



CUESTA
COLLEGE

COMMUNITY PROGRAMS

SPRING 2018

**Enriching The Lives Of San Luis Obispo Residents
• Since 1975 •**

**Community Education
Institute For Professional Development
Online Classes • Public Events
Recreation and Aquatics**

Register and find additional information at www.cuesta.edu/communityprograms

COMMUNITY PROGRAMS

SPRING 2018 OFFERINGS

Table of Contents

Spring 2018 Showcase.....	3	Special Focus	7
Animal Care	4	Writing and Publishing	7
Arts and Crafts.....	4	Youth and Family	7
Business and Finance	4-5	Indoor Recreation	7-8
Career Training.....	5	Outdoor Recreation	8
Computers and Technology	5	Aquatics	8
Language and Culture	5	Aqua Fitness Schedule.....	8
Music and Drama	5-6	Special Programming.....	9
Outdoors, Nature and Science.....	6	Spring Break	9
Personal Development and Wellness ...	6	Registration.....	10
Photography	6	Policies and General Info.....	11

Community Programs Office Information

www.cuesta.edu/communityprograms

San Luis Obispo Campus
Highway 1, Building 4700
San Luis Obispo, CA 93403-8106

Monday-Thursday 8am to 5pm
Closed for Lunch 12-1pm
Closed Fridays

Phone (805) 546-3132

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Superintendent/President

Gilbert Stork Ed.D.

Community Programs Staff

Sarah Hawkins – Aquatics Lead

Gaby Rangel – Program Assistant

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Wes Martin – Program Coordinator

Nanette Piña – Division Assistant

Matthew Green – Director

Community Programs is a publication of Cuesta College Community Programs and Marketing and Communications departments. Printed by Casey Printing.

Location for the Office of Community Programs!

For your registration services we are located in the 4700 building (corner of Cuesta College Rd & Chorro Valley Rd) next to the Cuesta College Children’s Center.

Campus Locations

San Luis Obispo Campus (SLO)
Highway 1
San Luis Obispo, CA 93403-8106

North County Campus (NCC)
2800 Buena Vista Drive
Paso Robles, CA 93446

South County Center (SCC)
Arroyo Grande High School
495 Valley Rd, 900 Wing, RM 913
Arroyo Grande, CA 93420

San Luis Obispo County Community College District Board of Trustees

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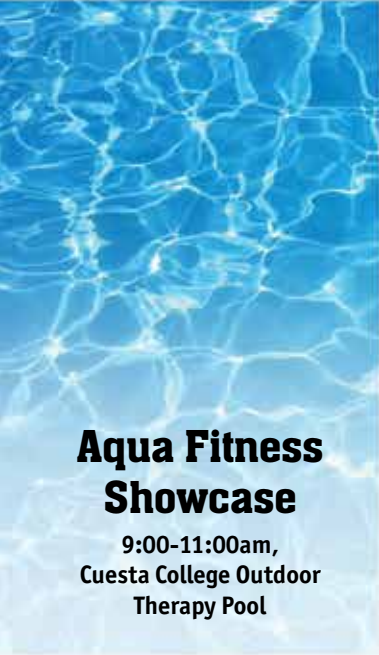
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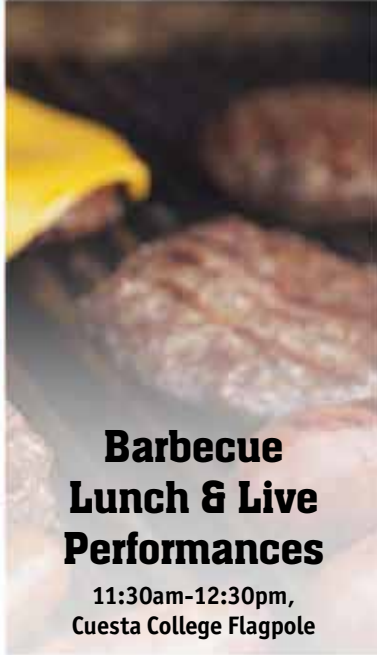
CUESTA COLLEGE COMMUNITY PROGRAMS SPRING 2018 SHOWCASE

Friday, January, 19, 2018
9:00am-3:30pm



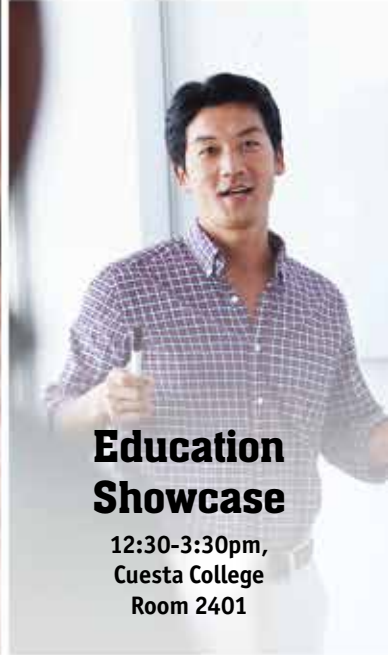
Aqua Fitness Showcase

9:00-11:00am,
Cuesta College Outdoor
Therapy Pool



Barbecue Lunch & Live Performances

11:30am-12:30pm,
Cuesta College Flagpole



Education Showcase

12:30-3:30pm,
Cuesta College
Room 2401

FREE EVENT!

