Community Education - College for Kids
Institute for Professional Development
Public Events - Writer’s Conference
Online Classes - Recreation & Aquatics

Enriching the lives of San Luis Obispo County Residents since 1975

LIFELONG LEARNING IN ACTION
A Bold and Beautiful Summer 2014!

Community Programs is excited about the upcoming programming we have in store for you!

College for Kids has wonderful new variety of classes adding Repurpose, Reuse & Recycle, Creative Snacking, Digital Art Effects, Outdoor Games, Screenwriting for Kids, Backyard Biology and Critter Care to our ever popular Bake & Decorate, Kids in Business, Fencing and Sand Volleyball classes.

Have your children participate in our Swim Lesson program to learn, improve and enhance their swimming ability and maintain their safety in the water environment.

Community Education and Recreation has a variety of classes, activities and events for our adult learners to enjoy. Aqua Fitness, Lap Swimming and Gentle Yoga for Seniors to Introduction to Family Nutrition, Wet & Wild Watercolor Workshops, and Get to Grips with your Digital SLR Camera.

Come and celebrate our EXCITING Summer with our inviting and accessible environment and enjoy some sun and fun with us!

YOUR Community Programs Staff, Matthew, Kirk, Nanette, Wes, and Gaby!

NOTE: Class Schedule – Subject to Change

Cuesta College Community Programs has made every reasonable effort to determine that this activity brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice by the Community Programs administration for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the College.

The Mission of Cuesta College Community Programs is to provide a comprehensive source for lifelong learning, vocational education, recreational opportunities and cultural development where community members may pursue their potential in an inviting, accessible environment. The programs and classes are fee-based and do not receive tax support or college credit.

Community Education classes and activities are for information and enjoyment; they do not necessarily reflect the views or policies of Cuesta College or the San Luis Obispo Community College District. Classes offering medical and legal content are for general informational use and are not meant to provide financial, legal or medical advice for any specific circumstance.
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Legend
North County and Off Campus class locations are designated by color
SLO=San Luis Obispo Campus
Highway 1, San Luis Obispo
NCC=North County Campus
2800 Buena Vista Drive, Paso Robles

Location for the Office of Community Programs!
For your registration services we are located in the 4700 building (corner of Cuesta College Rd & Chorro Valley Rd) next to the Cuesta College Children’s Center.
2-20 minute parking spots available for easy walk-in registration!
Daily Parking Permit Machines available in each paved lot!

College for Kids
Children entering 5-9th grades
pages 6-11

4th Grade Camp
Children entering 4th grade
page 12

Swim Lessons - all ages!
pages 15-16

FREE Swim Lesson Placement Testing  Sign up early!

Family Fun Swim page 13
ARTS AND CRAFTS

Beginning and Intermediate Pottery
$185, 8 Wed., Apr 16-Jun 4, 11am-12:30pm
AC0910.114, Anam-Cre’ Pottery Studio
570 Higuera St, SLO, S Sullivan

Basic Jewelry Wire Wrapping
$65, 1 Sat, May 3, 9am-3pm
AC0901.114, SLO-RM 4720, L Yamaguchi

Wet & Wild Watercolor Workshops
$116, 4 Tues., May 20-Jun 10, 1-4pm
AC0804.214, SLO-RM 4720, D Manseau

Oil & Acrylic Painting
$128, 8 Mon, Jun 16-Aug 4, 1-4pm
AC0802.214, SLO-RM 7160, K Doe

Suminagashi (Japanese Paper Marbling)
$52, 1 Sat, Jun 7, 10am-4pm
AC0803.214, SLO-RM 4720, J Harvey

Watercolor Picnic: Intro Plein-Air Painting
$116, 4 Wed., Jun 11-Jul 2, 1-4pm
AC0805.214, SLO-RM 4720 & Scenic Locations
D Manseau

BUSINESS AND FINANCE

California Notary Public Workshop & Exam
$70, 1 Fri., May 30, 7:30am-4pm
BF0805.214, SLO-RM 4760

Masters Notary Academy

ONLINE Project Management Fundamentals
$49, self paced, call for more info, E Valentine

ONLINE Exploring Islamic Finance
$129, 6 Tues., 5:30-6:30pm
Apr 15-May 20, BF0916.114
Jun 24-Jul 29, BF0801.214, J Spiers

ONLINE Exporting Food as a Small Business
$99, 4 Tues., 1-2pm,
Apr 15-May 6, BF0917.114
Jun 24-Jul 15, BF0804.214, J Spiers

ONLINE Go Back to College as the Instructor
$79, 6 Weds, 6:30-8pm
Apr 15-May 20, BF0919.114
Jun 24-Jul 29, BF0803.214, J Spiers

