

Alert! The Fall 2019 Cuesta General Education pattern will be available after May 2019. See a counselor for the '19-'20 pattern.



**FALL 2018 General Education Requirements for the Associates Degree**

Name \_\_\_\_\_ Student ID \_\_\_\_\_

Program/Degree \_\_\_\_\_ Date: \_\_\_\_\_

Complete at least one course from Areas A – E.	Course	College	Term	Credit
<b>A. PHYSICAL AND LIFE SCIENCES: Complete one course</b>				
<b>AGPS 241, 242; ANTH 201; ASTR *210; BIO *201A, *204, 205, 211, 212, 213, 216, 220, 221, 222, 224; CHEM *201A, *210FL, *211; EET *213; ENVS 200; GEOG 201 (F '18 forward); GEOL *210, *211, 212, 220; METE *212; NUTR 210, 211; OCEN *210, PHYS *205A, *208A; PSCI *210, *211; PSYC *202</b>	A			
<b>B. SOCIAL AND BEHAVIORAL STUDIES: Complete one course</b>				
<b>ANTH 202, &lt;203, 225; AGB *201 (form. ECON 201AG); FTVE (form. BCST) 221, COMM 230, 280; CJ 202; ECE *201; ECON *201A, *201B; HDHS (form. FMST) 212, &lt;213, 214, &lt;215, &lt;218, 270; GEOG 201 (this area through Sp '18), 202, 225, GLST 210, 220; HIST 203A, 203B, 204A, 204B, 207A, 207B, 210, &lt;212, &lt;233, &lt;237, 260; JOUR 200 (form. 201B); LGL &lt;217; POLS 201, 202, 204, 205, 206, 209; PSYC *200, 201, 204, &lt;206, *233; SOC 201A, 201B, &lt;206, &lt;208</b>	B			
<b>C. ARTS AND HUMANITIES: Complete one course</b>				
<b>ASL 201, *202; ART 200, 203, 204, 205, 207, 208, 209, 210, 220, 221, 240A (form. 240), 244, *270, 271, 280; DRA 200 (form. 201A), 207, 214; ENGL *201B, *205, *206, *212A, *212B, &lt;*213, *215, *216, &lt;*217, *231, 237, 242, *245A, *245B, *246A, *246B; FR 201, *202, *203; GER 201, *202, *203; MUS 201 (form. 239), 235, 236, 237, 238; PHIL 205, 206, 209, 212, 213; SPAN 201, *202, *203</b>	C			
<b>D. COMMUNICATION AND ANALYTICAL THINKING: Complete one course from D1 and one course from D2</b>				
Students who have been in attendance at Cuesta or any regionally accredited institution prior to Fall 2009 should see a Cuesta counselor to establish catalog rights regarding competency requirements.				
Competency in reading, written expression, and mathematics must be demonstrated. <b>The reading and written expression competency requirement is satisfied by completing ENGL 201A, or an equivalent college level writing course with a grade of "C" or better.</b>				
The mathematics competency requirement is satisfied in one of two ways:				
1) Completing MATH 126B, 127, 128, or a higher college level mathematics course, with a grade of "C" or better, or				
2) Demonstrating proficiency in intermediate algebra by scoring at the appropriate level on the Cuesta Mathematics Assessment Test				
<b>D1: Communications in English. Complete ENGL *201A</b>	D1			
<b>D2: Analytical Thinking. Complete one course from: MATH *126B, *127, *128, *220, *229, *230, *231, *232, *236, *242, *247, *255, *265A, *265B, *283, *287; CIS 201, 217, 231; PHIL 208</b>  Note: Students who satisfy Area D2 with a course from outside of the Math department must also satisfy the Math competency requirement –see above.	D2			
<b>E. AMERICAN INSTITUTIONS: Complete one course</b>				
<b>HIST 207A, 207B; POLS 202 (cannot be double counted for Area B)</b>	E			
Legend *Prerequisite required. < Course also meets the Diversity requirement (see back). <u>Underlined courses include a lab.</u>				
Previous Colleges	1	2	3	
Counselor				

**Additional Requirements on Back Page**

## Graduation Requirements:

### Health Education Requirement:

After successfully completing this requirement, students will be able to apply a breadth and depth of knowledge that is inclusive of all the dimensions of health, e.g., spiritual, environmental, social, mental and emotional, and physical. The scope and content of the health education course work this requirement provides the student with the knowledge and problem solving skills essential to evaluate health literature, analyze personal health risks and promote lifestyle choices. This preparation empowers the student to make relevant choices applicable to their genetic, environmental, and health risk factors that ultimately optimize mind/body/spirit health over a lifetime.

