

# Connect @ Cuesta

## Parents - Welcome!



# Congratulations!

*Anthony Gutierrez, Ed.D.*

*Glenda Moscoso, M.A.*

*Donna Howard, M.A.*

Cuesta College

# Welcome

- ▶ **Connect @ Cuesta is a fall welcome event for new students to Cuesta College.**
- ▶ **Connect @ Cuesta “Parent Session” aims to assist parents on the transition their students will embark on as they begin their academics at Cuesta College.**

# Topics

- ▶ Importance of parental/guardian support
- ▶ Campus Safety
- ▶ Academic Environment
- ▶ “My Cuesta” - How the student portal works
- ▶ Social Environment
- ▶ Financial Aid
- ▶ Student Health Services
- ▶ Student Support Services- (tutoring, faculty hours, support programs)
- ▶ Student Code of Conduct/Well-Being Referrals

# Cuesta's Mission

Cuesta College is an inclusive institution that inspires a diverse student population to achieve their educational goals.

We effectively support students in their efforts to improve foundational skills, transfer to four-year institutions, earn certificates or associate degrees, and advance in the workforce.

Through dynamic and challenging learning opportunities, Cuesta College improves lives by promoting cultural, intellectual, and professional growth. We prepare students to become engaged citizens in our increasingly complex communities and world.

# Cuesta College Police Department

**805-546-3205 or [ccpd@cuesta.edu](mailto:ccpd@cuesta.edu)**

- ▶ Campus Police Officers are vested with full law enforcement powers and responsibilities throughout the State of California, identical to municipal police and sheriff department.
- ▶ In addition to safety:
  - ▶ Escorts
  - ▶ Jumpstarts
  - ▶ Vehicle Unlocks
  - ▶ Parking Permits
  - ▶ Lost and Found
- ▶ Sign up at:
  - ▶ To receive emergency messages Text “[CougarAlert](#)” to **81437** or **78015** (A reply will be sent within a minute to confirm you are signed up.)
  - ▶ Free Campus Safety app - Rave Guardian app

# Importance of Parental/Guardian Support

- Parent/guardian partnership between the student, the school and family are part of the student's success.
- Parents/Guardians help their son/daughter in reaching their goals, when they:
  - ✓ Understand the student experience and are aware of the resources available on campus.
  - ✓ Know when to step in to help their student and when to empower their student to take responsibility.
  - ✓ Are aware of the unique challenges and opportunities facing today's college students, including the academic and non-academic expectations for students at the college level.
  - ✓ Learn about student support services and understand how their son/daughter can access services and encourage him/her to obtain support from appropriate resources.

# Academic Environment

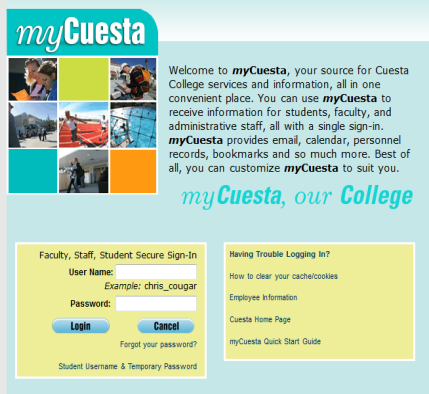
1. **FERPA (Release)**
2. Academic Counseling
3. Class Schedules
  - ▶ Example of class schedule(s)
4. Meet with faculty to discuss classes, assignments, grades, etc.
5. Student Success Centers (Tutoring/Computer Labs)
6. Transfer Center
7. Career Connections
  - ▶ Cuesta Jobs Link
8. Library Services
9. Student Health Center
10. myCuesta- Student Portal



# myCuesta

## “How it Works”

- ▶ The myCuesta student portal serves as a tool where students can access their email, register for classes, access Canvas, view student records/holds, view financial aid statuses/requirements, communicate with professors, and more.



**myCuesta**

Welcome to **myCuesta**, your source for Cuesta College services and information, all in one convenient place. You can use **myCuesta** to receive information for students, faculty, and administrative staff, all with a single sign-in. **myCuesta** provides email, calendar, personnel records, bookmarks and so much more. Best of all, you can customize **myCuesta** to suit you.