ONLINE Import Export Now
$97, 9 Wed, 6-8pm
Apr 16-Jun 11, BF0918.114
Jun 25-Aug 20, BF0802.214, J Spiers

COOKING AND NUTRITION

Spring Cleanse
$64, 3 Tue., Apr 22-May 6, 11am-1:30pm
CK0901.114
Garden Farms 17100 Walnut, Atascadero
M Forbes

NEW Intro to Family Nutrition
$30, 1 Wed., Apr 16, 6-8pm
PD0907.114, SLO-RM 4750, C Schaffer

PHOTOGRAPHY

NEW Get to Grips with your Digital SLR Camera
$85, 6 Wed., Jun 4-Jul 9, 6-8pm
PH0801.214, SLO-RM 4760, C Dinunzio

SCIENCE

NEW Looking at the Stars
Introduction to Astronomy
$85, 6 Thurs., 5:30-7pm
SC0801.214, May 1- Jun 5, NCC-RM 5003
SC0802.214, Jul 10-Aug 14, NCC-RM 5003
J Carro

YOUTH AND FAMILY

Natural A’s
$37, 1 Sat., May 3, 9am-12pm
YF0901.114, SLO-RM 4760, C Adney
30th ANNIVERSARY CENTRAL COAST WRITERS CONFERENCE, Sept. 19-20, 2014

2014 Keynote Presenter
Anne Perry/International Bestselling Historical Novelist
Anne’s publishing career began with The Cater Street Hangman. Published in 1979, this was the first book in the series to feature the Victorian policeman Thomas Pitt and his well-born wife Charlotte. It was filmed and broadcast on ITV featuring a young Keely Hawes. This is arguably the longest sustained crime series by a living writer. Midnight at Marble Arch is the latest in the series, appeared in the New York Times Bestsellers list.

The Times selected her as one of the 20th Century’s "100 Masters of Crime"

Readers and Writers: Make sure you are on the Mailing List, Email Blast List, and Follow us on https://www.facebook.com/#!/CentralCoastWritersConference

NEW Summer Jazz Workshop
$250, Mon-Thurs.
Jul 7-10; 8:30-12:30
SLO-Location TBA

SCIENSATIONAL CAMPS

Crime Scene Investigation
$175, 1 Mon-Thurs., Jun 16-19
8:30am-12pm
SLO-Location TBA

NEW Creative Engineering
$175, 1 Mon-Thurs., Aug 4-7
8:30am-12pm
SLO-Location TBA
SAN LUIS OBISPO CAMPUS CLASSES
College for Kids provides an enriching opportunity during the Summer for students entering the 5th through 9th grades in the Fall of 2013. The varied curriculum is designed to meet the needs of younger students who are eager to explore subjects in a fun and educational environment.

- Students must be enrolled in consecutive classes during their time on campus. Breaks between classes are not allowed.
- Students ARE NOT SUPERVISED on campus between classes.
- Classes are not remedial in nature. Students with special needs must contact the Community Programs Coordinator before registering for classes at 546-3132.
- Classes are scheduled to allow 10 minutes travel time to the next class.
- Since rooms are scheduled throughout the campus, please check schedule for room locations. Your student may have a bit of a distance to travel between classes. Additionally, bicycles, skateboards, in-line skates, scooters, and any other human powered mechanical transportation devices are not allowed on campus in accordance with Section 2113 of the State of California vehicle Code and the policies and regulations of Cuesta College.

**BUSINESS AND FINANCE**

- **Kids in Business – Sessions 1 & 2**
  - $85, SLO-RM 4710 (Ses I) RM 4760 (Ses II), C Chilman

**COMPUTERS**

- **NEW 2 D Animation - Sessions 1 & 2**
  - $85, SLO-RM 4740, R Mullikin
- **Computer Literacy - Sessions 1 & 2**
  - $85, SLO-RM 4740, A Nye
- **NEW Digital Art Effects - Sessions 1 & 2**
  - $85, SLO-RM 4740, A Nye
- **NEW Digital Scrap Booking - Sessions 1 & 2**
  - $85, SLO-RM 4740, A Nye
- **NEW Open Computer Lab - Sessions 1 & 2**
  - $80, SLO-RM 4740, Å Nye
- **Video Game Creation - Sessions 1 & 2**
  - $85, SLO-RM 4740, R Mullikin
- **Web Design - Sessions 1 & 2**
  - $160, SLO-RM 4740, A Nye