Come out and connect with fellow community members while Cuesta College Community Programs showcases their instructors and programs for the spring 2018 season. Join us for coffee and snacks before starting the day exercising in our 90-degree therapy pool. After your workout, a barbecue lunch will be served while you are being serenaded by a selection of Community Programs' music groups. Following lunch, step into the classroom for a series of 15-minute mini-lessons with engaging instructors and interesting topics.

Experience hands-on lessons from instructors in the following categories: arts and crafts, business and finance, language and culture, music and drama, outdoors and nature, photography, social sciences, writing and publishing, aquatics, and recreation.

Register online to reserve your FREE spot at
www.cuesta.edu/communityprograms

Questions?: Call (805) 546-3132
or email phillip_martin@cuesta.edu and sarah_hawkins@cuesta.edu

Community Education

Animal Care

Feeding Our Dogs: Dry or Fresh Food?

\$20, 1 Sat, Feb 10, 9am-Noon
AN0901.118, SLO-RM 4730, J Harris

Arts and Crafts

Oil & Acrylic Painting

\$225, 15 Mon, Jan 22-May 14, 1-4pm
AC0901.118, SLO-RM 4720, K Doe

Screen Printing Valentine Cards

\$45 (includes materials), 1 Sat, Feb 3, 12:30-4:30pm
AC0902.118, SLO-RM 7106, M Harvey

Succulent Heart Wreath

\$15 (+ materials), 1 Tue, Feb 6, 6-8pm
AC0903.118, SLO-RM 4720, J Martin Fee

Beginner Mosaic Heart

\$20 (+ materials), 1 Sat, Feb 10, 10am-1pm
AC0904.118, SLO-RM 4720, J Martin Fee

Let's Paint a Rustic Central Coast Barn

\$69 (includes materials), 1 Mon, Feb 12, 12:30-4pm
AC0905.118, SLO-RM 4750, G Rappaport-Weiland

Woodworking Session 1

Wednesdays
\$185, 6 Wed, Feb 14-Mar 21
AC0919.118, 11:30am-2:30pm
AC0920.118, 2:30-5:30pm
AC0921.118, 5:30-8:30pm
SLO-RM 4801 75 Acres, H Zanoli
Thursdays
\$185, 6 Thu, Feb 15-Mar 22
AC0922.118, 11:30am-2:30pm
AC0923.118, 2:30-5:30pm
AC0924.118, 5:30-8:30pm
SLO-RM 4801 75 Acres, H Zanoli

Chinese Brush Painting Series

\$200, 3 Sat/3 Sun, Mar 10-May 6, 10am-4pm
AC09S1.118, OR enroll for any individual class: \$80 each
AC0906.118, Goldfish/Water Plants, **Mar 10 & 11**
AC0910.118, Panda with Bamboo, **Apr 7 & 8**
AC0913.118, Hydrangea w/Bee/Butterfly, **May 5 & 6**
SLO-RM 4720, J Harvey

Watercolor Mixed Media Succulent Sampler

\$67 (includes materials), 1 Mon, Mar 12, 12:30-4pm
AC0907.118, SLO-RM 4720, G Rappaport-Weiland

Acrylic Watercolor Style on Canvas

\$85 (includes materials), 1 Tue, Apr 17, 10am-3pm
AC0911.118, SLO-RM 4720, G Rappaport-Weiland



Expressive Figure Drawing Workshops

\$280 (includes material & model fee),
4 Wed, Mar 14-Apr 4, 12:30-4:30pm
AC09S2.118, OR enroll for any Individual class: \$80 each
AC0915.118, Gesture Drawing, **Mar 14**
AC0916.118, Marks on Paper, **Mar 21**
AC0917.118, Tonal Drawings, **Mar 28**
AC0918.118, Bring it Together, **Apr 4**
SLO-RM 4720, A Belknap Steele

Hypertufa Planters with Succulents

\$15 (+ materials), 1 Tue, Mar 20, 6-8pm
AC0908.118, SLO-RM 4720, J Martin Fee

Beginning Drawing 1: Fundamentals

\$125, 6 Fri, Apr 6-May 11, 9:30am-12:30pm
AC0909.118, SLO-RM 4750, L Le Brane

Woodworking Session 2

Wednesdays
\$185, 6 Wed, Apr 18-May 23
AC0925.118, 11:30am-2:30pm
AC0926.118, 2:30-5:30pm
AC0927.118, 5:30-8:30pm
Thursdays
\$185, 6 Thu, Apr 19-May 24
AC0928.118, 11:30am-2:30pm
AC0929.118, 2:30-5:30pm
AC0930.118, 5:30-8:30pm
SLO-RM 4801 75 Acres, H Zanoli

Sea Glass Wire Wrap Jewelry

\$15 (+ materials), 1 Tue, Apr 24, 6-8pm
AC0912.118, SLO-RM 4720, J Martin Fee

Mosaic Necklaces

\$15 (+ materials), 1 Sat, May 12, 10am-Noon
AC0914.118, SLO-RM 4720, J Martin Fee

Business and Finance

Loan Signing Specialist

\$50 (extra fees do apply – see web)
BF0901.118, 1 Thu, Jan 25, 5:30-9:30pm,
BF0911.118, 1 Fri, Apr 13, 9am-1pm,
SLO-RM 4730, Masters Academy

