



# WELCOME TO *Emeritus*



Continuing Education

Making lifelong learning a reality with  
classes designed just for you!

## SOUTH BAY COMMUNITY CENTER

### **ECOL 470: Adapted Exercise**

CRN 75879 | Allison Godbe  
8/17/2026 to 12/10/2026  
Tuesdays & Thursdays,  
8:45–9:50AM

### **ECOL 433: Senior Seminar**

*"Positive Psychology"*  
CRN 74670 | Allison Godbe  
8/17/2026 to 12/7/2026  
Tuesdays & Thursdays, 10–11:10AM

### **VOCE 500: Handheld Devices**

CRN TBD | Violeta Vallin  
Mondays & Wednesdays:  
3:00PM–4:00PM → Android  
Devices  
4:00PM–5:00PM → Apple Devices

### **ECOL 406: Composing Your Life Story**

CRN 76048 | Violeta Vallin  
8/17/2026 to 12/7/2026  
Thursdays 11:15–1:20PM

### **ECOL 408: Music Arts**

CRN 76046 | Violeta Vallin  
8/17/2026 to 12/7/2026  
Tuesdays 11:15–1:20PM

### **ECOL 423: Art–Watercolor**

CRN 74042 | Violeta Vallin  
8/17/2026 to 12/7/2026  
Thursdays 10–1:05PM

### **ECOL 434: Explorations in Art**

CRN 76047 | Violeta Vallin  
8/17/2026 to 12/7/2026  
Thursdays 10–1:05PM

### **For more information on becoming an Emeritus student:**

- Call us at (805)–592–9463,
- Email [ContinuingEd@cuesta.edu](mailto:ContinuingEd@cuesta.edu)  
OR
- Attend the first session in person  
to get enrolled there!