**COOKING AND NUTRITION**

- **Bake & Decorate - Sessions 1 & 2**
  - $80, SLO-RM 4750, K Poland
- **NEW Creative Snacking - Sessions 1 & 2**
  - $90, SLO-RM 4720, J Andrews-Scott
- **Food of the World Sessions 1 & 2**
  - $185, SLO-RM 4720, D Vertrees
- **NEW Slammin' Sammies - Sessions 1 & 2**
  - $185, SLO-RM 4720, D Vertrees
- **The Appetizer Tray - Sessions 1 & 2**
  - $185, SLO-RM 4720, D Vertrees

**ARTS & CRAFTS**

- **3-D Drawing - Session 1**
  - $80, SLO-RM 4750, R Meinke
- **Cartooning and Comic Book Creation Sessions 1 & 2**
  - $80, SLO-RM 4730, R Mullikin
- **Claymation & Stop Motion Studio Sessions 1 & 2**
  - $170, SLO-RM 4730, R Mullikin
- **NEW Creating Textiles - Session 1**
  - $95, SLO-RM 4730, R Meinke
- **Creative Crafting - Sessions 1 & 2**
  - $90, SLO-RM 4730, D Vertrees
- **Exploring Printmaking - Session 1**
  - $90, SLO-RM 4740, R Meinke
- **Fabric Collage and Design - Sessions 1 & 2**
  - $90, SLO-RM 4750, R Townsend
- **Papier Maché Sculptures - Sessions 1 & 2**
  - $165, SLO-RM 7106, R Townsend
- **NEW Repurpose, Reuse, Recycle - Ses 1 & 2**
  - $80, SLO-RM 4750, L Wilson
LANGUAGES

**Fun with the Spanish Language**
Sessions 1 & 2
$80, SLO-RM 4760 (Ses I), SLO-RM 4750 (Ses II), B Garnica

**MUSIC AND PERFORMANCE**

**Clowning Around - Sessions 1 & 2**
$90, SLO-RM 4750, S Volpa

**Glee Club Live - Sessions 1 & 2**
$160, SLO-RM 7160, L Wilson

**Improv Comedy - Sessions 1 & 2**
$80, SLO-RM 4750, S Volpa

**PE ACTIVITIES**

**Basketball - Sessions 1 & 2**
$80, SLO-Gym, J Carmichael

**Fencing - Session 2**
$80, SLO-Gym, E McDonald

**Non-Traditional Field Sports - Sessions 1 & 2**
$80, SLO-Field, J Carmichael

**NEW Outdoor Games - Sessions 1 & 2**
$80, SLO-Field, K St. Clair

**Sand Volleyball - Sessions 1 & 2**
$80, SLO-Sand Volleyball Courts, J Carmichael

**Soccer - Sessions 1 & 2**
$80, SLO-Soccer Field, J Carmichael

**Swim Fitness - Sessions 1 & 2**
$80, Deep End of Large Pool, S McCrary

**Youth Track and Field - Sessions 1 & 2**
$80, Track & Field, B Locher

**PHOTOGRAPHY**

**Fun with Digital Photography**
Sessions 1 & 2
$155, SLO-RM 4760, C Dinunzio

**READING, WRITING AND THINKING**

**Argument 101 - Session 1**
(6th-9th graders only)
$80, SLO-RM 3309, A Lorenzen

**Argument 201 - Session 2**
(6th-9th graders only)
$80, SLO-RM 4710, A Lorenzen

**Creative Writing - Sessions 1 & 2**
$155, SLO-RM 3309, C Cantrell

**Hogwarts, Olympians & Titans - Session 1**
$80, SLO RM 3309, A Lorenzen

**NEW Screenwriting for Kids - Ses 1 & 2**
$160, SLO-RM 4760, R Barros

**SCIENCE**

**Astronomy and Mythology - Sessions 1 & 2**
$80, SLO-RM 4710, K Poland

**NEW Backyard Biology - Session 2**
$160, SLO-RM 4760, H Price

**NEW Critter Care 101 - Sessions 1 & 2**
$160, SLO-RM 4710, C Gontero

**NEW Critter Care 201 - Session 2**
$160, SLO-RM 4710, C Gontero

**Exploring Life on Planet Earth**
Session 1 & 2
$80, SLO-RM 4710, K Poland

**Exploring Marine Biology - Session 2**
$80, SLO-RM 4730, H Price

**NEW Jr. Gardener Certification - Ses 1 & 2**
$90, SLO-RM 4750, J Andrews-Scott

**SHOP**

**Beginning Welding - Sessions 1 & 2**
$195, SLO-RM 4209, K Fontes

**Welding - Sessions 1 & 2**
$195, SLO-RM 4209, K Fontes

**Beginning Woodworking - Sessions 1 & 2**
$195, SLO-RM 4602, H Zanoli

**Woodworking - Sessions 1 & 2**
$195, SLO-RM 4602, H Zanoli

**SPECIAL FOCUS**

**NEW Exploring Criminal Justice - Ses 1 & 2**
$80, SLO-RM 4760, S Lovelady

**Super Sitters - Sessions 1 & 2**
$90, SLO-RM 4730, A Nye
## SAN LUIS OBISPO CAMPUS CLASS SCHEDULE
### SESSION I: JUNE 16-JULY 2, 2014 (M-TH)

No class July 3

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### COLLEGE FOR KIDS ORIENTATION

Students enrolled are asked to attend an orientation meeting with their parents/guardians. A tour will conclude the orientation. Session I: June 11, 2014 @ 6pm in 2401 on the Cuesta College SLO Campus.

