




FALL 2022

FALL FLEX

- All sessions will be held via Zoom and pre-registration is only required if specified. Zoom links are embedded in titles as well as provided with workshop descriptions.
- Please note that each session is tailored to: All Campus, Faculty, or Faculty/Classified Staff

 Approved by the [Faculty Professional Development Committee](#) as student equity focused and qualifies as training required by AP7120.

WED, AUGUST 10, 2022

9:00–9:45AM

Kick-off Lisa De Fraga, Lise Misfud, Oscar Ramos (All Campus)

9:45–10:00am | Break

 10:00AM–12:00PM

Engaged Racial Allyship Learning Series: Framing the Context for Engaged Racial Allyship

Dr. John Pascarella III (All Campus)

12:00–12:30pm | Lunch Break

12:30–1:30PM

Scaling Paywalls and More: How Cuesta Library Can Make Your Life Easier

Laurie Buchholz, Denise Fourie, and Sharon Haupt (Faculty)

1:30–1:45pm | Break

 1:45–3:15PM

Creating an Equity-Minded Syllabus

Greg Baxley and Lara Baxley (Faculty)

3:15–3:30pm | Break

3:30–5:00PM

Wellness Workshop

Elisabeth DeSwart and Cynthia Wilshusen (All Campus)

5:00–5:30PM

Book Club

 **Nice Racism: How Progressive White People Perpetuate Racial Harm** by Robin DiAngelo

Lara Baxley (All Campus)

THU, AUGUST 11, 2022

9:00–10:00AM

Developing SLO Assessments Kelli Gottlieb (All Campus)

10:00–10:15am | Break

10:15–11:15AM

Cuesta Part-Time Faculty 101: Nuts and Bolts and Helpful Tools for PT Faculty Nancy Steinmaus (All Campus)

11:15–11:45AM | Lunch Break

11:45AM–1:15PM

Teaching and Learning with Incarcerated Students at California Men’s Colony

Alex Espinoza-Kulick (All Campus)

1:15–1:30PM | Break

 1:30–3:00PM

Trauma-Informed Practices in Higher Education

Michele Gordon-Johnson (All Campus)

3:00–5:00PM–**Division Meetings**

5:00–5:30PM

Book Club

 **George Washington Gómez** by Américo Paredes

Rachael Barnett (All Campus)

Podcast Discussion Group

10% Happier Wellness Podcast

by Erika Sanchez

Allison Head (All Campus)

9:00–9:45AM

KICK-OFF

Lisa De Fraga, Lise Misfud, Oscar Ramos
(All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/93450198366>

Welcome back Cuesta! Join your fellow colleagues with your morning coffee to reconnect, say hello, and start Fall semester with some fun and socializing. Prizes will be given away! You must be present (in Zoom) to win!

9:45–10:00AM | Break



10:00–12:00 NOON

Engaged Racial Allyship Learning Series: Framing the Context for Engaged Racial Allyship

Dr. John Pascarella III (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/92540691918>

In this session, Dr. John Pascarella will engage participants in a series of learning experiences that focus on learning to see race and racism and recognize how it affects the everyday lives of students and colleagues of color on campus. This session aims to build awareness of the ways people avoid talking about racism and offer practical strategies for moving from a race-avoidant to a race-conscious orientation to everyday interactions with colleagues, students, curriculum, teaching, and campus policies.

12:00–12:30PM | Lunch Break



Engaged Racial Allyship Learning Series Kick-Off

Between August and December 2022, racial equity expert Dr. John Pascarella, Professor of Clinical Education at the USC Rossier School of Education and Chief Academic Officer at the USC Race and Equity Center, will lead a series of highly engaging professional learning experiences that prepare Cuesta College employees to be racial allies working in solidarity with people

of color to more effectively advance racial equity on campus. An engaged racial ally is someone working in solidarity with people of color to disrupt and abolish racism (Harper, 2020;



Kendi, 2019; Love, 2019). Throughout this series, Dr. Pascarella will introduce content and strategies that offer participants multiple and varied opportunities to learn and practice engaged racial allyship. He will present contemporary cases of racial problems on college campuses, concrete examples of racial allyship, and practical strategies that faculty, staff, and administrators can immediately use in their classrooms, workplaces, and campus spaces. Each session will include justice-oriented high-leverage exercises that engage participants in opportunities to reflect critically on race and racism, analyze the sources of racial socialization, interrogate individual complicity and reproduction of racial bias, and learn actionable racial allyship strategies. This series is organized as three 2-hour professional learning sessions. Seven allyship commitments guide the learning outcomes of this series and have been intentionally sequenced to meaningfully advance racial allyship.

