

# **PSYCHOLOGY**

#### ASSOCIATE DEGREE & CERTIFICATE PROGRAMS

## DESCRIPTION

Psychology is the scientific study of behavior and mental processes that provide the basis of life experience. Students learn to examine psychological processes from multiple perspectives and apply psychological principles and methods to personal and social issues in ways that promote self-understanding, personal development and effective interpersonal relationships as members of a diverse society. The Psychology program provides students with an understanding of the content, methods and applications of psychology that prepares them to pursue a Psychology Degree or career in a growing variety of fields.

## **ASSOCIATE DEGREE PROGRAMS**

Students who complete an **Associate Degree for Transfer (ADT)** and transfer to a similar major at a CSU are guaranteed a pathway to finish their baccalaureate degrees in 60 semester or 90 quarter units. These degrees require students to meet both of the following requirements: (1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following: (A) The Intersegmental GE Transfer Curriculum (IGETC) or the California State University GE-Breadth Requirements (CSU GE-Breadth). (B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district. (2) Obtainment of a minimum grade point average of 2.0.

An Associate Degree, depending on the focus of study, is designed to prepare students for transfer into upper division course work in a bachelor's degree program, or, to prepare students to enter the workforce in a particular vocational field. To qualify for an Associate's Degree, a student must: (1) complete each intraspecific course required for the degree with at least a "C" grade or better, (2) complete all Cuesta College general education, graduation and residency requirements, and (3) achieve an overall grade point average of 2.0 for all courses attempted (major, general education, elective).

2023-2024 CATALOG

#### **DEGREES, CERTIFICATES & AWARDS**

- Associate in Arts for Transfer (A.A.-T.)
- Associate in Arts (A.A.)

#### **CAREER OPPORTUNITIES**

- Administrator
- · Behavior Analyst
- Career Counselor
- Clinical Psychologist
- Community College Counselor
- Community College Instructor
- Drug Abuse Counselor
- Employment Counselor
- Forensic Psychologist
- Human Factors Specialist
- Market Research Analyst
- Marriage and Family Therapist
- Marriage, Family, Child Counselor
- Mental Health Worker
- Outreach Worker
- Personnel Analyst/Manager
- Personnel Management Specialist
- Probation Officer
- Psychiatric Aide
- Public Health Statistician Trainee
- Research Analyst
- Social Services Director
- Sports Psychologist
- Student Affairs Officer
- Survey Designer
- Technical Writer

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## CONTACT

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## ASSOCIATE DEGREE FOR TRANSFER PROGRAM

#### Psychology — Associate in Arts for Transfer

The Psychology program provides the foundational knowledge and skills essential for the scientific study of behavior and mental processes that form the basis for understanding the diverse range of topics encompassed by psychology. Students learn to examine psychological processes from multiple perspectives and to apply psychological principles and methods to personal and social issues in ways that promote self-understanding, personal development and effective interpersonal relationships as members of a diverse society. A psychology background is useful for people interested in working in the areas of mental or public health, social services, education, business, human resources, public relations, or law. The Psychology program provides students with knowledge of the content, methods and applications of psychology that prepares them to make a successful transition into a Psychology Baccalaureate Degree program or career. Two tracks are offered: Associate in Arts in Psychology (AA in Psychology) and Associate in Arts in Psychology for Transfer (AA-T in Psychology).

#### Required Core

Complete the following three courses (10 credits):
PSYC 201 Introductory Psychology
PSYC 200 Research Methods For The Behavioral And
Social Sciences 3
MATH 247 Introduction To Statistics
List A
Complete one of the two options (3-4 credits)
PSYC 202 Introduction To Biological Psychology 3
or the following lecture and lab combinations
BIO 212 Human Biology
and BIO 212L . Human Biology Laboratory (1)
List B
Complete the following course (3 credits)
PSYC 206 Introduction To Social Psychology
List C
Complete two of the following courses (6 credits):
ASHS 212 Human Development: Life Span
PSYC 204 Introduction To Abnormal Psychology 3
PSYC 233 Personality And Adjustment
Total Credits:
"P" (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer. In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory.
Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

Click Here For Program Student Learning Outcomes

- Test Validation and Development Specialist
- Therapist
- Training Officer
- Training Specialist
- University Professor

## **ASSOCIATE DEGREE PROGRAM**

## Psychology — Associate in Arts

The Psychology program provides the foundational knowledge and skills essential for the scientific study of behavior and mental processes that form the basis for understanding the diverse range of topics encompassed by psychology. Students learn to examine psychological processes from multiple perspectives and to apply psychological principles and methods to personal and social issues in ways that promote self-understanding, personal development and effective interpersonal relationships as members of a diverse society. A psychology background is useful for people interested in working in the areas of mental or public health, social services, education, business, human resources, public relations, or law.

The Psychology program provides students with knowledge of the content, methods and applications of psychology that prepares them to make a successful transition into a Psychology Baccalaureate Degree program or career.

The Psychology AA requires 60 associate degree applicable semester units with a minimum 2.0 grade point average, which include 4 specified Psychology courses (12 units) and 2 elective courses (6-10 units) for the major, as well as the Cuesta College associate degree requirements for General Education, Diversity and Health.

## Required Courses (12 credits)

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PSYC 233 Personality And Adjustment	3
PSYC 206 Introduction To Social Psychology	3
PSYC 202 Introduction To Biological Psychology	3
PSYC 201 Introductory Psychology	3

Students who plan to transfer to a specific four-year college or university should consult the Catalog of that institution for lower division major requirements when selecting elective courses.

#### TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare to transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Cuesta College counselor to develop a student education plan (SEP) before beginning their program.

## **TRANSFER RESOURCES:**

CSU and UC Articulation Agreements and Majors Search Engine: www.ASSIST.org CSU System Information: www2.calstate.edu

#### **FINANCIAL AID**

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Cuesta College offers a full array of financial aid programs—grants, work study, scholarships, federal loan programs, and fee waivers. These programs are available to both full-and part-time students who are seeking a degree or certificate. For those who qualify, financial aid is available to help with tuition, fees, books and supplies, food, housing, transportation, and childcare. Please log onto our website for additional information: www.cuesta.edu/student/ studentservices/finaid

## Plus two courses 6-10 credits from the following:

ANTH 201 Physical Anthropology 3
ANTH 203 Cultural Anthropology
BIO 201A Biology 5
BIO 201B Biology 5
BIO 211 Life Science
BIO 212 Human Biology
ASHS 212 Human Development: Life Span
ASHS 214 Family, Relationships And Intimacy
ASHS 218 Human Sexuality: Experience & Expression
MATH 236 Introduction To Applied Statistics
or MATH 247 . Introduction To Statistics
PSYC 200 Research Methods For The Behavioral And
Social Sciences 3
SOC 201A Introduction To Sociology 3
SOC 206 Introduction to Race and Ethnicity
Total Credits:
Click Here For Program Student Learning Outcomes



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