See campus map at www.communityprograms.net
# SAN LUIS OBISPO CAMPUS CLASS SCHEDULE

## SESSION II: JULY 7-24, 2014 (M-TH)

<table>
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<th>Time</th>
<th>Monday</th>
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<td>8:30-9:20</td>
<td>Basketball $80, Gm 1400 CFK206.214</td>
<td>SD Volleyball $80, SD Court CFK210.214</td>
<td>Soccer $80, @ Field CFK227.214</td>
<td>Fencing $80, @ Field CFK235.214</td>
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<td>9:30-10:20</td>
<td>Swim Fitness $80, @ Pool CFK248.214</td>
<td>OD Games $80, @ Field CFK260.214</td>
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<td>Track &amp; Field $80, @ Track CFK209.214</td>
<td>Field Sports $80, @ Field CFK231.214</td>
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<td>10:30-11:20</td>
<td>Creative Writing $155, RM 3309 CFK249.214</td>
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<td>Session II: July 7-24, 4:00-4:50</td>
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</tbody>
</table>

**COLLEGE FOR KIDS ORIENTATION**

Students enrolled are asked to attend an orientation meeting with their parents/guardians. A tour will conclude the orientation. Session II: July 2, 2014 @ 6pm in 2401 on the Cuesta College SLO Campus.

See campus map at www.communityprograms.net
COLLEGE FOR KIDS ENROLLMENT
• Registration is accepted on a first-come, first-served basis. Online, mail-in and fax registration begins as soon as you receive this brochure.
• Class choices must run concurrently. Breaks between classes are not allowed.
• There is NO SUPERVISION BETWEEN CLASSES
• SUMMER HOURS: Mon-Thurs., 8am-5pm
Parents: Staying on Campus during your child’s classes requires a parking permit -purchase early!

CONFIRMATION OF REGISTRATION
• Registering online: Detailed instructions are provided under ActiveNet Instructions and via our website; staff always available to help you.
Maps and information specific to your class are also available online. If you register by mail or fax, a receipt will be emailed mailed to you. Please allow one week for delivery. Please remember that with mail or fax registration requests that; online has 1st come 1st processed. Register early and we suggest the online component to guarantee your child/ren's spot in their desired classes.

CANCELLLED CLASSES
• Advance registration is recommended to avoid cancelled classes; however, in the event enrollment minimums are not met, the class may be cancelled. Registered students will be notified in advance and have the fees transferred to another class at no charge or choose to receive a full refund.

REFUND/TRANSFERS
• Please take care in selecting classes to avoid refund and transfer fees.
• If you cannot attend a class for which you are registered, a written request must be received in the Community Programs office 5 business days before the activity begins. The refund, minus a $10 processing fee per class, will be issued within 3-4 weeks.
• A transfer from one class/event to another is available for a $10 transfer fee.

LIMITED SCHOLARSHIPS AVAILABLE
• We are pleased to offer a scholarship program to enable financially disadvantaged students to participate in College for Kids and the 4th Grade Camp. Eligible students must be 15 years of age or younger and a resident of San Luis Obispo County. Scholarships are awarded on the basis of student need and funding available.
• For more information, call us at 546-3132, or print a copy of the application from our website: www.communityprograms.net

DONATIONS CHEERFULLY ACCEPTED
• If you would like to give financially disadvantaged student(s) the opportunity to attend CFK, consider a scholarship donation. For more information, please call 546-3132.

