

HUMAN DEVELOPMENT/ HUMAN SERVICES

ASSOCIATE DEGREE & CERTIFICATE PROGRAMS

2021-2022 CATALOG

DESCRIPTION

The Human Development/Human Services Department offers a variety of Associates of Arts degrees within the Social and Applied Behavioral Sciences taught in a supportive community.

The A.A. degree in Human Development/Human Services is an interdisciplinary degree concentrating in psycho-social development across the life span, with special emphases on the family system, identity development, mental wellness, and the human services profession. As part of this degree, students choose one out of three areas of concentration: Addiction Studies Foundations, Parenting Education/Family Coach, or Paraprofessional Counseling. These areas of concentration are also available as stand alone, 16-unit Certificates of Achievement. Our degree presents more than an understanding of how compassion meets theory and praxis; we concomitantly offer the kind of personal enrichment that comes from supporting others improve their own lives. This degree prepares students to transfer into a Baccalaureate program and is also designed to benefit the student who wishes to pursue a paraprofessional career in human services, such as case management, parenting coach/educator, support and crisis counseling.

Secondly, the Human Development/Human Services Department also offers an A.A. degree in Addiction Treatment Studies. This degree is designed to prepare students for careers in the growing field of drug and alcohol counseling. The Addiction Treatment Studies curriculum is registered with the California Consortium of Addiction Programs and Professionals (CCAPP). Upon satisfactory completion of the required coursework, students earn an Associates of Arts degree or a Certificate of Achievement in Addiction Treatment Studies.

Thirdly, for those students interested in transferring into the CSU system to complete a Baccalaureate degree in Social Work and Human Services (or similar), our Department offers an Associates in Arts degree in Social Work and Human Services for Transfer degree (AA-T). This area of study emphasizes the application of behavioral sciences within a variety of cultural contexts. As a profession, Social Work and Human Services focuses on methods for supporting people from many diverse social groups to improve the quality of their lives.

Lastly, the Human Development/Human Services Department offers an

DEGREES, CERTIFICATES & AWARDS

- Associate in Arts for Transfer (A.A.-T.)
- Associate in Arts (A.A.)
- Certificate of Achievement (C.A.)
- Certificate of Specialization (C.S.)

CAREER OPPORTUNITIES

- Addiction Counselor
- Addiction Educator
- Community College Instructor
- Crisis Worker
- Mental Health Worker
- Parent Educator
- Parole/Probation Officer
- Social Worker
- Writer/Journalist

CONTACT

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Associates in Arts in Social Justice Studies for Transfer degree (AA-T). This is an interdisciplinary course of study with a focus on equity and social justice, preparing students for a seamless transfer into Ethnic Studies, Gender Studies, Social Justice Studies, and related majors in the CSU system. Students who choose to major in Social Justice Studies and related fields have a wide range of career options: activists, community organizers, public policy analysts, conflict resolution specialists/mediators, NGO workers, human rights groups, political campaigners, workers in environmental organizations, alternative media, religious organizations, international agencies, rights advocates, journalists, and lobbyists.

ASSOCIATE DEGREE AND CERTIFICATE PROGRAMS

Students who complete an [Associate Degree for Transfer \(ADT\)](#) and transfer to a similar major at a CSU are guaranteed a pathway to finish their baccalaureate degrees in 60 semester or 90 quarter units. These degrees require students to meet both of the following requirements: (1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following: (A) The Intersegmental GE Transfer Curriculum (IGETC) or the California State University GE-Breadth Requirements (CSU GE-Breadth). (B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district. (2) Obtainment of a minimum grade point average of 2.0.

[An Associate Degree](#), depending on the focus of study, is designed to prepare students for transfer into upper division course work in a bachelor's degree program, or, to prepare students to enter the workforce in a particular vocational field. To qualify for an Associate's Degree, a student must: (1) complete each major-specific course required for the degree with at least a "C" grade or better, (2) complete all Cuesta College general education, graduation and residency requirements, and (3) achieve an overall grade point average of 2.0 for all courses attempted (major, general education, elective).