California Notary Public Class & Exam

\$70 (extra fees do apply – see web), 8am-4pm
BF0902.118, 1 Fri, Jan 26,
BF0909.118, 1 Thu, Apr 12,
SLO-RM 4760, Masters Academy

How to Start a Non-Profit

\$100, Feb 14-Mar 28, Self-Paced
BF0903.118, Online, L Bowman

Modern Retirement Planning (AGHS)

\$59 (includes materials), 2 Thu, Mar 8 & 15, 6-9pm
BF0904.118, Room TBD, C James

Modern Retirement Planning (NCC)

\$59 (includes materials), 2 Sat, Mar 10 & 17, 10am-1pm
BF0905.118, NCC-RM N2409, C James

Modern Retirement Planning (AGHS)

\$59 (includes materials), 2 Thu, Mar 22 & 29, 6-9pm
BF0906.118, Room TBD, C James

Modern Retirement Planning (SLO)

\$59 (includes materials), 2 Sat, Mar 24 & 31, 10am-1pm
BF0907.118, SLO-RM 4730, C James

Grant Writing Made Easy

\$100, Apr 4-May 16, Self Paced
BF0908.118, Online, L Bowman

Manage Your Own Portfolio

\$20, 1 Tue, Apr 10, 6-9pm
BF0910.118, SLO-RM 4760, P Corrigan

Retire Early & Travel Free

\$30 (+ materials), 1 Sat, May 26, 10am-1:30pm
SF0905.118, SLO-RM 4760, G Henry

Intro to Voiceovers (online)

\$49, 1 meeting, 1.5 hours, flexible schedule
Please call 805-564-3132, BF0912.118, Voices for All

Career Training

Vet Assistant & Pharmacy Tech Info Session

Free, enroll to reserve a seat, 1 Sat, Jan 20, 10am-11am
CT0901.118, SLO-RM 4750

Electronic Health Records Management

\$1,999, 26 Mtgs, Feb 20-May 3, Tue/Thu 6-9:30pm
Sat 9am-3pm, CT0906.118, SLO-RM TBD

Veterinary Assistant

\$699, 5 Sat, Feb 24-Mar 24, 9am-4:30pm
CT0902.118, SLO-RM 4750, B Mundy

Pharmacy Technician

\$2,199, 20 Sat, Feb 24-July 21, 9am-4:30pm
CT0903.118, SLO-RM 4760, G Ramirez

Dialysis Tech Program

\$999, 8 Mon/7 Wed, Mar 5-Apr 23, 6-9:30pm
CT0904.118, SLO-RM TBD

EKG Tech Program

\$999, 8 Mon/7 Wed, Mar 19-May 7, 6-9:30pm
CT0905.118, SLO-RM TBD

Older Adult Fitness Specialist Certification

\$549, 4 Wed/4 Thu, Apr 25-May 17, 6pm-9pm
FT0902.118, SLO-RM 1113 & 1200, C Minton

Computers and Technology

Bringing Your Business into the Digital Age

\$120, 3 Wed, Feb 21-Mar 7, 6-9pm
CS09S1.118, OR enroll for any Individual class: \$45 each
CS0901.118, Technology Plans & Why You Need One, **Feb 21**
CS0902.118, Digital Organization for Businesses, **Feb 28**
CS0903.118, Developing Dokuwiki Knowledgebase for
your Business, **Mar 7**
SLO-RM 4740, G Matsuura

Video Game Character Animation Design

\$50 (+ materials), 1 Sat, Mar 17, 9:30am-3pm
CS0904.118, SLO-RM 4740, R Mullikin

Websites: What Are You Getting Yourself Into?

\$120, 3 Wed, Mar 21 - Apr 4, 6-9pm
CS09S2.118, OR enroll for any Individual class: \$45 each
CS0905.118, What Goes into Building a Website, **Mar 21**
CS0906.118, Building a Positive Relationship w/ Your
Web Developer, **Mar 28**
CS0907.118, Do it Yourself Website Systems, **Apr 4**
SLO-RM 4740, G Matsuura

Intro to Video Game App Making

\$50 (+ materials), 1 Sat, Mar 24, 9:30am-3pm
CS0908.118, SLO-RM 4740, R Mullikin

Intro to App Creation for Comp/Tab/Cell Phone

\$50 (+ materials), 1 Sat, Mar 31, 9:30am-3pm
CS0909.118, SLO-RM 4740, R Mullikin

Making Interactive Fiction Video Games

\$50 (+ materials), 1 Sat, Apr 28, 9:30am-3pm
CS0910.118, SLO-RM 4740, R Mullikin

Language and Culture

Let's Speak Spanish (NCC)

\$135 (+ materials), 10 Thu, Feb 8-Apr 12, 5:15-7pm
LA0901.118, NCC-RM N5006, J Carro

Friendly Italian for Beginners (NCC)

\$135 (+ materials), 10 Thu, Feb 8-Apr 12, 7:15-9pm
LA0902.118, NCC-RM N5006, J Carro