ACTIVE NET INSTRUCTIONS FOR ONLINE REGISTRATION
• From the website: www.communityprograms.net please choose link for the Session your child/ren are interested in: CFK Session I (CFK100.214), II (CFK200.214);
• This will take you to the registration system -this system is new;
• Click add to My Cart;
• Click Create New Account - this account should be under the parent/guardian;
• Fill in all information requested;
• Click "Acknowledgement";
• Click Submit and Add Family Member;
• Proceed with adding each family member you want on the account (include Grandma/Grandpa too) AND who you are registering for / for children please make sure the last name is correct (the system will default to your last name) and a Scholarship Contact area is for other family members or friends you would be comfortable with receiving a call in case you are not available (add spouses, significant others as additional family members - the emergency contact area will not add those as family members to your account);
• Once all family members are added click Submit;
• Click "My Account" (located at top of screen) to register
• Your account is automatically activated;
• The CFK Overall will appear
• Click add to my cart;
• Use pull down menu for participant (child);
• Pick a College for Kids class in each timeframe;
• The timeframes are separated by how long the classes are NOTE: some classes are 1hr or 2hrs long for example: if you choose 8:30am Hors d'oeuvres leave 9:30am timeframe blank and start at 10:30 a grid schedule is available at our website for convenience;
• Choices for Morning and Afternoon Homerooms (child care) are also built in the schedule;
• Once the class choices are done please review with your child to ensure what they want to avoid changes later;
• Click continue (let system process which could take up to a minute);
• Additional information will appear that is needed for staff and instructors these are mandatory areas even if filled out "not applicable";
• Click continue;
• Each class will appear with fees associated review each class and click continue;
• Total page will appear click continue;
• If you wish to stay on campus - click Add Parking Permit/Swim Pass at the bottom of screen if not continue to Proceed to Checkout;
• IF YOU NEED PARKING PERMIT follow these additional guides:
• Choose 2014 Summer Parking Permit
• Add to my Cart
• Select Participant (this should be the parent)
• Click Continue
• Fill out Drivers License, Year/Make/Model/Color of Vehicle and License Plate # (Parking Permits are NOT mailed pick up first day of class)
• Click Continue
• Shopping cart will appear will all associated information always review for accuracy;
• Click Proceed to checkout;
• Initial Waiver;
• Click "I Acknowledge"
• Fill in Payment Information (you can save this information for future use)
• Billing Information should be the parent or whomever is paying;
• Click "I am 13 year of age or older";
• Skip Offers from the Active Network;
• Click Continue;
• Click No Thanks to next offer;
• Online Receipt will appear / Print button appears at top right corner;
• Once printed scroll to bottom and click continue;
• The main Cuesta College Community Programs page appears and at top right corner click log off

FOR ONLINE REGISTRATION
ACTIVENET INSTRUCTIONS
please call 546-3132.
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Click Continue;
Click No Thanks to next offer;
Online Receipt will appear / Print button appears at top right corner;
Once printed scroll to bottom and click continue;
The main Cuesta College Community Programs page appears and at top right corner click log off
I wish to participate and/or for my child to participate in a College sponsored youth program(s)/activity(ies) during the Summer of 2014. I understand and acknowledge that these activities, being of such a nature, pose the potential risk of serious injury/illness to individuals who participate. I understand and acknowledge that in order to participate in these activities, I agree to assume liability and responsibility for any and all injuries or illnesses suffered by me which may be incidental to the activities. I understand that I am responsible for my own transportation to and from the activity(ies), and the college assumes no liability for loss of injury/illness to me. I have no known medical condition which may pose a risk to the health and safety of others by participating in the activity(ies). I understand that the photos and/or videos of the child and/or for the promotion of future programs.

Child/Participant’s Signature __________________________ Date ____________

Parent/Guardian’s Signature _________________________ Date ____________

School Currently Attending __________________________

SESSION I: JUNE 16–JULY 2 (NO CLASS JULY 3)

Complete boxes with correct COURSE # and TITLE. First and Second choices are MANDATORY.

7:30-8:20am homeroom
8:30-9:20am
9:30-10:20am
10:30-11:20am
11:30-12:20pm
1:00-1:50pm
2:00-2:50pm
3:00-3:50pm
4:00-4:50pm
5:00-5:30pm homeroom

SESSION II: JULY 7–24

Complete boxes with correct COURSE # and TITLE. First and Second choices are MANDATORY.

7:30-8:20am homeroom
8:30-9:20am
9:30-10:20am
10:30-11:20am
11:30-12:20pm
1:00-1:50pm
2:00-2:50pm
3:00-3:50pm
4:00-4:50pm
5:00-5:30 homeroom

ACKNOWLEDGEMENT & ASSUMPTION OF POTENTIAL RISK – YOUTH PROGRAMS

I hereby agree to accept the potential risks associated with participation in a College sponsored youth program(s)/activity(ies) during the Summer of 2014. I understand and acknowledge that these activities, being of such a nature, pose the potential risk of serious injury/illness to individuals who participate. I understand and acknowledge that in order to participate in these activities, I agree to assume liability and responsibility for any and all injuries or illnesses suffered by me which are incidental to the activities. I understand that I am responsible for my own transportation to and from the activity(ies), and the college assumes no liability for loss or injury resulting from my transportation. I have no known medical condition which may pose a risk to the health and safety of others by participating in the activity(ies). I understand that the photos and/or videos of the child and/or for the promotion of future programs.

