

HUMAN DEVELOPMENT/ HUMAN SERVICES

ASSOCIATE DEGREE & CERTIFICATE PROGRAMS

2019-2020 CATALOG



DESCRIPTION

The Human Development/Human Services Department offers multiple Associates of Arts degrees within the Social and Applied Behavioral Sciences. The A.A. in Human Development/Human Services is an interdisciplinary degree concentrating in psycho-social development across the life span with emphasis in identity development, the family system, and human services. This A.A. degree prepares students to transfer into a Baccalaureate program, and is also designed to benefit the student who wishes to pursue a paraprofessional career in social work / human services, such as case management, parenting coach/educator, support counseling and crisis management.

The Human Development/Human Services Department also offers an Addiction Treatment Studies Program designed to prepare students for careers in the growing field of drug and alcohol counseling. The Addiction Treatment Studies curriculum is registered with the California Consortium of Addiction Programs and Professionals (CCAPP). Upon satisfactory completion of the required coursework, students earn an Associates of Arts degree or a Certificate of Achievement in Addiction Treatment Studies.

For those students interested in transferring into the CSU system to complete a Baccalaureate degree in Social Work and Human Services (or similar major), our Department offers an Associates in Arts degree in Social Work and Human Services for Transfer degree(AA-T). This area of study emphasizes the application of behavioral sciences within a variety of cultural contexts. As a profession, Social Work and Human Services focuses on methods for helping people from many different social groups to improve the quality of their lives.

Lastly, the Human Development/Human Services Department offers a degree in Social Justice Studies. This is an interdisciplinary program with a focus on equity and social change. The Associates in Arts in Social Justice Studies for Transfer (AA-T) degree prepares students for seamless transfer into Ethnic Studies, Gender Studies, Social Justice Studies, and related majors in the CSU system. Students who choose to major in Social Justice Studies and related fields have a wide range of career options: activists, community organizers, public policy analysts, conflict resolution specialists/mediators, NGO workers, human rights groups, political campaigners, workers in environmental organizations, alternative media, human rights

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DEGREES, CERTIFICATES & AWARDS

- Associate in Arts for Transfer (A.A.-T.)
- Associate in Arts (A.A.)
- Certificate of Achievement (C.A.)
- Certificate of Specialization (C.S.)

CAREER OPPORTUNITIES

- Addiction Counselor
- Addiction Educator
- Community College Instructor
- Crisis Worker
- Mental Health Worker
- Parent Educator
- Parole/Probation Officer
- Social Worker
- University Professor
- Writer/Journalist

Gainful Employment: Federal regulations require institutions to provide students with Gainful Employment information for specific certificate programs offered at Cuesta College. Information for each certificate program can be found by following this link: www.cuesta.edu/student/studentservices/finaid/gainfulemployment

CONTACT

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groups, political campaigns, religious organizations, international agencies, rights advocates, journalists, lobbyists, and community organizers.

ASSOCIATE DEGREE AND CERTIFICATE PROGRAMS

An Associate Degree, depending on the focus of study, is designed to prepare students for transfer into upper division course work in a bachelor's degree program, or, to prepare students to enter the workforce in a particular vocational field. To qualify for an Associate's Degree, a student must: (1) complete each major-specific course required for the degree with at least a "C" grade or better, (2) complete all Cuesta College general education, graduation and residency requirements, and (3) achieve an overall grade point average of 2.0 for all courses attempted (major, general education, elective).

A Certificate Program is designed for students who desire specific training to meet an immediate occupational or personal goal, or for promotion or lateral transfer within their existing field of employment. To qualify for a Certificate of Achievement or a Certificate of Specialization, a student must 1) complete all courses required for the Certificate with an overall grade point average of 2.0.

TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare to transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Cuesta College counselor to develop a student education plan (SEP) before beginning their program.

TRANSFER RESOURCES:

CSU and UC Articulation Agreements and Majors Search Engine:

www.ASSIST.org

CSU System Information:

www2.calstate.edu

FINANCIAL AID

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Cuesta College offers a full array of financial aid programs—grants, work study, scholarships, federal loan programs, and fee waivers. These programs are available to both full-and part-time students who are seeking a degree or certificate. For those who qualify, financial aid is available to help with tuition, fees, books and supplies, food, housing, transportation, and childcare. Please log onto our website for additional information:

www.cuesta.edu/student/student-services/finaid

ASSOCIATE DEGREE FOR TRANSFER PROGRAM

Social Justice Studies — Associate in Arts for Transfer

Required Core: (3 courses, 9 credits)

SOC 206 Race And Ethnic Relations	3
HDHS 219 Introduction To Queer Studies.	3
or SOC 208 Introduction To Gender Studies	(3)

And, choose one course from:

ANTH 203 Cultural Anthropology	3
or COMM 212. Intercultural Communication	(3)
or ENGL 217 Women And Gender In Literature.	(3)
or HEED 203 Women’s Health Issues.	(3)
or HEED 208 Multicultural Health	(3)
or HIST 233 History Of African Americans.	(3)
or HIST 203B. History Of World Civilizations	(3)
or HIST 237 History Of American Women	(3)
or MUS 238 Music Appreciation: Jazz History.	(3)
or POLS 204 World Politics	(3)

List A: Select three courses from at least two of the following Areas. Choose courses that are the best fit for your desired CSU campus and major, and that have not already been completed as part of the Required Core.

