



# WELCOME TO *Emeritus*

Making lifelong learning a reality with  
classes designed just for you!

## **FREE CLASSES AVAILABLE AT MORRO BAY ACTIVE ADULTS 55+**

*Open Enrollment throughout the entire Fall 2026 semester*

|                                                                                                                                                 |                                                                                                                                      |                                                                                                                                                |
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| <b>ECOL 414: Art - Drawing</b><br>CRN 75862   Jessamyn Pattison<br>8/19/2026 to 10/7/2026<br>Wednesdays, 1-3:50PM                               | <b>ECOL 414: Art - Drawing for Wellness</b><br>CRN 75883   Chenda Lor<br>10/14/2026 to 12/9/2026<br>Wednesdays, 1-3:50PM             | <b>ECOL 415: Yoga</b><br>CRN 75868   Lindsey Morgan<br>8/18/2026 to 12/10/2026<br>Tuesdays & Thursdays, 1:15PM - 2:30PM                        |
| <b>ECOL 415: Yoga</b><br>CRN 75867   Lindsey Morgan<br>8/17/2026 to 12/9/2026<br>Mondays & Wednesdays, 1:15PM - 2:30PM                          | <b>ECOL 423: Art - Watercolor</b><br>CRN 76024   Chenda Lor<br>8/18/2026 to 12/8/2026<br>Tuesdays, 1-3:50PM                          | <b>ECOL 425: Art Appreciation/History</b><br>CRN 76028   Chenda Lor<br>8/17/2026 to 12/7/2026<br>Mondays, 2:10-4PM                             |
| <b>ECOL 433: Senior Seminar "Brain Health"</b><br>CRN 75871   Christie Ezovski<br>8/17/2026 to 12/7/2026<br>Mondays, 10AM -12:05 PM             | <b>ECOL 433: Senior Seminar "Unleashing Your Creativity"</b><br>CRN 75873   Hal Green<br>8/17/2026 to 12/7/2026<br>Mondays, 1-3:05PM | <b>ECOL 433: Senior Seminar @Lor Coaching Studios "Art Coaching"</b><br>CRN 75882   Chenda Lor<br>8/17/2026 to 12/7/2026<br>Tuesdays 9-11:50AM |
| <b>ECOL 433: Senior Seminar @Lor Coaching Studios "Art Coaching"</b><br>CRN 76023   Chenda Lor<br>8/17/2026 to 12/7/2026<br>Thursdays, 5-8:05PM | <b>ECOL 470: Adapted Exercise</b><br>CRN 75874   Allison Godbe<br>8/18/2026 to 12/10/2026<br>Tuesdays & Thursdays, 11:45AM-12:45PM   | <b>For more information on becoming an Emeritus student, call us at (805)-592-9463 or email ContinuingEd@cuesta.edu</b>                        |