Child/Participant’s Signature __________________________ Date ____________

Parent/Guardian’s Signature _________________________ Date ____________

School Currently Attending __________________________

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3:00-3:50pm
4:00-4:50pm
5:00-5:30 homeroom

SESSION II: JULY 7–24

Complete boxes with correct COURSE # and TITLE. First and Second choices are MANDATORY.

7:30-8:20am homeroom
8:30-9:20am
9:30-10:20am
10:30-11:20am
11:30-12:20pm
1:00-1:50pm
2:00-2:50pm
3:00-3:50pm
4:00-4:50pm
5:00-5:30 homeroom

CHECKS PAYABLE: CUESTA COMMUNITY PROGRAMS P.O. Box 8096, San Luis Obispo, CA 93409-8106 For info: 546-3132 FAX: 546-3107 Or go online www.communityprograms.net
An exciting 4-day camp at the San Luis Obispo Campus designed for students entering the 4th grade in the FALL of 2014. Campers are supervised as they rotate through several subjects each day. Students will need to be checked in and out each day and will be supervised at all times.

SAN LUIS OBISPO CAMPUS ONLY

*Half Day Camp  Mon-Thu, Jul 28-Jul 31 8am-12:30pm, $132 CFK400A.214

NEW *Full Day Camp Mon-Thu, Jul 28-Jul 31 8am-5:30pm, $218, CFK40A.214

NEW Group Gathering & Greeting
– Included in Both Half & Full Day Options!
RM-4710, All instructors
All students and instructors gather each morning for ice breakers and team building activities. Rise and shine, wake up your mind, and get to know your fellow students.

Achieve Artistic Awesomeness
RM 4730, D Vertrees
Students will learn to enjoy art. This class offers creative expression and the projects will help develop hand-to-eye coordination. Please dress appropriately, as this class is “hands-on.”

Core Computer Concepts
RM 4740, A Nye
Explore the basics of digital document preparation and Internet search techniques for academic projects. Learn spreadsheets to generate eye popping charts and graphs to summarize data. Then format content to create dazzling digital presentations and written reports.

Beyond Basic Biology
RM 4760, K Poland
Learn about marine animals in and out of the ocean and the skins, bones, teeth and skulls of animals that live on land. Explore Earth through rocks and minerals, look at the world of insects -- how is a spider different from a beetle and finally explore soil and the creatures that live in it.

Fun, Food, & Fitness
RM 4750, J Andrews-Scott
Hands-on activities, experiments and discussion are used to educate students about healthy food choices, cultural lifestyles, and fitness. Please dress appropriately, as this class is “hands-on.”

NEW Let’s Love Lunch - Included in Full Day!
RM 4720, All Instructors
Work with camp instructors to prepare and eat a different lunch each day. By the end of the week you’ll be loving lunch!

NEW Sportsmanship, Sun, & Skills - Full Day!
Athletic Fields, N Holm
Students will participate in cooperative games that focus on communication, cooperation, team building, trust, teamwork, and group challenges.

NEW Early Evening Excitement - Full Day
BUILDING 4700, N Holm,
Students will work through exciting projects and activities while further developing strategies of teamwork and cooperation.

REGISTRATION FORM – 4th GRADE CAMP ONLY
please print clearly

Student Name ____________________________
School Currently Attending, Grade/Fall 2014 ______ Male/Female ______
Date of Birth ____________________________
Parent/Guardian: ____________________________
Mailing Address: ____________________________
City, Zip: ____________________________
Email: ____________________________
Day Phone ____________________Eve __________________
Emergency Contact: ____________________________
Emergency Phone: ____________________________

Please put in same rotation as: ____________________________

Medical Information (allergies, medical, etc)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

ACKNOWLEDGEMENT & ASSUMPTION OF POTENTIAL RISK – YOUTH PROGRAMS
I wish to participate and/or for my child to participate in a college sponsored youth program(s)/activity (ies) during the summer of 2014 I understand and acknowledge that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate. I understand and acknowledge that in order to participate in these activities, I agree to assume liability and responsibility for any and all potential risks that may be associated with participation in such activities. I understand, acknowledge, and agree that the college, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by me which is incident to and/or associated with preparing for and/or participating in the activity (ies). I understand that I am responsible for my own transportation to and from the activity (ies) and the college assumes no liability for loss or injury resulting from my transportation. I have no known medical condition, which may pose a risk to the health and safety of others or me by participating in the activity (ies). I understand that photos and/or videos of me and/or my child’s participation in these activities may be taken for the sole purpose of assisting in the instruction of my child and/or for the promotion of future programs.