PART 1: "Framing the Context for Engaged Racial Allyship"
Wednesday, August 10, 2022 from 10:00 AM – 12:00 Noon

PART 2: "Learning and Engaging in Productive Allyship Practices that Disrupt Racism" Friday, September 16, 2022 from 10:00 AM – 12:00 Noon

PART 3: "Advancing Racial Justice in Solidarity with People of Color" Tuesday, October 11, 2022 from 10:00 AM – 12:00 Noon

Zoom Link for all 3 Sessions:

<https://cuesta-edu.zoom.us/j/92540691918>

12:30–1:30PM

Scaling Paywalls and More: How Cuesta Library Can Make Your Life Easier

Laurie Buchholz, Denise Fourie, and Sharon Haupt (Faculty)

ZOOM: <https://cuesta-edu.zoom.us/j/93783607306>

Tired of running into online paywalls? Cuesta Library subscribes to local and prominent national news sources so that employees and students can access that SLO Tribune or Atlantic article without encountering financial barriers. And that's just one of the ways the Cuesta Library aims to make your life better. Did you know Cuesta library offers:

- Chromebooks and Hotspots for semester-long checkout?
- Customized webpages for your course or subject using the LibGuides platform?
- Access to films and TV clips on streaming video?
- Individual research assistance with instant responses via Canvas, Zoom, chat, phone, and in-person?
- Reserve textbooks in print and digital form?
- Librarians who can be embedded in your Canvas course to assist students directly, deliver information literacy instruction, and join in class discussions?
- Customized orientations to walk students and employees through library resources?

We're also interested in learning how to serve you better. We invite you to join for a discussion about what the Cuesta library can do for you.

1:30–1:45PM | Break



1:45–3:15PM

Creating an Equity-Minded Syllabus

Greg Baxley and Lara Baxley (Faculty)

ZOOM: <https://cuesta-edu.zoom.us/j/91087468200>

For some faculty members, the syllabus is a guide that outlines what learners should expect in a course and clarifies what is expected of them. For students, the syllabus helps them figure out what they need to do to ensure they will pass the course. In many ways, the syllabus conveys much more than rules and course expectations and as such, serves a larger purpose that can shape the students' academic experiences and foster their success. This workshop will offer faculty tools and concrete strategies to develop student-centered, equity-minded syllabi to greater support students. Participants are asked to bring their syllabus to review, update, and infuse equity into their content.

3:15–3:30PM | Break

3:30–5:00PM

Wellness Workshop

Elisabeth DeSwart and Cynthia Wilshusen (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/93398680722>

Jump into our boosted Wellness Program for Cuesta employees this Fall 2022! Learn about new Wellness rewards, classes, resources and support.



5:00–5:30PM

Book Club: *Nice Racism: How Progressive White People Perpetuate Racial Harm*

by Robin DiAngelo

Lara Baxley (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/98162496663>

In her latest book *Nice Racism*, sociologist and anti-racist educator Robin DiAngelo provides an honest, candid perspective on the ways in which well-meaning white people inadvertently perpetuate racial harm. This provocative book is an "essential work for any white person who recognizes the existence of systemic racism and white supremacy and wants to take steps to align their values with their actual practice." In this book club, participants will discuss the challenges, sticking points, insights, and inspirations experienced while reading this book. We will also discuss the implications that this book has for improving student equity at Cuesta College. There will be three 60-minute gatherings for the book and days/times will be decided at the kickoff.

9:00–10:00AM

Developing SLO Assessments

Kelli Gottlieb (Faculty)

ZOOM: <https://cuesta-edu.zoom.us/j/97054681122>

After all the work that goes into the development of our SLOs, effective assessment of achievement of those SLOs is incredibly important and very valuable (data, yay!). In this session, attendees will discuss suggested best practices in assessment (from ASCCC and other experts in higher ed), indirect and direct assessment, and share examples of their own assessments and experiences.

10:00–10:15AM | Break

10:15–11:15AM

Cuesta Part-Time Faculty 101: Nuts and Bolts and Helpful Tools for PT Faculty

Nancy Steinmaus (Faculty)

ZOOM: <https://cuesta-edu.zoom.us/j/93783607306>

This workshop includes ideas for finding flex opportunities (flex hours are based on load and are required), compensation (opportunities beyond your teaching pay), how fringe (including health care) works for PT, CCFT services (our faculty union), and more! This workshop will count as 2 hours of flex if you both attend the 1 hour workshop and do some “homework.” Your “homework” options will be sent out, and you can pick and choose the options best fitting your situation.

If you are interested in this offering, email Nancy Steinmaus (nsteinma@cuesta.edu) before the workshop so she can send you the added task options. If you are unable to do this before the workshop, your task options will be given afterwards. She promises they will be easy!