Music and Drama

Royal Garden Swing Orchestra

\$30, 5 Sat, Jan 20-May 19, 10am-Noon
MU0901.118, SLO-RM 7160, W Balfour

SLO County Trumpet Alliance

\$35, 10 Sun, Jan 21-May 20, 11am-2pm
MU0902.118, SLO-RM 7160, W Balfour

San Luis Obispo Horn Club

\$50, 5 Sun, Jan 21-TBD, 2-4:30pm
MU0903.118, SLO-RM 7104, M Burrell

1-day Ukulele Boot Camp

\$49, 1 Sat, Jan 27, 9:30am-12:30pm
MU0927.118, SLO-RM 4760, B Schwartz

Central Coast Gilbert & Sullivan Sing-A-Long Workshop

\$5, 2 Sun/1 Sat, Jan 28-Feb 4, 3-5:30pm
MU0905.118, SLO-RM 7160, C Tarantino

African-Style Drumming

\$50 (+ materials), 4 Thu, 5:30-7pm
MU0906.118, Feb 1-22
MU0920.118, Mar 15-Apr 5
SLO-RM 7104, P Trent

Theatre Games/Improvisation

\$60, 4 Thu, Feb 1-22, 6:30-8:30pm
MU0907.118, SLO-RM 7160, B Ostrander



Intermediate Bagpipe

\$170 (+ materials), 10 Fri, Feb 2-Apr 13, 9:30-11am
MU0908.118, SLO-RM 7104, C Pearce

Beginning Steel Band

\$170 (+ materials), 13 Mon, Feb 5-May 21, 7-9pm
MU0909.118, SLO-RM 4710, P Dee

Musical Theater Vocal Workshop

\$170, 10 Tue, Feb 6-Apr 17, 6-8pm
MU0910.118, SLO-RM 7104, C Ruyle

North County Chorus (NCC)

\$98, 14 Tue, Feb 6-May 8, 7-9:30pm
MU0911.118, NCC-RM N3102 Dallon's Hall, C Tarantino

Beginning Folk Guitar

\$75, 4 Wed, Feb 7-28, 7-9pm
MU0924.118, SLO-RM 4730, P Pearson

Intermediate Steel Band

\$170 (+ materials), 13 Thu, Feb 8-May 24, 7-9pm
MU0912.118, SLO-RM 4710, P Dee

SLO Wind Orchestra

\$50, 14 mtgs, Feb 20-May 29, 7-10pm
MU0913.118, SLO-RM 7160, J Martin



Ukulele 101

\$49 (+ materials), 3 mtgs, 6:30-8pm
MU0914.118, 3 Wed, Feb 21-Mar 7
MU0922.118, 3 Mon, Apr 9-23
SLO-RM 4730, B Schwartz

Cabaret Singing and Performance

\$185, 12 Wed, Feb 28-May 16, 6:30-9:30pm
MU0915.118, SLO-RM 7104, G Crowl

Beginning Reggae & Ska Guitar

\$75, 4 Wed, Mar 7-28, 7-9pm
MU0925.118, SLO-RM 4750, P Pearson

Beginning Folk Harmonica

\$50 (inc some materials), 1 Thu, Mar 8, 6-7:30pm
MU0916.118, SLO-RM 4730, D Broida

Beginning Blues Harmonica

\$50 (inc some materials), 1 Thu, Mar 8, 7:45-9:15pm
MU0917.118, SLO-RM 4730, D Broida

Ukulele 202

\$49 (+ materials), 3 mtgs, 6:30-8pm
MU0918.118, 3 Wed, Mar 14-28
MU0923.118, 3 Mon, Apr 30-May 14
SLO-RM 4730, B Schwartz

Central Coast Gilbert and Sullivan

\$45, 32 mtgs, Thu/Sun, Mar 25-June 17, 6:30-9:30pm
MU0921.118, SLO-RM 7104, C Tarantino & M Irving

Blues Rock and Lead Guitar

\$4730, 4 Wed, Apr 4-25, 7-9pm
MU0926.118, SLO-RM 4730, P Pearson

Outdoors, Nature, and Science

Observing Birds of Prey

\$68 (includes transportation), 1 Sat, Feb 3, 8am-5pm
OD0901.118, SLO-RM 4730, S Schubert

Central Coast Natural History Hikes

\$110 (includes transportation), 3 Sat, Feb 17-Apr 14, 8am-varies
OD0950.118, OR enroll for any individual hike
\$40, OD09S1.118, Shark Inlet, **Feb 17**
\$55, OD09S2.118, E.Cuesta Ridge/Sta Lucia Mtns, **Mar 17**
\$40, OD09S3.118, Cuesta Ridge Botanical Area, **Apr 14**
SLO-RM 4730 (meet for lecture before hike), S Schubert

Bats of California's Central Coast (NCC)

\$75 (includes materials), 4 Tue, Mar 6-27, 6-8pm
OD0902.118, NCC-RM N5003, B Haas

Birding the Morro Bay Estuary

\$65 (includes transportation), 1 Sat, Mar 10, 8am-4pm
OD0904.118, SLO-RM 4730, S Schubert

Natural History of the Carrizo Plain

\$92 (includes transportation), 1 Sat, Mar 24, 8am-9pm
OD0903.118, SLO-RM 4730, S Schubert

