](#) (Faculty)
- 12:45–1:30 PM Lunch
- 1:30–3:00 PM [Session 11: The Current State of Guided Pathways](#) (All Campus)
- 3:00–5:00 PM Division Meetings
- 5:00–5:30 PM [Session 12: Book Club: *Book of Delights* by Ross Gay*](#)

* Note that this session will not have an in-person component and will meet only in Zoom.

DAY 1: Wednesday, January 11, 2023 | Zoom



SESSION 1:

Connecting Students to Great Services Part II—The Transfer Center, Excused Withdrawals, and Conflict Resolution

Co-Sponsored by Staff Professional
Development Committee
Ruth Hansen and Donna Howard (All Campus)
8:30–9:30 AM | [Zoom](#)

Enhance knowledge of the Transfer Center and our conflict resolution services in order to facilitate more frequent and effective handoff/referral. This training promotes equity by promoting access to student support resources and reducing barriers for students who may not utilize traditional resources on their own.

SESSION 2:

Instructional CPPR Nuts and Bolts

Kelli Gottlieb (Faculty)
9:30–11:00 AM | [Zoom](#)

The IPPR Committee presents Instructional CPPR Nuts and Bolts. This presentation will be an overview of the different sections of the Instructional CPPR, including the SLO assessment section and the new comprehensive curriculum review document! If your department is up for a comprehensive program review soon (the one that occurs once every 5 years), if you are curious about what the instructional program review documents look like since your last comprehensive review, or if you just want to know about that Institutional Set Standard you're always reading about in our program review documents, this session is for you!



SESSION 3:

Library Resources through a DEI Lens

Carina Love, Sharon Haupt, and Laurie Buchholz
(Faculty)
11:15 AM–12:15 PM | [Zoom](#)

Research shows that a lack of representation in course materials affects student success measures, yet it's often challenging to find reliable, relevant and timely materials from a variety of viewpoints. The reason for this issue is complex. Academic publishing has long been plagued by racism and bias in hiring, which influences choices in what to publish and what to promote. This has resulted in a lack of diversity in academic library collections and

journal articles. Library cataloging and database search algorithms also reflect bias, effectively hiding non-dominant books, films and articles. Join this flex activity to learn how to find and select more equitable resources for your courses and professional research. Learn searching techniques for databases and non-traditional sources as well as pathways for recommending DEI materials that are appropriate for your subject area.

SESSION 4:

CMC Community of Practice: Student Support

Alex Espinoza-Kulick, Sharaya Olmeda, Heidi Webber,
and Laurie Buckholz (All Campus)
12:45–2:15 PM | [Zoom](#)

Join us for a discussion about student support services for Cuesta students at the California Men's Colony. We will hear from our Library team about new supports for student research, a discussion of Open Educational Resources for CMC students, and updates on counseling and general academic support inside of the facility. The session will also hold space for open dialogue about how we can build from ongoing efforts and expand the range of Cuesta services available at CMC to be equivalent to what our students experience outside of the prison context. All are welcome to participate in this session. Instructors and support staff who work with CMC students are especially encouraged to attend, as are those who are curious to learn more!

SESSION 5:

Elucidating the Equivalency Process

Alex Kahane and Cherie Moore (All Campus)
2:30–3:30 PM | [Zoom](#)

Have you been or will you be on a hiring committee? Have you ever wondered what happens when a candidate applies for equivalency? If so, this is a great session for you! This session will include information on statewide minimum qualifications and Cuesta's updated equivalency processes (AP 7211), including the new Cuesta College Discipline (MQDD) Equivalency Agreement form that divisions/departments can submit to the Equivalency Committee.



SESSION 6:

Supporting ESL Students in Mainstream Classes

Regina Voge and Jessica Michelsen (Faculty)

3:30–5:00 PM | [Zoom](#)

Most instructors have little to no training in the most effective methods for working with English language learners (Walker, Shafer, & Iiams, 2004). Given that many students at Cuesta speak English as their second language, this presentation explores how to best support ESL students in “mainstream” classes.

Furthermore, most Cuesta ESL students are Latino/Latina, and Cuesta is a designated Hispanic-Serving Institution. Learning about and implementing these concepts and strategies demonstrate our dedication to “servingness.”

Participants will learn about:

- Fostering a welcoming, validating, and inclusive partnership by:
 - honoring the assets English language learners bring to the classroom.
 - applying an asset vs. deficit mindset use of other languages.
 - including images representing diverse students.
 - understanding students’ experience through a needs analysis.
- Encouraging empowerment and engagement through explicit teaching of educational norms by:
 - demystifying content using video and visuals.
 - providing opportunities for collaboration with pair and groupwork strategies.