11:15–11:45AM | Lunch Break

11:45AM–1:15PM

Teaching and Learning with Incarcerated Students at California Men’s Colony

Alex Espinoza-Kulick (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/95820254899>

Join us to learn more about Cuesta College’s program at the California Men’s Colony (CMC). This session will explore the ins and outs of teaching at CMC, including the unique challenges of working in a prison setting, the distinct needs of the student population at CMC, and the benefits of working with incarcerated students.

We encourage all campus community members to join us for this conversation! This is a great chance to learn more about Cuesta’s work at CMC and how you can support these efforts.

1:15–1:30PM | Break

1:30–3:00PM

Trauma-Informed Practices in Higher Education

Michele Gordon-Johnson (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/96048171796>

Many of our students have a history of trauma and associated mental health challenges, including anxiety and depression, that we are neither knowledgeable about nor equipped to sensitively address in our college classrooms. LGBTQIA, BIPOC, foster youth, and veterans who have experienced trauma are further harmed from societal issues like inequity, poverty, and systemic racism. There is overwhelming research that trauma during the early years alters brain architecture, learning potential over one’s lifetime, and markedly reduces an individual’s “window of tolerance.” Consequently, our students struggle academically and have higher attrition rates than their peers. This workshop will define trauma, explore the magnitude of the impact of trauma on college students, and share strategies to enhance resilience for our trauma-experienced students through trauma-informed practices.

5:00–5:30PM

**Book Club: *George Washington Gómez***

by Américo Paredes

Rachael Barnett (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/99783067829>

This fall we will be reading the 1990 book *George Washington Gómez* by Américo Paredes. Set in 1930's, the novel itself focuses on the experiences of Mexico-Texans struggling to “preserve their property, culture, and identity in the face of Anglo-American migration and growing dominance” and directly addresses the effects of white supremacy both in terms of material concerns, but also psychological. Much of the colonizing done to the main character happens in school itself and thus demonstrates the responsibility of academia to provide education that is equitable, culturally sustaining, and anti-racist. As ever, our discussion of any novel is guided by the words of Acoma Pueblo poet and professor, Simon Ortiz — “I’m telling you a story, so you better believe it’s the truth.” At this meeting we will introduce the book and consider our meeting plan for the semester.

5:00–5:30PM

Podcast Discussion Group: *10% Happier Wellness Podcast*

Allison Head (All Campus)

ZOOM: <https://cuesta-edu.zoom.us/j/96234402260>

10% Happier uses “Buddhism-based” principles to tackle ideas such as self-compassion, “letting go,” managing anxiety, stress reduction, effectiveness at the workplace, and more. Join us for an introductory meeting and to plan future gatherings. We select podcasts at each meeting and then, at the following meeting, after listening to each selection, discuss topics related to worksite wellness, mindfulness, emotional health and more.

**Celebrating Banned Books Week, Sept 18-24, 2022
Banned Books: Let’s Unpack Them!**

Thursday, September 22, 2022, 1:00–2:15PM (PDT)

ZOOM: <https://cuesta-edu.zoom.us/j/97306188377>

Join us for a panel discussion exploring the ever-timely topic of banned and challenged books. What are they? Why are they controversial? Our panel will feature a brief keynote by nationally-recognized scholar and co-founder of #Disrupttexts, **Lorena Germán**, joined by Cuesta faculty and students to present varied perspectives on this hot button topic.

*Part of Cuesta’s Hispanic Heritage Month Series***FLEX Flicks****Thursdays (Sept. 15, Oct. 13, Nov. 10, and Dec. 1) at 6PM**

For those of you who like movies, please consider joining moderators Sean Boling and Steve Leone online for this semester’s **FLEX Flicks** series, which will be announced in early September. Every semester for over 20 years now, we have curated, screened, and discussed a quartet of contemporary or classic masterpiece films chosen by theme, country, region, actor, or director of influence with colleagues across the curriculum. For us, this is a fun way to earn 12 total hours of FLEX credit each semester, 3 hours per film discussion, and together, we make discoveries along the way about the culture and history of the filmmakers, their countries, and their national cinema. This is also our opportunity to watch and discuss some of the greatest films in world cinema history, movies that have stood or will stand the test of time due to the overwhelming critical acclaim or the award recognition each of them has received worldwide. In the past few years, for example, we have curated a film series on actor Sidney Poitier (1927-2022); on Korean New Wave Cinema; on contemporary Black Voices, Black Films (U.S.); on the New Cinema of Taiwan; and on director Ingmar Bergman’s Late Career Films on Marriage (1968-1978); among others.

In early September, we will announce our **FLEX Flicks** film series and provide streaming options for each of the four films chosen for the series. See you at the movies!

Co-Moderators: Sean Boling and Steve Leone, English Department

FLEX Credit: 3 hours per film and film discussion