Personal Development and Wellness

Intro to Next Level Probiotics

\$125 (includes materials), 3 Sun, Feb 11-Apr 8, 2-4:30pm
PD09S0.118, OR enroll for any individual class: \$50 each
PD09S1.118, Water Kefir Probiotic Tonics, **Feb 11**
PD09S2.118, "Next Level" Kombucha Probiotic Elixirs, **Mar 11**
PD09S3.118, The Legendary Jun Probiotic, **Apr 15**
SLO Creek Farms, A Gable

Meditation for Beginners

\$24, 1 Sat, Feb 17, 10am-Noon
PD0901.118, SLO-RM 4730, E Hartman

Working with and Parenting the Challenging Child

\$60, 4 Wed, Feb 21-Mar 14, 5:30-7pm
PD0902.118, SLO-RM 4720, R McMillan

The Joy Workshop

\$20, 1 Sat, Feb 24, 1-3:30pm
PD0903.118, SLO-RM 3313, C Coffey

Meditation for Stress Reduction

\$50, 4 Tue, Mar 6-Mar 27, 6-7:30pm
PD0904.118, SLO-RM 3311, E Hartman



Who Am I in Retirement

\$49, 1 Sat, Mar 24, 9am-Noon
PD0905.118, SLO-RM 4720, M Wycoff

The Creative Woman: Living Alone as a Senior

\$49, 1 Sat, Apr 14, 9am-Noon
PD0906.118, SLO-RM 4720, M Wycoff

Photography

Beyond Snapshots: Develop Your Creative Vision (NCC)

\$55, 3 Tue/1 Sat, Feb 27-Mar 13, 6-8pm
PH0901.118, NCC-RM N5006, K Drager

Beyond Snapshots: Develop Your Creative Vision (SLO)

\$55, 3 Mon/1 Sat, Mar 5-19, 6-8pm
PH0902.118, SLO-RM 4750, K Drager

Hands-On Digital Photography for Adults

\$75, 6 Wed, Mar 21-Apr 25, 6-8pm
PH0903.118, SLO-RM 4760, C Dinunzio

Manual Digital Photography for Adults

\$55, 4 Wed, May 2-23, 6-8pm
PH0904.118, SLO-RM 4760, C Dinunzio

Special Focus

We Sold our Democracy - We Can Buy it Back!

\$60, 4 Tue, Jan 30-Feb 20, 6:30-8:30pm
SF0901.118, SLO-RM 4760, B Ostrander

Harry Potter for Adults

\$50, 4 Tue, Feb 27-Mar 20, 6:30-8pm
SF0902.118, SLO-RM 4730, A Lorenzen

Argument 101: Saturday Seminar

\$25, 1 Sat, Apr 14, 10am-12:30pm
SF0903.118, SLO-RM 4730, A Lorenzen

Argument 101: How to Argue with Anyone

\$50, 4 Tue, Apr 24-May 15, 6:30-8pm
SF0904.118, SLO-RM 4730, A Lorenzen

Writing and Publishing

Intro-Screenwriting for TV and Movies

\$20 (+ materials), 1 Thu, Feb 22, 4-5pm
WR0901.118, SLO-RM 4730, L Krusemark

Meet the Publisher: Get Your Manuscript Critiqued

\$20 (+ materials), 1 Thu, Feb 22, 5-6pm
WR0902.118, SLO-RM 4730, L Krusemark

Writing for Online Blogs, Magazines, & Websites

\$20 (+ materials), 1 Thu, Feb 22, 6-7pm
WR0903.118, SLO-RM 4730, L Krusemark

Beginners Guide to Getting Published

\$40 (+ materials), 1 Thu, Feb 22, 7-9pm
WR0904.118, SLO-RM 4730, L Krusemark

Explore 50 Different Self-Publishing Options

\$20 (+ materials), 1 Thu, Feb 22, 9-10pm
WR0905.118, SLO-RM 4730, L Krusemark

The Art of Remembering: Memoir & Autobiography

\$60, 1 Sat, Mar 3, 10am-4pm
WR0906.118, SLO-RM 4730, A Luskey-Barth

Cartooning with a Raytoons Cartoonist

\$50 (+ materials), 1 Sat, Apr 7, 9:30am-3pm
WR0907.118, SLO-RM 3312, R Mullikin

Publishing Your Book or Comic

\$50 (+ materials), 1 Sat, Apr 14, 9:30am-3pm
WR0908.118, SLO-RM 4740, R Mullikin

Comic Strip Making

\$50 (+ materials), 1 Sat, Apr 21, 9:30am-3pm
WR0909.118, SLO-RM 4740, R Mullikin

Youth and Family

Chemical Magic: Microscopes, Rocks & Minerals (Ages 6-11)

\$180 (includes materials), Tue-Fri, Apr 3-6,
8:30am-12:15pm
YF0901.118, SLO-RM 4750, N Schulman

3D Illumination Electronics (Ages 6-11)

\$180 (includes materials), Tue-Fri, Apr 3-6,
12:45-4:30pm
YF0902.118, SLO-RM 4750, N Schulman