Child/Participant’s Signature ____________________________ Date ____________
Parent/Guardian’s Signature ____________________________ Date ____________

TOTAL:
☐ Half Day: $132 PER STUDENT (includes lab and materials fees) OR
☐ Full Day: $218 PER STUDENT (includes lab and materials fees)
Visa/MC/Discover/AMEX #: ____________________________
Expiration Date: ____________________________
Name as it appears on card: ____________________________

Signature: ______________________________________

MAKE CHECKS PAYABLE TO:
CUESTA COLLEGE COMMUNITY PROGRAMS
P.O. Box 8106, San Luis Obispo, CA 93403-8106
Questions? Call: 546-3132 FAX: 546-3107 Or
www.communityprograms.net/cfk/4thgradecamp.htm
FITNESS

Muscle Conditioning
$90 OR $5 walk-in, 18 Mon/Wed; Jun 9-Aug 6
3:20-4:20pm, FT0802.214, SLO-RM 1200
A Goughnour

Gentle Yoga for Seniors
$65 OR $7 walk-in, 13 Tues/Thurs; Jun 10-Jul 24
No Class July 3, 10-11am, FT0801.214, SLO-RM 1105
J Beck

RECREATION

Rowing
$60, 5 Sat.
May 10 - Jun 7, 9-11am, ROOMAY.114
Jun 14-Jul 2, 9-11am, ROOJUN.214
Jul 9-Aug 6, 9-11am, ROOJUL.214
Aug 15-Sept 20, 9-11am, ROOSEP.314
SLO Rowing Clubhouse by the Marine
@ Santa Margarita Lake, SLO Rowing Club

Sailing
$375, 3 Sat/Sun.
Jun 14-22, 9am-1pm, SA0801.214
Jul 12-20, 9am-1pm, SA0802.214
Aug 9-17, 9am-1pm, SA0803.214
Sep 13-21, 9am-1pm, SA0701.314
Port of San Luis, Pier 1, 443 Front Street
Avila Beach, San Luis Yacht Club

RECREATION AQUATICS

Lap Swimming
Jun 2-Aug 7, No swim: Jul 3, Holiday
MORNING Mon/Wed., 5:30-10:30am
MORNING Tues/Thurs., 7:00-10:30am
AFTERNOON Mon-Thurs., 1-3:30pm
EVENING Wed Only, 3:30-7:30pm

Recreational Water Polo
20 Mon/Wed., Jun 2-Aug 6, 6-7:30pm
$5 Drop in Fee

Community Programs Swim Class
(Ages 4-18)
TBA, see website for upcoming information

Family Fun Swim!

COME ENJOY FAMILY FUN
AND SWIM AT CUESTA
Thursday evenings
6:30-9pm; $5 per person
4 DAYS ONLY
Jun 26, Jul 10 & 24, Aug 7
AQUATICS

AQUAKINETICS In the warm pool participants are led through a series of exercises designed to increase range of motion and flexibility. Moderate aerobic exercises are added to our Higher Intensity class to increase cardiovascular fitness. A great class for seniors, people recovering from injuries and/or arthritic conditions who are capable of participating in a fitness program without assistance.

AQUA AEROBICS Workout at your own pace and have fun at the same time. Option of low to high intensity aerobic exercises. A great class for adults looking to maintain or jump-start a fitness program.

AQUA POWER AEROBICS This fast paced class is designed to combine aerobic conditioning (and calorie burning) with strength training, muscular endurance and flexibility. It is not necessary to get the face or hair wet or to know how to swim to participate in this invigorating workout in the shallow end of the main pool.

DEEP WATER WORKOUT This class is a high-powered deep-water workout suitable for all ages and levels of fitness designed to challenge both the cardiovascular and muscular systems. The workouts include lap swimming, water walking, water jogging and invigorating non-impact deep-water exercises. Basic swimming skills are needed. Swim goggles are recommended. All pool equipment is provided. Class is offered in the deep end of the main pool.

PRENATAL WATER AEROBICS Prenatal Water Aerobics is designed for pre or postnatal women who want a safe and effective way to stay in shape. The class is based on the guidelines established by the American College of Obstetricians and Gynecologists. The format includes a pre-stretch, cardiovascular warm-up, aerobic segment, cool down toning and post-stretch designed to help pregnant women maintain current levels of fitness. This workout is held in the shallow end of the main pool.

** A medical release is required for participation in the Prenatal Water Aerobics class. Bring the medical release (signed by your doctor) with you on the 1st day of class. Call 546-3132 to receive packet with medical release form.