- Descriptive and discussion content of the major chronic diseases in the United States.
- Evaluation of individual risk factors for chronic diseases from a genetic, environmental, and lifestyle perspective.
- Descriptive and discussion content about communicable diseases/infections (e.g., STI's, Hepatitis C) including symptoms and prevention.
- Analyzing the influence of environmental and nutritional concepts on food choices.
- Relating diet, exercise, and stress management to prevention of diseases and psychological well-being.
- Developing an appropriate physical fitness program that includes cardiovascular conditioning, muscle strength and endurance training, and flexibility.
- Examining the relationship between values and beliefs and mental health. Utilize this relationship to create effective interpersonal communication in relationships, coping, prevention of addictive behaviors and personal safety.
- Analyze and apply spiritual concepts to improve health and wellness.

**Complete one course:** HEED 202 or 203 or 208 or 210

**Note:** HEED 203 or 208 will satisfy both the Health Education and the Diversity Requirement.

**The following degree or certificate will also satisfy the Health Education Requirement:**

A.S., Nursing, Registered; C.A., Nursing, Registered (30 Credit Option); or possession of a DD214 (Certificate of Release of Discharge from Active Duty)

**COURSE COMPLETED AT:** \_\_\_\_\_ **COURSE** \_\_\_\_\_ **TERM** \_\_\_\_\_ **CREDITS** \_\_\_\_\_

### Diversity Requirement:

After successfully completing the requirement, students will be able to identify, assess, and challenge biased assumptions and behaviors of individuals and societal institutions; analyze inter-group relations within categories of identity, such as race, ethnicity, gender, religion, sexual orientation, class, ability, nationality, or age; and examine struggles of non-dominant groups for power, justice, and access to resources. **Complete one course:**

**ANTH** <203, 220; **BUS** 260; **COMM** 212; **CJ** 224, **ECE** 215; **ENGL** <\*213, <\*217, **HDHS (form. FMST)** <213, <215, <218; **HEED** 203, 208; **HIST** <212, <233, <237; **LGL** <217; **NUTR** 222; **PSYC** <206; **SOC** 202, <206, <208.

**Note:** HEED 203 or 208 will satisfy both the Diversity and the Health Education requirement. The symbol "<" denotes that the course will also satisfy a general education requirement (See page 1).

**The following degree or certificate will also satisfy the Diversity Requirement:**

A.S., Nursing, Registered; C.A., Nursing, Registered (30 Credit Option), or possession of a DD214 (Certificate of Release of Discharge from Active Duty)

**COURSE COMPLETED AT:** \_\_\_\_\_ **COURSE** \_\_\_\_\_ **TERM** \_\_\_\_\_ **CREDITS** \_\_\_\_\_

### **Are You Ready To Apply for Your Associates Degree?**

	YES	NO
1. 60 Associate Degree applicable semester credits		
2. 18 credits of General Education, (see page 1), with an overall GPA of 2.0 in GE coursework		
3. A minimum of 12 credits completed in residence at Cuesta College		
4. A minimum cumulative grade point average of 2.0 in all degree applicable course work		
5. Math Competency (Area D2, page 1)		
6. English Competency (Area D1, page 1)		
7. Health Education Requirement (page 2)		
8. Diversity Requirement (page 2)		
9. Completion of a Designated Degree (A.A. or A.S.) pattern, with a "C" grade or better in each course required for the major.		
10. Official transcripts from all postsecondary institutions on file with the Evaluations Office		