*myCuesta, our College*

Faculty, Staff, Student Secure Sign-In

User Name:  Example: chris\_cougar

Password:

Forgot your password?  
Student Username & Temporary Password

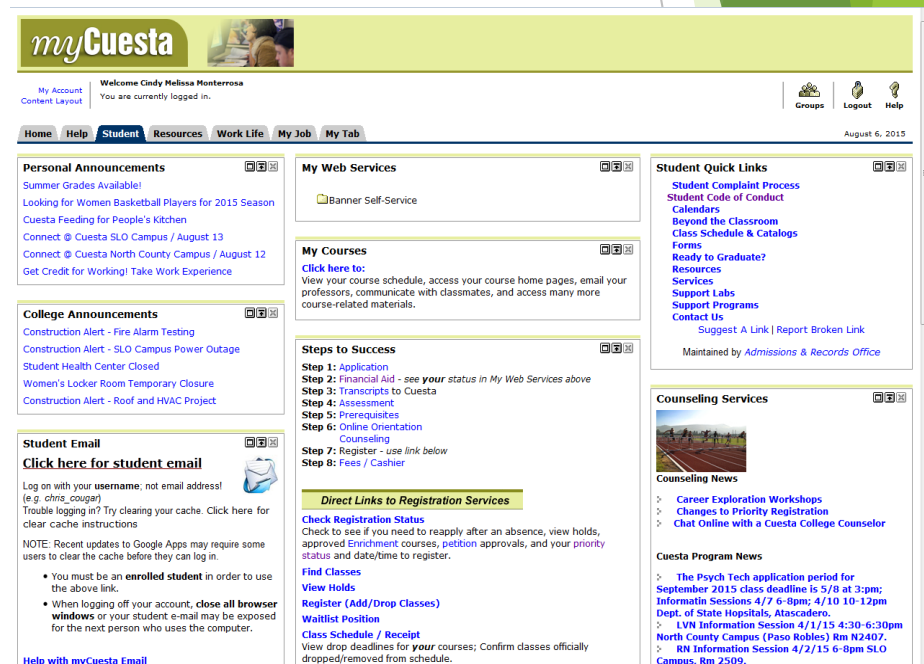
Having Trouble Logging In?

How to clear your cache/cookies

Employee Information

Cuesta Home Page

myCuesta Quick Start Guide



**myCuesta**

Welcome Cindy Melissa Monterrosa  
You are currently logged in.

My Account Content Layout

Groups Logout Help

August 6, 2015

Home Help Student Resources Work Life My Job My Tab

**Personal Announcements**

Summer Grades Available!  
Looking for Women Basketball Players for 2015 Season  
Cuesta Feeding for People's Kitchen  
Connect @ Cuesta SLO Campus / August 13  
Connect @ Cuesta North County Campus / August 12  
Get Credit for Working! Take Work Experience

**College Announcements**

Construction Alert - Fire Alarm Testing  
Construction Alert - SLO Campus Power Outage  
Student Health Center Closed  
Women's Locker Room Temporary Closure  
Construction Alert - Roof and HVAC Project

**Student Email**

**Click here for student email**

Log on with your **username**, not email address! (e.g. chris\_cougar)

Trouble logging in? Try clearing your cache. Click here for clear cache instructions

NOTE: Recent updates to Google Apps may require some users to clear the cache before they can log in.

- You must be an **enrolled student** in order to use the above link.
- When logging off your account, **close all browser windows** or your student e-mail may be exposed for the next person who uses the computer.

**My Web Services**

Banner Self-Service

**My Courses**

**Click here to:**  
View your course schedule, access your course home pages, email your professors, communicate with classmates, and access many more course-related materials.

**Steps to Success**

**Step 1:** Application  
**Step 2:** Financial Aid - see **your status** in My Web Services above  
**Step 3:** Transcripts to Cuesta  
**Step 4:** Assessment  
**Step 5:** Prerequisites  
**Step 6:** Online Orientation  
Counseling  
**Step 7:** Register - use link below  
**Step 8:** Fees / Cashier

**Direct Links to Registration Services**

**Check Registration Status**  
Check to see if you need to reapply after an absence, view holds, approved **Enrichment** courses, **petition** approvals, and your **priority status** and date/time to register.