Community Recreation

Indoor Recreation

Optimum Basketball: Elite Shooting Clinic

\$30, 1 Thu, Jan 4, 6-9pm
BK0901.118, SLO-GYM 1400, A Raj & C Blair

Optimum Basketball: Elite Ball Handling Clinic

\$30, 1 Thu, Jan 11, 6-9pm
BK0902.118, SLO-GYM 1400, A Raj & C Blair

Muscle Conditioning

\$200, 20 Tue/20 Thu, Jan 16-May 31, 3:15-4:15pm
FT0901.118, SLO-RM 1200, A Goughnour

Historic European Martial Arts (HEMA) Workshops

\$200, 4 Sat, Feb 3-May 5, 10am-2pm
HEMAS0.118 OR enroll for any individual workshop: \$60 each

HEMAS1.118, **Feb 3:** HEMA: An Overview

HEMAS2.118, **Mar 3:** Longsword

HEMAS3.118, **Apr 7:** Smallsword

HEMAS4.118, **May 5:** Tomahawk and Knife

SLO-RM 1105, A Toberer

HEMA Dagger/Knife Defense

\$135, 9 Wed, Mar 28-May 23, 6-7pm
HEMA05.118, SLO-RM 1105, A Toberer

HEMA German Long Sword I

\$270, 18 Tue, Jan 23-May 22, 6-7pm
HEMA01.118, SLO-RM 1105, A Toberer

HEMA German Long Sword II

\$270, 18 Tue, Jan 23-May 22, 7-8pm
HEMA02.118, SLO-RM 1105, A Toberer

HEMA Italian Unarmed Combat

\$135, 9 Wed, Jan 24-Mar 21, 6-7pm
HEMA03.118, SLO-RM 1105, A Toberer

HEMA Singlestick

\$270, 18 Wed, Jan 24-May 23, 7-8pm
HEMA04.118, SLO-RM 1105, A Toberer

Optimum Basketball: Elite Clinics

Drop-ins open \$20/day or enroll for a 6 mtg session

\$100, BK0903.118, Feb 5-Mar 7, 6:30-8pm

\$100, BK0904.118, Mar 12-28, 6:30-8pm

\$100, BK0905.118, Apr 9-25, 6:30-8pm

\$100, BK0906.118, Apr 30-May 16, 6:30-8pm

Drop in only \$20: May 21, 23, 28, 30

SLO-GYM 1400, A Raj & C Blair

Youth Open Run

\$10 drop in at the door, 14 Fri

Feb: 9, 16

Mar: 9, 16, 23, 30

Apr: 6, 13, 20, 27

May: 4, 11, 18, 25

SLO-GYM 1400, A Raj & C Blair

Krav Maga Self Defense

\$20, FTSD01.118, 1 Sat, Feb 10, Noon-2pm

\$20, FTSD02.118, 1 Sat, Apr 14, Noon-2pm

SLO-RM 1105, N Zimmerman

Beginning Social Cha Cha

\$55, 5 Thu, Feb 15-Mar 15, 7:00-8pm
DA0901.118, SLO-RM 1105, S Fortino

Intermediate Jazz Dance

\$55, 5 Mon, Feb 26-Mar 26, 6:00-7pm
DA0902.118, SLO-RM 1105, V Bouchillon

Beginning Ballroom Tango

\$55, 5 Thu, Mar 22-Apr 19, 7:00-8pm
DA0903.118, SLO-RM 1105, S Fortino

Cuesta College Hoop Camp

\$80, Tue-Thu, Apr 3-5, 1-4pm
HOOP01.118, SLO-GYM 1400, A Raj & C Blair

Older Adult Fitness Certification

\$549, 4 Wed/4 Thu, Apr 25-May 17, 6-9pm
FT0902.118, SLO-RM 1113 & 1200, C Minton

Outdoor Recreation

Central Coast Natural History Hikes

\$110 (includes transportation), 3 Sat, Feb 17-Apr 14,
8am-varies

OD09S0.118, OR enroll for any individual hike

\$40, OD09S1.118, Shark Inlet, **Feb 17**

\$55, OD09S2.118, E. Cuesta Ridge/Sta Lucia Mtns, **Mar 17**

\$40, OD09S3.118, Cuesta Ridge Botanical Area, **Apr 14**
SLO-RM 4730 (meet for lecture before hike), S Schubert

Sailing

\$350, 2 Sat/2 Sun, 9am-1pm
Dates TBD, Avila Beach, E Duffy

Youth Aquatics

Gnarly Gnarwhals

Recreational aquatics programs for youth ages 8-16 or
Level 4+. \$90 10-admit booklet, \$10 drop-in

Diving

\$210, Tue/Thu, Jan 16-Apr 24, 6:30-7:30pm
CPDV00.118, Diving Well, H Smith

Swim Team

\$210, Mon/Wed, Jan 17-Apr 25, 6-7pm
CPSWIM.118, Deep End of Large Pool, S Schoennauer

Jr. Water Polo

\$210, Mon/Wed, Jan 17-Apr 25, 7-8pm
CPSJP1.118, Deep End of Large Pool S Schoennauer

Family S.P.L.A.S.H.