**FALL 2018 CSU GENERAL EDUCATION REQUIREMENTS**

NAME \_\_\_\_\_ STUDENT ID. # \_\_\_\_\_

CSU CAMPUS \_\_\_\_\_ MAJOR \_\_\_\_\_

Courses in multiple areas may be used in one GE AREA only.		Course/AP Score	College	Term	Credit
<b>Area A - ENGLISH LANGUAGE COMMUNICATION AND CRITICAL THINKING</b> Complete 9 sem/12 qtr units total with a minimum of 3 sem/4qtr units in A1, A2 & A3. These 3 courses must be completed with "C-" grades or better.					
<b>A1-Oral Communication: COMM 201</b> (formerly 201A), 210, 215		A1			
<b>A2-Written Communication: ENGL 201A</b>		A2			
<b>A3-Critical Thinking: ENGL 201B, ENGL 201C, PHIL 208, COMM 215</b>		A3			
<b>Area B - SCIENTIFIC INQUIRY &amp; QUANTITATIVE REASONING</b> Complete 9 sem/12 qtr units total with a minimum of 3 sem/4qtr units in B1, B2, & B4. One of the two science courses must include a lab component that is directly related to the lecture portion. Lecture courses that include a lab are <u>underlined</u> .					
<b>B1-Physical Science: AGPS <u>241</u>; ASTR 210; CHEM <u>201A/B, 210FL, 211, 212A/B; GEOL 210, 211, 212, 220; METE 212; OCEN 210; PHYS <u>205A/B, 208A/B; PSCI 210, 211</u></u></b>		B1			
<b>B2-Life Science: AGPS <u>242</u>; ANTH 201 (F08); BIOL <u>201A/B, 202, 204, 205, 206, 211, 212, 213, 216, 220, 221, 222, 224; PSYC 202 (F07)</u></b>		B2			
<b>B3-Laboratory Activity: (must be taken with or after lecture course in B1/B2) ANTH 201L (F08); ASTR 210L; BIO 212L, 220L, 222L; OCEN 210L</b>		B3			
<b>B4-Mathematics/Quantitative Reasoning: ("C-" grade or better) CIS 241 (F08); MATH 220, 229, 230, 231, 232, 236, 242, 247, 255, 265A/B, 283, 287</b>		B4			
<b>Area C - ARTS &amp; HUMANITIES</b> Complete 9 sem/12 qtr units total with a minimum of 3 sem/4qtr units in each course. One course in C1 & C2, and a third course selected from either C1 or C2.					
<b>C1-Arts: ART 200, 203, 204, 205, 207, 208, 209, 210, 220, 221, 244, 245, 270, 271, 280, 281A; DRA 207; ENGL 237; MUS 201, 235, 236, 237, 238.</b> If completed prior to Fall 2017, DRA 200 will also apply to Area C1. If completed prior to Fall 2015, the following courses will apply to Area C1: ART 222, 223, 230, 231, 234, 241A, 266, 267, 274A, 282, 293, 295; DRA 211; MUS 220, 258.		C1			
<b>C2-Humanities: ASL 201, 202; ENGL 201B, 205, 206, 212A, 212B, 213, 215, 216, 217, 242, 231, 245A, 245B, 246A, 246B; FR 201, 202, 203; GER 201, 202, 203, 204; HIST 203A, 203B, 204A, 204B, 207A, 207B, 210, 212, 233, 237; PHIL 205, 206, 209, 212, 213; SPAN 201, 202, 203, 204. (If completed prior to Fall 2017, ECE 234 will also apply to Area C2.)</b>		C2			
<b>Required third course should be selected from either C1 or C2.</b>		C1/C2			
<b>Area D - SOCIAL SCIENCES</b> Complete 9 sem/12 qtr units total with a minimum of 3 sem/4qtr units in each course, from at least 2 disciplines listed below.					
<b>AGB 201 (formerly ECON 201AG); ANTH 201 (F95-F09 only), 202, 203, 220, 221, 225; COMM 212; 230; 280; CJ 202 (F09), 224 (F14); 228 (F11); ECON 201A, 201B; ECE 201, 202; FTVE 221 (F15); GEOG 201, 202, 225; GLST 210, 220; HDHS 202, 212, 213, 214, 215 (F08); HIST 203A, 203B, 204A, 204B, 207A, 207B, 210, 212, 233, 237(F07), 260; JOUR 200 (form. 201B) ; LGL 217; POLS 201, 202, 204, 205, 206, 209; PSYC 200, 201(S07), 204, 233; SOC 201A, 201B, 202, 204 (F09), 206, 208</b> (HDHS prefix was FMST prior to F 17)		D			
		D			
		D			
<b>Area E - LIFELONG LEARNING &amp; SELF-DEVELOPMENT</b> Complete 1 course, 3 sem/4 qtr units minimum.					
<b>CSS 225; ECE 201(S06); HDHS 205, 212, 215, 216 (renumbered to 217 Sp '19), 218; HEED 202, 203, 206, 208, 210; NUTR 210; PSYC 201, 206</b>		E			
<b>U.S. HISTORY, CONSTITUTION &amp; AMERICAN IDEALS</b> This CSU graduation requirement may be met by completing 2 courses as part of coursework from Area C or D above.		<input type="checkbox"/> HIST 207A OR 207B <input type="checkbox"/> POLS 202			
<b>Previous Colleges</b>	1.	2.	3.		
<b>Counselor</b>				<b>Date</b>	