**Find Classes**  
**View Holds**  
**Register (Add/Drop Classes)**  
**Waitlist Position**  
**Class Schedule / Receipt**  
View drop deadlines for **your** courses; Confirm classes officially dropped/removed from schedule.

**Student Quick Links**

**Student Complaint Process**  
**Student Code of Conduct**  
**Calendars**  
**Beyond the Classroom**  
**Class Schedule & Catalog**  
**Forms**  
**Ready to Graduate?**  
**Resources**  
**Services**  
**Support Labs**  
**Support Programs**  
**Contact Us**  
Suggest A Link | Report Broken Link  
Maintained by **Admissions & Records Office**

**Counseling Services**

**Counseling News**

- Career Exploration Workshops
- Changes to Priority Registration
- Chat Online with a Cuesta College Counselor

**Cuesta Program News**

- The Psych Tech application period for September 2015 class deadline is 5/8 at 3pm; Informatin Sessions 4/7 6-8pm; 4/10 10-12pm Dept. of State Hospitals, Atascadero.
- LVN Information Session 4/1/15 4:30-6:30pm North County Campus (Paso Robles) Rm N2407.
- RN Information Session 4/2/15 6-8pm SLO Campus, Rm 2509.

Help with myCuesta Email

# Social Environment

1. Student involvement on campus:
  - ▶ Sports, Clubs, Honor Societies
  - ▶ Student Government
2. Working on campus/off-campus
3. Food Pantry/Food Distribution

# Financial Aid

- **FAFSA/CADA- renews annually opens again 10/1/19 for 20-21**
- **Cuesta Promise 2 years fee free! Second year requirements apply.**
- **Cal Grant**
- **Pell Grant**
- **CCPG (California College Promise Grant) formerly known as BOG**
- **Loans**
- **Bank Mobile (where financial aid runs through)**
- **Check out our chatbot Cougie on our Financial Aid website**

# STUDENT HEALTH SERVICES

facebook.com/cuestahealthcenter

805-546-3171

Monday - Thursday 8:30 am to 4:30 pm

Tuesday 8:30 am - 6:00 pm

Friday - 9:00 am - 1:00 pm

## ▶ Mental Health Therapy

- ▶ 6 sessions/semester
- ▶ 50 minutes/session
- ▶ Appt and walk in
- ▶ Referral to private professionals

## ▶ Student Health 101

- ▶ Go to:  
StudentHealth101@  
Cuesta College
- ▶ Text: Cuesta to 40691

## ▶ Physical Health Services

- ▶ Nursing exams - short-term acute illness and minor medical issues
- ▶ Free over-the-counter medications
- ▶ Reproductive & sexual health clinic
- ▶ Nutritional peer counseling
- ▶ Blood pressure, cholesterol and glucose level checks
- ▶ TB Testing/Flu vaccines

# Student Support Services

- ▶ Academic Counseling Office
- ▶ CaFE (CalWORKs, EOPS, Foster Youth) Office
- ▶ DSPS- Disabled Student Programs and Services Office
- ▶ ESL- English as a Second Language Office
- ▶ Financial Aid Office
- ▶ Library Services/Computer Labs/Tutoring
- ▶ Student Life
- ▶ Veterans Services
- ▶ Student Health Center

# Student Code of Conduct and Well-Being Referrals

## ▶ Student Code of Conduct

- ▶ Student is provided an opportunity to dispute allegation
- ▶ SIRT Team Review
- ▶ Consequences, Referrals and Follow-up

## ▶ Well-Being Referrals

- ▶ Any concern
- ▶ Student is contacted first
- ▶ SIRT Team Review
- ▶ Referrals and Follow-Up

**Questions?**

**Cuesta College**

**[www.cuesta.edu](http://www.cuesta.edu)**

**805-546-3100**

**Or**

**Donna Howard, MA**

**Student Support Resolution  
Coordinator**

**805-546-3192**