[A Certificate Program](#) is designed for students who desire specific training to meet an immediate occupational or personal goal, or for promotion or lateral transfer within their existing field of employment. To qualify for a Certificate of Achievement or a Certificate of Specialization, a student must 1) complete all courses required for the Certificate with an overall grade point average of 2.0.

TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare to transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Cuesta College counselor to develop a student education plan (SEP) before beginning their program.

TRANSFER RESOURCES:

CSU and UC Articulation Agreements and Majors Search Engine:

www.ASSIST.org

CSU System Information:

www2.calstate.edu

FINANCIAL AID

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Cuesta College offers a full array of financial aid programs—grants, work study, scholarships, federal loan programs, and fee waivers. These programs are available to both full-and part-time students who are seeking a degree or certificate. For those who qualify, financial aid is available to help with tuition, fees, books and supplies, food, housing, transportation, and childcare. Please log onto our website for additional information:

www.cuesta.edu/student/studentservices/finaid

ASSOCIATE DEGREE FOR TRANSFER PROGRAM

Social Justice Studies — Associate in Arts for Transfer

Required Core: (3 courses, 9 credits)

SOC 206 Race And Ethnic Relations	3
HDHS 219 Introduction To Queer Studies.	3
or SOC 208 Introduction To Gender Studies	(3)

And, choose one course from:

ANTH 203 Cultural Anthropology.	3
or COMM 212. Intercultural Communication.	(3)
or ENGL 217 Women And Gender In Literature.	(3)
or HEED 203 Women’s Health Issues.	(3)
or HEED 208 Multicultural Health	(3)
or HIST 233 History Of African Americans.	(3)
or HIST 203B. History Of World Civilizations.	(3)
or HIST 237 History Of American Women	(3)
or MUS 238 Music Appreciation: Jazz History.	(3)
or POLS 204 World Politics	(3)

List A: Select three courses from at least two of the following Areas. Choose courses that are the best fit for your desired CSU campus and major, and that have not already been completed as part of the Required Core.

Area 1: History or Government

HIST 212 History Of Mexican Americans.	3
HIST 233 History Of African Americans.	3
HIST 237 History Of American Women	3
POLS 204. World Politics	3

Area 2: Arts and Humanities

ART 207 Survey Of Mexican Art History I: Pre-Columbian.	3
ART 208 Survey Of Mexican Art History II: Colonial To Contemporary.	3
ART 209 Art Of Africa, Oceania, And Indigenous North America .	3
ART 210 Survey Of Asian Art History	3
ENGL 213 Ethnic Literature Of The United States.	3
ENGL 217 Women And Gender In Literature.	3
MUS 236 Music Appreciation: World Music.	3
MUS 238 Music Appreciation: Jazz History.	3

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Area 3: Social Science

CJ 224. Community, Diversity And The Justice System 3
 COMM 212 . . . Intercultural Communication 3
 ANTH 220 . . . California Indians 3
 or ANTH 221 . . North American Indians (3)
 HDHS 213 . . . Ethnic Identity And Developmental Patterns. 3
 HDHS 215 . . . Developmental Patterns Of Women. 3
 HDHS 218 . . . Human Sexuality: Experience & Expression 3
 SOC 202. Social Problems. 3

Area 4: Quantitative Reasoning and Research Methods

MATH 247 . . . Introduction To Statistics 4
 PSYC 200 . . . Research Methods For The Behavioral
 And Social Sciences 3

Total Credits: 18 - 19

“P” (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer. In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory. Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

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ASSOCIATE DEGREE FOR TRANSFER PROGRAM

Social Work/Human Services — Associate in Arts for Transfer

Core Courses (22 to 23 credits)