## 23 CSU CAMPUSES

Bakersfield	California Maritime Academy	Cal Poly SLO	Cal Poly Pomona
Channel Islands	Chico	Dominguez Hills	East Bay
Fresno	Fullerton	Humboldt	Long Beach
Los Angeles	Monterey Bay	Northridge	Sacramento
San Bernardino	San Diego	San Francisco	San Jose
San Marcos	Sonoma	Stanislaus	

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### CSU TRANSFER CREDITS REQUIRED

39 lower division **General Education**  
+ **21 program preparation** (required by many campuses), or CSU transferable **electives**  
=60 transferable credits (minimum)

#### Please Note:

- You may transfer up to a total of 70 credits from a Community College.
- 9 credits of upper division General Education will be required at the CSU.
- Areas A1, A2, A3, and B4 are considered the “Golden Four” and must be completed with grades of “C-” or higher. Note: High credit programs (e.g. Engineering) may not need Area A3 “Critical Thinking” prior to transfer.

#### Specific Campus Requirements

- Foreign Language:** Some campuses require foreign language for graduation. Certain programs may have a foreign language requirement. For specific requirements, consult university catalogs or a counselor.
- Multicultural/Ethnic Studies:** Many CSU campuses require this for graduation. Some campuses require that the course be upper division.
- Additional campus specific requirements:** See counselor.

### GENERAL EDUCATION CERTIFICATION

Certification refers to official notification from a community college that a transfer student has completed courses fulfilling CSU lower-division general education requirements. Certification will ensure that a CSU campus accepts all your courses in the areas in which the coursework is certified.

**Full Certification** is given to students who have completed all sections of the CSU General Education Pattern. Students must satisfactorily complete at least 39 lower-division credits, distributed as follows:

**AREA A: 9 CREDITS:** One course from each group: A1, A2, A3

**AREA B: 9 CREDITS:** One course from B1, B2 and B4. One lab course required: B3 lab must be taken with or subsequent to corresponding course from B1 or B2

**AREA C: 9 CREDITS:** Three courses to include at least one course from Arts (C1) and one course from Humanities (C2)

**AREA D: 9 CREDITS:** Three courses must be selected from at least two different disciplines

**AREA E: 3 CREDITS:** One course **Subject Area (partial) Certification** can be granted for one or more completed area (A-E), as outlined above, if all sections of the CSU General Education Pattern have not been completed.

**US History, Constitution and American Ideals Certification-** All campuses require students to complete college-level coursework in US History, American and California Government. This requirement is met by completing History 207A or 207B and Political Science

Alert! The Fall 2019 IGETC pattern will be available after May 2019. See a counselor for the '19-'20 pattern.

11/29/18



**Fall 2018 Intersegmental General Education Transfer Curriculum (IGETC)**

(All courses must be completed with "C" grades or better)

