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**NRAD 219B INTERMEDIATE STUDENT INTERNSHIP 1.00**

3.00 hours per week: (0.00 lecture hours/3.00 lab hours)

Credit - Degree Applicable

P/NP Only

Prerequisites: NRAD 203B with a minimum grade of C or better

Provides the opportunity to practice selected nursing skills learned during the first, second and third semester of the Associate Degree Nursing program under the supervision of the agency Registered Nurse mentor. Offers work experience in a participating agency.

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**NRAD 222 MEDICAL TERMINOLOGY 3.00**

3.00 hours per week: (3.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade Only

Introduces medical terminology for human body structures and systems, laboratory and diagnostic studies, clinical conditions and procedures. Terminology will also introduce terms related to health care specialties. Prefixes, suffixes and combining forms are used to identify the meaning of medical terms.

Transfer: CSU

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**NUTRITION**

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**NUTR 193 NUTRITION SPECIAL TOPIC 0.50 to 4.00**

0.00 - 0.00 hours per week: (0.00 lecture hours)

Credit - Degree Applicable

Letter Grade or P/NP

Examines a special topic in the field of study related to the discipline offering this course.

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**NUTR 210 NUTRITION 3.00**

3.00 hours per week: (3.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Examines nutritional needs throughout the life cycle including the interpretation of the chemical composition of food as applied to the utilization of nutrients in the body.

Transfer: CSU; UC

C-ID NUTR 110

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**NUTR 211 INTRODUCTION TO NUTRITION FOR HEALTH PROFESSIONALS 3.00**

3.00 hours per week: (3.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Studies the nutritional needs of the human life cycle and examines the biological function and chemical classification of nutrients. Relates nutrition concepts to health and disease. This course is designed for current or prospective members of health professions such as nurses, physicians, physician assistants, dietitians, dentists, dental hygienists, physical therapists and occupational therapists.

Transfer: CSU

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**NUTR 218 MATERNAL AND CHILD NUTRITION 3.00**

3.00 hours per week: (3.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Examines the nutritional requirements of the pregnant woman, developing fetus, infant, toddler and child.

Transfer: CSU

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**NUTR 222 CULTURAL ASPECTS OF FOOD 3.00**

3.00 hours per week: (3.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Advisories: NUTR 210

Examines the impact of stereotypes, stigmas, and discrimination on the health of non-dominant ethnic/racial and select minority groups

(women, children and religious) based on their heritage consistent food patterns and preferences. Various socio-political, industrial, environmental, communication styles, and psychological factors influencing assimilation and acculturation will be analyzed to promote prejudice reduction and understanding of the meaning of food to cultures around the world. Non-traditional and/or experiential teaching/learning strategies may be used to evaluate nutritional excesses as well as deficiencies across the life span.

Transfer: CSU

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**NUTR 224 GERONTOLOGICAL NUTRITION 3.00**

3.00 hours per week: (3.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Introduces the basic nutrition concepts and theories that impact the nutritional status of older persons. Emphasis is placed on the physiologic changes of aging and the effect on nutrition status; the factors that influence nutrient intakes and what diet and/or exercise changes may correct nutrition deficiencies and/or stabilize chronic diseases.

Transfer: CSU

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**NUTR 230 NUTRITION FOR FITNESS AND SPORT 3.00**

3.00 hours per week: (3.00 lecture hours)

Credit - Degree Applicable

Letter Grade or P/NP

Advisories: NUTR 210

Presents a specialized course relating nutrition to physical performance and fitness, exploring current trends, controversies, and analyzing various dietary recommendations relating them to specific physical needs.

Transfer: CSU

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**NUTR 232 PRINCIPLES OF FOOD WITH LAB 3.00**

5.00 hours per week: (2.00 lecture hours/3.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Applies food science principles with emphasis on ingredient function and interaction, food preparation techniques, sensory evaluation standards, food safety and sanitation, and nutritional values.

Transfer: CSU

C-ID NUTR 120

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**NUTR 240 PERSONALIZED NUTRITION PLANNING FOR LIFETIME WELLNESS 1.00**

1.00 hours per week: (1.00 lecture hours/0.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Advisories: NUTR 210

Presents and applies the basic principles of behavior change, goal setting, and evidence-based nutrition to develop a personalized nutrition plan utilizing peer diet analysis assessment techniques and nutrition coaching methods.

Transfer: CSU

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**NUTR 247 INDEPENDENT STUDIES: NUTRITION 0.50 to 2.00**

1.50 - 6.00 hours per week: (0.00 lecture hours/1.50 - 6.00 lab hours)

Credit - Degree Applicable

Letter Grade or P/NP

Provides an opportunity for an in-depth study or a practicum experience by an individual student in a selected topic of nutrition under the direction of an instructor.

Transfer: CSU

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**NUTR 252 WORK EXPERIENCE IN NUTRITION 1.00 to 4.00**

0 hours per week: (0.00-0.00 lecture hours/0.00-0.00 lab hours)

Credit - Degree Applicable

Letter Grade Only

Provides opportunities for students in Nutrition to acquire and demonstrate employer-desired work habits, attitudes, and skills in