\$5/person or \$20 for 5 admits, 4:30-6:30pm
Fri, Jan 19-Apr 27 (see website for exact dates), Cuesta
Pool

Swim Lessons

\$100 private, \$80 semi-private, \$36 group lesson*

(*classes with off dates are prorated)

Session 1: Feb 5-Mar 2 (no class 2/16, 2/19)

Session 2: Mar 5-30 (no class 3/9)

Session 3: Apr 9-27 (no class 4/18)

4:30-5:10pm, 5:10-5:50pm, or 5:50-6:30pm

Aquatics

Masters Water Polo

\$5 Drop in, \$20 5-Admit Book, \$80 Season Pass
20 Mon/Wed, Jan 17-Apr 25, 6:30-8:00pm

No Play: 2/19, 4/2, 4/4

Breast Cancer Awareness

Water Polo Tournament

Benefiting French Hospital, Sat Feb 24, 9am
\$40 per player, includes tri-tip dinner

Adapted Aquatics

Mon/Wed, 11am-noon

ADAQ01.118, Feb 5-28, No Class 2/19, \$105

ADAQ02.118, Mar 5-28, \$120

ADAQ03.118, Apr 9-25, \$90

Warm Pool, S Hawkins

Lifeguard Certification (American Red Cross)

\$200, Sat and Sun, 9am-7pm

LGTR02.118, Mar 17 & 18

LGTR03.118, Apr 21 & 22

Cuesta Pools, S Hawkins

Lap Swim

Jan 16-Apr 27

\$150 season pass, \$36 for 10-admit booklet,
or \$4 daily drop-in

Morning

MWF - 5:30-8:30am, TuTh - 6:00-7:30am

Afternoon

M-Th - 11:00am-1:00pm

Evening

MW - 4:30-8:00, TuTh - 4:30-7:30pm, F - 4:30-6:30

Lap Swim will be unavailable on the following dates and times:

Feb 16 - all day

Apr 3 - all day

Feb 19 - all day

Apr 4 - all day

Mar 8 - 11:00am -

Apr 5 - all day

1:00pm; 4:30-7:30pm

Apr 6 - all day

Mar 9 - all day

Apr 18 - all day

Apr 2 - all day

Aqua Fitness

Classes run January 16th - April 27th, 2018

All classes can be started at any point in the spring
season. Call 805-546-3132 for more information

Drop-Ins are available for \$7 per class or purchase 10

Drop-In Tickets for \$60.

Monday/Wednesday/Friday Mornings

\$200, Warm Pool, (No Class 2/16, 2/19, 3/9, 4/2)

AF0700.118 7:00am **Aqua Fit** Holley

AF0800.118 8:00am **Aqua Kinetics** Holley

\$195, Warm Pool, (No Class 1/19, 2/16, 2/19, 3/9, 4/2)

AF0900.118 9:00am **Aqua Core** Holley

AF0100.118 10:00am **Aqua Fusion** Holley

Monday/Wednesday Afternoons

\$130, Warm Pool, (No Class 2/19, 4/2, 4/18)

AF0430.118 4:30pm **Aqua Aerobics** Goughnour

AF0530.118 5:30pm **Aqua Aerobics** Goughnour

\$125, Shallow End of Large Pool, (No Class 2/19, 4/2, 4/4, 4/18)

AF0435.118 4:30pm **Aqua Aerobics** Goughnour

AF0535.118 5:30pm **Aqua Aerobics** Goughnour

Tuesday/Thursday Mornings

\$150, Warm Pool

AF070T.118 7:00am **Aqua Fit** Goughnour

AF080T.118 8:00am **Aqua Aerobics** Goughnour

AF09TP.118 9:00am **Aqua Pilates Yoga** Holley

AF01TC.118 10:00am **Aqua Ai Chi** Holley

Tuesday/Thursday Afternoons

\$150, Warm Pool

AF043T.118 4:30pm **Aqua Aerobics** Goughnour

AF053T.118 5:30pm **Aqua Aerobics** Goughnour

\$135 Shallow End of Large Pool (No Class: 3/8, 4/3, 4/5)

AF43TS.118 4:30pm **Aqua Aerobics** Goughnour

AF53TS.118 5:30pm **Aqua Aerobics** Goughnour

Save the Date

31st Annual College for Kids

Session I:

June 18 – July 5, 2018
(Mon-Thu; no class July 4)

Session II:

July 9 – 25, 2018
(Mon-Thu; no class July 26)



Sciensational Workshops for Kids

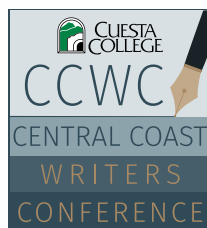
July 30 – August 2, 2018, San Luis Obispo Campus
August 6 – 9, 2018, North County Campus
Model Airplanes – Bridge Building – Electronic Gadgets (Ages 7-12)
Electronic Lab (Ages 7-12)

34th Annual Central Coast Writers Conference

September 27 – 29, 2018

Early bird Registration Now Open

Meet face to face with editors, publishers, agents, and best-selling authors.



Spring Break 2018

Chemical Magic: Microscopes, Rocks & Minerals (Ages 6-11)

\$180 (includes materials), Tue-Fri, Apr 3-6,
8:30am-12:15pm
YF0901.118, SLO-RM 4750, N Schulman



3D Illumination Electronics (Ages 6-11)

\$180 (includes materials), Tue-Fri, Apr 3-6,
12:45-4:30pm
YF0902.118, SLO-RM 4750, N Schulman



Cartooning with a Raytoons Cartoonist

\$50 (+ materials), 1 Sat, Apr 7, 9:30am-3pm
WR0907.118, SLO-RM 3312, R Mullikin

Spring Break at the Pool:

Join us at the Cuesta College pool for some fun in the sun during spring break!