SESSION 7:

Book Club: *Passing* by Nella Larsen

Rachael Barnett

5:00–5:30 PM | [Zoom](#)

Join us this Spring as we discuss the 1929 novella “Passing” by Nella Larsen, the Introduction by Deborah E. McDowell (from 1986), as well as the 2021 film version of “Passing.” We will examine the plot, the historical context of passing in segregated America, the impact of the Harlem Renaissance and the ongoing interest in the

text. This novella addresses the strategy of passing in relation to segregation in the United States following the Civil War, focusing particularly on the 1920’s. The McDowell reading argues that the novella itself has a double meaning -- passing both in terms of race and sexuality. The novella offers a lesson in the systemic barriers that existed and persist in US history, culture, and law. Our discussions allow our members to grow their knowledge about systemic inequities and develop anti-racist strategies to bring to their interactions at every level of the college -- with students, with colleagues, and with college policies and practices.

DAY 2: Thursday, January 12, 2023 In-Person 2609

[Link for Sessions Including a Live Zoom Component](#)

SESSION 8:

Kick Off

Ryan Lowenstein (All Campus)

9:00–10:00 AM

Welcome Back to Spring Semester! Gather with your fellow colleagues over breakfast and morning coffee to reconnect, say hello, and start Spring semester with some icebreakers and prizes!

Breakfast items provided by the President’s Office.



SESSION 9:

QPR

Annie Jankovitz (All Campus)

10:00–11:30 AM

QPR stands for Question, Persuade, Refer, 3 simple steps anyone can learn to help save a life from suicide. QPR teaches participants how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to appropriate help. Join the hundreds of SLO County community members who have already been trained to help our friends, colleagues, family members, and neighbors through a suicide crisis.

SESSION 10:

Flex is a Four-Letter Word

Thomas Patchell and Jason Curtis (Faculty)

11:45 AM – 12:45 PM

Get FLEX credit for learning about FLEX!

We will discuss 'flex-iquette' and best practices for completing Faculty Flex Contracts. Ideally, this will be a dialogue between faculty and the Office of Instruction with the sought outcome of moving to understand the Flex Contract as a discourse between individual faculty members and their deans. The goal would be to increase communication and understanding of the purpose of the Flex Contract and how it has the potential to become true positive dialogue for maintaining and developing professionalism and pride of the work we do at Cuesta College inside and outside the classroom.

SESSION 11:

The Current State of Guided Pathways

Araceli Espinoza-Wade and Erich Tucker (All Campus)

1:30 – 3:00 PM

This session will provide a quick refresher on the Guided Pathways Framework, updates on our Guided Pathways Program, specifically, our Student Success Teams, and an overview of our college's efforts to align and integrate our equity initiatives, including Guided Pathways and the 2022-2025 Student Equity Plan.

SESSION 12:

Book Club: *Book of Delights* by Ross Gay

Amelia Marini and Sarah Miller

5:00 – 5:30 PM | [Zoom](#)

Please join us this semester as we read Ross Gay's *The Book of Delights*. From the publisher: "The first nonfiction book from award-winning poet Ross Gay is a record of the small joys we often overlook in our busy lives. Among Gay's funny, poetic, philosophical delights: a friend's unabashed use of air quotes, cradling a tomato seedling aboard an airplane, the silent nod of acknowledgment between the only two black people in a room. But Gay never dismisses the complexities, even the terrors, of living in America as a black man or the ecological and psychic violence of our consumer culture or the loss of those he loves. More than anything else, though, Gay celebrates the beauty of the natural world—his garden, the flowers peeking out of the sidewalk, the hypnotic movements of a praying mantis." As we discuss Gay's essays over a series of three meetings spread throughout the semester, participants are encouraged to begin their own "delight journal" and to share insights from their experience.

** Note that this session will not have an in-person component and will meet only in Zoom.*

UPCOMING PROFESSIONAL DEVELOPMENT OPPORTUNITIES

**Mental Health First Aid**

Friday, February 3, 2023 and Friday, February 10, 2023

9:00 AM – 1:00 PM | [Please Use this Link to Register](#)

(Registration is open for the first 20 registrants or until January 20, 2023.)

Adult MHFA teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This training gives you the skills you need to reach out and provides initial support to individuals who may be developing a mental health or substance use problem and help connect them to the appropriate care.

This virtual training requires participants to register by January 20, 2023 and you must attend both sessions to become certified. The training requires 2 hours of self-paced “pre-work” to be completed no later than 5 pm on Wednesday, February 1, 2023. You will receive a three-year certification for attending both sessions and completing the pre-work.

Questions? Email the trainer at: ajankovitz@co.slo.ca.us

**Communal White-Embodied Antiracism Practice**

Bailey Drechsler

Friday, February 3, 2023

4:00 – 5:15 PM | [Zoom](#)

Because it falls to white folk to disrupt white supremacist culture, it is also up to us to create spaces where a whiteness without supremacy can emerge. This is a collective effort and what Resmaa Menakem, racialized trauma therapist, calls “somatic abolitionism.” Fundamental to a white-embodied antiracism practice is the application of somatics, a body-brain technique that supports the digestion of racialized discomfort and promotes racial equity engagement that is sustainable, humble & redemptive. Drawing on my training with Resmaa Menakem and other somatic techniques, this workshop provides an opportunity to collaboratively and collectively strengthen Cuesta’s white allyship.