Area 1: History or Government

HIST 212 History Of Mexican Americans.	3
HIST 233 History Of African Americans.	3
HIST 237 History Of American Women	3
POLS 204. World Politics	3

Area 2: Arts and Humanities

ART 207 Survey Of Mexican Art History I: Pre-Columbian.	3
ART 208 Survey Of Mexican Art History II: Colonial To Contemporary.	3
ART 209 Art Of Africa, Oceania, And Indigenous North America	3
ART 210 Survey Of Asian Art History	3
ENGL 213 Multicultural Voices In American Literature	3
ENGL 217 Women And Gender In Literature.	3
MUS 236 Music Appreciation: World Music	3
MUS 238 Music Appreciation: Jazz History.	3

Area 3: Social Science

CJ 224. Community, Diversity And The Justice System	3
COMM 212 Intercultural Communication	3
ANTH 220 California Indians	3
or ANTH 221 North American Indians.	(3)

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HDHS 213	Ethnic Identity And Developmental Patterns	3
HDHS 215	Developmental Patterns Of Women	3
HDHS 218	Human Sexuality: Experience & Expression	3
SOC 202.	Social Problems	3
Area 4: Quantitative Reasoning and Research Methods		
MATH 247	Introduction To Statistics	4
PSYC 200	Research Methods For The Behavioral And Social Sciences	3
Total Credits:		18 - 19

“P” (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer. In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory. Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

[Click Here for Program Student Learning Outcomes](#)

ASSOCIATE DEGREE FOR TRANSFER PROGRAM

Social Work/Human Services — Associate in Arts for Transfer

Core Courses (22 to 23 credits)

HDHS 210	Introduction To Social Work And Human Services	3
HDHS 289	Human Services Seminar	2
and		
HDHS 289B	Fieldwork: Social Work /Human Services	1
SOC 201A	Introduction To Sociology	3
PSYC 201	Introductory Psychology	3
MATH 247	Introduction To Statistics	4
BIO 205	Human Anatomy	4
or BIO 212	Human Biology	(3)
ECON 201A	Principles Of Macroeconomics	3
or ECON 201B	Principles Of Microeconomics	(3)

List A. Select 2 courses from the following (6 credits). Students should choose courses that are the best fit for their desired CSU campus and major.

ECE 201	Child Growth And Development	3
HDHS 202	Child, Family And Community	3
or ECE 202	Child, Family And Community	(3)
HDHS 212	Human Development: Life Span	3
HEED 206	Health Aspects Of Drug Use	3
SOC 206	Race And Ethnic Relations	3

Total Credits:28 - 29

"P" (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer.

In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory.

Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

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ASSOCIATE DEGREE PROGRAM

Addiction Treatment Studies — Associate in Arts

Required Courses (28 Units)

HDHS 205 Life Management	3
HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 271 Group Process And Practice, Law And Ethics	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment And Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289 Human Services Seminar	2
HDHS 289A . . . Fieldwork: Addiction Studies	5
HEED 206 Health Aspects Of Drug Use	3
Total Credits:	28

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ASSOCIATE DEGREE PROGRAM

Human Development/Human Services — Associate in Arts

Students transferring to four-year colleges or universities are urged to include Psychology 201 and Sociology 201A as part of their General Education/Breadth requirements.

Required Courses (6 credits)

HDHS 212	Human Development: Life Span	3
HDHS 214	Family, Relationships And Intimacy	3

Complete one of the following three areas of concentration:

Addiction Studies Foundation concentration (16 credits)

HDHS 270	Intro To Addiction Studies: Addiction And The Community	3
HDHS 271	Group Process And Practice, Law And Ethics	3
HDHS 278	Families And Addiction	3
HDHS 279	Treatment And Case Management	3
HEED 206	Health Aspects Of Drug Use	3
HDHS 247	Independent Studies: Human Development/Human Services	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Addiction Studies Foundation.

Parenting Education/Family Coach concentration (13 credits)

HDHS 202	Child, Family And Community	3
HDHS 210	Introduction To Social Work And Human Services	3
HDHS 278	Families And Addiction	3
HDHS 217	The Study Of Parenting: Theory And Practice	3
HDHS 289C	Fieldwork: Parenting Coach/Educator	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Parenting Education/Family Coach.

Paraprofessional Counseling concentration (16 credits)

HDHS 210	Introduction To Social Work And Human Services	3
HDHS 271	Group Process And Practice, Law And Ethics	3
HDHS 279	Treatment And Case Management	3
HDHS 280	Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289	Human Services Seminar	2
HDHS 289D	Fieldwork: Paraprofessional Counseling	1
HDHS 247	Independent Studies: Human Development/Human Services	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Paraprofessional Counseling.

Total Credits: 19 - 22

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CERTIFICATE PROGRAMS

Addiction Treatment Studies — Certificate of Achievement

Required Courses (28 Units)

HDHS 205 Life Management	3
HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment And Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289 Human Services Seminar	2
HDHS 289A . . Fieldwork: Addiction Studies	5
HEED 206 Health Aspects Of Drug Use	3
Total Credits:	28

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Addiction Studies — Certificate of Specialization

Required Courses (15 credits)

HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 272 Drug Prevention And Education	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment And Case Management	3
HEED 206 Health Aspects Of Drug Use	3
Total Credits:	15

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Paraprofessional Counseling Skills — Certificate of Specialization

Required Courses (13 credits)

HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 279 Treatment And Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 218 Human Sexuality: Experience & Expression	3
HDHS 289D . . Fieldwork: Paraprofessional Counseling	1
Total Credits:	13

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Parenting Coach/Educator — Certificate of Specialization

Required Courses (10 credits)

HDHS 202 Child, Family And Community	3
HDHS 217 The Study Of Parenting: Theory And Practice	3
HDHS 278 Families And Addiction	3
HDHS 289C . . Fieldwork: Parenting Coach/Educator	1
Total Credits:	10

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