Lifeguard Training • Lap Swimming • Family SPLASH

More details coming soon!

Registration Information for Community Programs Classes and Activities

Name of Payee _____ D.O.B. _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Evening Phone _____

Fax _____ E-mail _____

Emergency Contact _____ Emergency Phone _____

Payment Information

Check/Money Order # _____

Visa/MC/Discover/Amex # _____

Expiration Date _____

Name as it appears on card _____

COURSE/EVENT NAME	COURSE/EVENT#	DAY, DATE & TIME	FEE
Participant Name _____			
<input type="checkbox"/> Male <input type="checkbox"/> Female Birth Date (Required) _____			
<div style="text-align: right;">Parking: Semester Pass \$30</div> Daily Pass(quantity) _____ @ \$2 each			
Total			

FOR OFFICE USE ONLY: Date _____ Registrar _____ Parking Permit # _____

Pass # _____

ACKNOWLEDGMENT & ASSUMPTION OF POTENTIAL RISK

I understand and acknowledge: **(a)** that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate, **(b)** that in order to participate in these activities, I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities, **(c)** that the college, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by me which is incident to and/or associated with preparing for and/or participating in the activity(ies), **(d)** that I am responsible for my own transportation to and from the activity(ies) and the college assumes no liability for loss or injury resulting from my transportation and **(e)** that photos and/or videos of me and/or my child's participation in these activities may be taken for the sole purpose of assisting in the instruction and/or for the promotion of future programs. I have no known medical condition which may pose a risk to the health and safety of me or others by participating in the registered activity(ies).

Participant's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____
(if under age 18)

Community Programs Policies and General Info

Office Hours

Monday–Thursday, 8am–5pm

Lunch: 12–1pm daily

Closed all Fridays and holidays.

Enrollment:

Registration is accepted on a first-come, first-served basis. Online, mail-in and fax registration begin as soon as you receive this brochure. Students 16 years and older may enroll in adult education/recreation classes.

Pre-registration is recommended as all classes/activities and events have enrollment requirements.

Registration:

Registering online; detailed instructions are provided under ActiveNet Instructions and via our website; staff is always available to help you. Maps and information specific to your class are also available online. If you register by mail or fax, a receipt will be emailed/mailed to you. Please allow one week for delivery. Please remember that with mail or fax registration requests online has 1st come 1st processed advantage. Register early and, we suggest the online component to guarantee your registration in a desired class or classes.

Refund/Transfers:

- Please take care in selecting classes to avoid refund and transfer fees.
- If you cannot attend a class for which you are registered, a written request must be received in the Community Programs office 5 business days before the activity begins. The refund, minus a \$10 processing fee per class, will be issued within 3–4 weeks.
- A transfer from one class/event to another is available for a \$5 transfer fee.
- Refunds are not available for Public Events or online classes.

Canceled Classes:

Advance registration is recommended to avoid canceled classes; however, if a class/activity/ event enrollment minimums are not met, the class may be canceled. Registered students will be notified in advance and have the fees transferred to another class at no charge or choose to receive a full refund.

Senior Discounts:

Adult 62 years and older receive a 10% discount on classes/activity automatically if a birth date is provided. Some classes/activities/events by design are not applicable for this discount (payment plans, special pricing, online courses, Public Events) and discounts cannot be combined.

Parking:

- Cuesta College Parking permits are required for all vehicles parked on the North County and San Luis Obispo campuses - Monday-Saturday, 5am-10pm, whenever the District is in session.
- \$2 daily permits are available from the Community Programs Office for all Community Programs patrons.
- Daily parking permit machines are also available in all paved lots.
- As a registered Community patron, you may purchase a Spring semester permit for \$30 from the Community Programs Office via online, mail, FAX, phone or walk-in. The Spring semester permit is valid from Jan 22 - May 18. Semester permits are available by pick up only in the 4700 Building. Parking permits will not be mailed.

Online Registration Directions

Find your class on

www.cuesta.edu/communityprograms

Click “Register Online”

Click “Add to my Cart”

New Users

Click “create new account” & enter information

Returning Customers

Enter email login & password

Select Participant

“Proceed to Shopping Cart”

Or add additional participant and/or activity.

Review Information and “Proceed to Checkout”.

Review Waivers and Click “Next”

Enter Payment Information

View Receipt & Print for Your Records



FREE EVENT!

CUESTA COLLEGE COMMUNITY PROGRAMS SPRING 2018 SHOWCASE

Friday, January, 19, 2018
9:00am-3:30pm

Aqua Fitness Showcase

9:00-11:00am, Cuesta College Outdoor Therapy Pool

Barbecue Lunch & Live

Performances

11:30am-12:30pm, Cuesta College Flagpole

Education Showcase

12:30-3:30pm, Cuesta College Room 2401

See page 3 for details!

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September 27-29, 2018

Early bird registration now open. Meet face to face with editors, publishers, agents, and best-selling authors.



Want to teach a class?

Go online and submit a Course Proposal Form. See our Instructor Resources page at cuesta.edu/communityprograms/office-information



CUESTA
COLLEGE

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