NAME \_\_\_\_\_ STUDENT ID. # \_\_\_\_\_

UC/CSU CAMPUS \_\_\_\_\_ MAJOR \_\_\_\_\_

Courses listed in more than one area may be counted in one area only.		COURSE	COLLEGE	TERM	CREDITS
<b>AREA 1 – ENGLISH COMMUNICATION</b> For CSU - 3 courses required; one each from Group A, B and C. For UC - 2 courses required; one from Group A and one from Group B. Each course must be 3 sem/4quarter units minimum					
1A: English Composition, ENGL 201A		1A			
1B: Critical Thinking - English Composition, ENGL 201B (F10) or 201C		1B			
1C: Oral Communication, (CSU requirement only) - COMM 201 or 210 (F14)		1C			
<b>AREA 2A – MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING:</b> 1 course, 3 sem/4 qtr credits minimum. Note: UC allows credit for Math 232 or Math 242, not both.					
CIS 241 (F08); MATH 230, ^232, ^236, ^242, ^247, ^255, 265A, 265B, 283, 287		2			
<b>AREA 3 – ARTS AND HUMANITIES:</b> Complete at least 3 courses, 9 sem/12 qtr credits minimum. Each course must be 3 sem/4 qtr. units. Choose one course from Arts, one course from the Humanities and the third course from either area.					
3A: Arts: ART 200, 203, 204, 205, 207, 208, 209 (F16), 210 (F16); DRA 207; ENGL 237; MUS 235, 236, 237, 238		3A			
3B Humanities: ENGL 201B, 205, 206, 212A, 212B, 213, 215, 216, 217, 245A, 245B, 246A, 246B; FR 203; GER 203, 204; HIST 203A, 203B, 204A, 204B, 207A, 207B, 210, 212, 233, 237; PHIL 205, 206, 209, 212, 213; SPAN 203, 204		3B			
One additional course chosen from 3A or 3B		3A/3B			
<b>AREA 4 – SOCIAL AND BEHAVIORAL SCIENCES:</b> Complete at least 3 courses from at least 2 different disciplines. 9 sem/12 qtr credits minimum, each course a minimum of 3 sem/4 qtr units.					
AGB ^201 (formerly ECON 201AG); ANTH, 202, 203, 220, 221, 225; COMM 212 (F14); 230, 280; CJ 202 (F09), 224 (F14); ECE 201, ECE 202; ECON 201A, ^201B; FTVE 221 (F16); GEOG 201, 202; GLST 210, 220; HDHS 212, 213; HIST 203A, 203B, 204A, 204B, 207A, 207B, 210, 212, 233, 237, 260; JOUR 200 (form. 201B); LGL 217; POLS 201, 202, 204, 205, 206, 209; PSYC 201, 200, 204, 206, 233; SOC 201A, 201B, 202, 204, 206, 208		4			
		4			
		4			
<b>AREA 5 – PHYSICAL AND BIOLOGICAL SCIENCES:</b> Complete at least 2 courses, (a) one physical and (b) one biological science course of at least 3 sem/4 qtr units each. At least one course must include a laboratory. Lecture courses that include a lab are underlined. 7 sem/9 qtr credits minimum. (Your combined courses must total at least 7 semester credits.)					
5A Physical Sciences: ASTR 210; CHEM <u>201A</u> , <u>201B</u> , ^210FL, ^211, ^212A, <u>212B</u> ; GEOL <u>210</u> , <u>211</u> , 212, 220; OCN 210, METE 212; PHYS ^205A, ^205B, ^208A, ^208B		5A			
5B Biological Sciences: ANTH 201 (F08); BIO <u>201A</u> , <u>201B</u> , <u>202</u> , <u>204</u> , <u>205</u> , <u>206</u> , ^211, 212, 213, <u>216</u> , 220, <u>221</u> , <u>222</u> , <u>224</u> ; PSYC 202 (F07)		5B			
5C Science Laboratory: ANTH 201L; ASTR 210L; BIO 212L, 220L, 222L; OCN 210L		5C			
<b>AREA 6A LANGUAGES OTHER THAN ENGLISH (UC requirement only)</b> Proficiency equivalent to two years of high school study in one language. There are various ways to satisfy this area, including completing two years of high school study in one language with "C-" grades or higher, or, completing one of the courses listed below. It is your responsibility to provide high school transcripts if you are validating this area through high school course work. See a counselor for additional details.					
FR 202, GER 202, SPAN 202, ASL 202		6A			
CSU GRADUATION REQUIREMENT IN "U.S. HISTORY, CONSTITUTION AND AMERICAN IDEALS". This CSU graduation requirement may be met by completing the following two courses as part of your course work from Area 3 and/or 4 above:		_____ Hist 207A or 207B and _____ POLS 202			
<b>Legend:</b> ^ Indicates that UC transfer credit limits apply. Consult a counselor for details. ( ) = date approved					
Previous Colleges	1. _____	2. _____	3. _____		
Counselor				Date	