HDHS 210	Introduction To Social Work And Human Services	3
HDHS 289	Human Services Seminar	2
and		
HDHS 289B	Fieldwork: Social Work /Human Services	1
SOC 201A	Introduction To Sociology	3
PSYC 201	Introductory Psychology	3
MATH 247	Introduction To Statistics	4
BIO 205	Human Anatomy	4
or BIO 212	Human Biology	(3)
ECON 201A	Principles Of Macroeconomics	3
or ECON 201B	Principles Of Microeconomics	(3)
List A. Select 2 courses from the following (6 credits). Students should choose courses that are the best fit for their desired CSU campus and major.		
ECE 201	Child Growth And Development	3
HDHS 202	Child, Family And Community	3
or ECE 202	Child, Family And Community	(3)
HDHS 212	Human Development: Life Span	3
HEED 206	Health Aspects Of Drug Use	3
SOC 206	Race And Ethnic Relations	3
Total Credits:		28 - 29

"P" (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer. In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory. Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

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ASSOCIATE DEGREE PROGRAM

Addiction Treatment Studies — Associate in Arts

Required Courses (28 Units)

HDHS 205 Life Management	3
HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment And Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289 Human Services Seminar	2
HDHS 289A . . Fieldwork: Addiction Studies	5
HEED 206 Health Aspects Of Drug Use	3
Total Credits:	28

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ASSOCIATE DEGREE PROGRAM

Human Development/Human Services — Associate in Arts

Students transferring to four-year colleges or universities are urged to include Psychology 201 and Sociology 201A as part of their General Education/Breadth requirements.

Required Courses (6 credits)

HDHS 212 Human Development: Life Span	3
HDHS 214 Family, Relationships And Intimacy	3

Complete one of the following three areas of concentration:

Addiction Studies Foundation concentration (16 credits)

HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment and Case Management	3
HEED 206 Health Aspects Of Drug Use.	3
HDHS 247 Independent Studies: Human Development/Human Services	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Addiction Studies Foundation.

Parenting Education/Family Coach concentration (13 credits)

HDHS 202 Child, Family And Community	3
HDHS 210 Introduction To Social Work And Human Services	3
HDHS 278 Families And Addiction	3
HDHS 217 The Study Of Parenting: Theory And Practice	3
HDHS 289C Fieldwork: Parenting Coach Education	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Parenting Education/Family Coach.

Paraprofessional Counseling concentration (16 credits)

HDHS 210 Introduction To Social Work And Human Services	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 279 Treatment and Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289 Human Services Seminar	2
HDHS 289D Fieldwork: Paraprofessional Counseling	1
HDHS 247 Independent Studies: Human Development/Human Services	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Paraprofessional Counseling.

Total Credits: 19 - 22

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CERTIFICATE PROGRAMS**Addiction Treatment Studies** — Certificate of Achievement**Required Courses (28 Units)**

HDHS 205 Life Management	3
HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment And Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289 Human Services Seminar	2
HDHS 289A Fieldwork: Addiction Studies	5
HEED 206 Health Aspects Of Drug Use	3
Total Credits:	28

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Addiction Studies Foundation — Certificate of Achievement**Required Courses (16 credits)**

HDHS 270 Intro To Addiction Studies: Addiction And The Community	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 278 Families And Addiction	3
HDHS 279 Treatment And Case Management	3
HEED 206 Health Aspects Of Drug Use	3
HDHS 247 Independent Studies: Human Development/Human Services	1
Total Credits:	16

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Paraprofessional Counseling Skills — Certificate of Achievement**Required Courses (16 credits)**

HDHS 210 Introduction To Social Work And Human Services	3
HDHS 271 Group Process And Practice, Law And Ethics.	3
HDHS 279 Treatment And Case Management	3
HDHS 280 Interviewing And Counseling Skills, Law And Ethics	3
HDHS 289 Human Services Seminar	2
HDHS 289D Fieldwork: Paraprofessional Counseling	1
HDHS 247 Independent Studies: Human Development/Human Services	1
Total Credits:	16

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Parenting Education/Family Coach — Certificate of Achievement

Required Courses (16 credits)

HDHS 202	Child, Family And Community	3
HDHS 210	Introduction To Social Work And Human Services	3
HDHS 214	Family, Relationships And Intimacy.	3
HDHS 217	The Study Of Parenting: Theory And Practice	3
HDHS 278	Families And Addiction	3
HDHS 289C . . .	Fieldwork: Parenting Coach Education.	1
Total Credits:		16

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