AQUA FITNESS SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Users</th>
<th>Time</th>
<th>Class</th>
<th>Instructors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 2-Aug 6</td>
<td>Warm Pool Users</td>
<td>7am</td>
<td>Aquakinetics, Higher Intensity</td>
<td>Holley</td>
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<td></td>
<td></td>
<td>8am</td>
<td>Aquakinetics</td>
<td>Holley</td>
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<td>10am</td>
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<td>Holley</td>
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<td>4:30pm</td>
<td>Aqua Aerobics</td>
<td>Goughnour</td>
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<td></td>
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<td>5:30pm</td>
<td>Aqua Aerobics</td>
<td>Goughnour</td>
</tr>
<tr>
<td>Jun 2-Aug 6</td>
<td>Shallow End of Large Pool Users</td>
<td>7am</td>
<td>Prenatal Water Aerobics</td>
<td>Segletes</td>
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<tr>
<td>Jun 2-Aug 6</td>
<td>Deep End of Large Pool Users</td>
<td>7:30am</td>
<td>Deep Water Workout</td>
<td>Self Directed</td>
</tr>
<tr>
<td>Jun 3-Aug 7</td>
<td>Warm Pool Users</td>
<td>7am</td>
<td>Aquakinetics, Higher Intensity</td>
<td>Goughnour</td>
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</table>
SWIM CLASS REGISTRATION: Registration for each session closes at noon on the Wednesday before the session begins so that instructors can be assigned. Classes fill quickly, therefore we suggest you register as early as possible, especially if you are trying to coordinate multiple children at the same time. Minimum enrollment required in each class and classes are subject to cancellation. Please check the class descriptions carefully. If your child is enrolled in the wrong level, you are not guaranteed a spot in that level or the correct level—this is dependent on availability. The Aquatics Coordinator and/or Head Instructor Guard will attempt to re-schedule your child; however all other classes may already be full. Your child’s class is only confirmed with the receipt in hand. Confirmation cannot be given over the telephone. Class schedule subject to change. Pool closures are possible—we do try to avoid this, but because of the tight schedule make-ups are not possible. Your class fee reflects this possibility.

Online Registration www.communityprogram.net under Swim Lessons

Fax-in Registration: is accepted with Visa, MasterCard, Discover & American Express Fax to 546-3107. Walk-In Registration: is accepted at the pool for current sessions only. However, there are no guarantees. The class you request may already be full or not available.

Phone Registration always welcomed

Baby & Me Parent/guardian accompanies child in the water and receives feedback and guidance from an instructor. Class emphasis is on fun and safety. Children ages 6 months to 4 years develop water entry, bubble blowing, front kicking, back floating, underwater exploration and more. Class ratio is 1:10.

Tiny Tot Class for children ages 3 to 4 years of age at any swimming level. Class is tailored to the needs of younger swimmers; children should be willing to participate in a group setting without parent/guardian. Fun and safety are emphasized while children are learning swimming skills. Time will be spent working on floating, kicking, arm and hand movements, and water safety. Class ratio is 1:3.

Level 1 Introduction to Water Skills Must be at least 5 years old to enroll—NO EXCEPTIONS. Class is designed for the swimmer who needs help feeling comfortable in the water. Class time is spent on submerging, floating, kicking, opening eyes and exhaling underwater, arm and hand movements, and water safety. Class ratio is 1:6.

Level 2 Fundamental Aquatic Skills Must be at least 5 years old to enroll—NO EXCEPTIONS. Class is designed to give the student success with fundamental skills. Students learn to dive from side, treading water, turning over while floating, swim on front, back and side, and water safety. Class will be held in large pool and students should feel comfortable in deep water. Class ratio is 1:7.

Level 3 Stroke Development Students should feel comfortable in deep water and the large pool. Concentration is on building confidence and the development and refinement of the front and back crawl using rotary breathing. Students will be introduced to butterfly stroke, deep water entry, and a reaching assist along with new safety skills. Prerequisite is a Level 2 card or equivalent skills. Class ratio is 1:7.

Level 4 Stroke Improvement Students must be comfortable in deep water and be able to swim the length of the large pool demonstrating front crawl with side breathing. Emphasis is placed on the refinement and endurance of skills learned in previous levels. Students will learn the breaststroke, elementary backstroke, and sidestroke kick. Students should be prepared to swim several lengths of the pool at each class meeting. Prerequisite is a Level 3 card or equivalent skills. Class ratio is 1:7.

Level 5 Stroke Refinement Concentration is placed on the coordination, refinement and endurance of previously learned strokes. In addition, various dives are introduced along with additional safety skills such as rescue breathing and survival swimming. Students in this class must be able to swim at least two continuous lengths of the pool and be prepared to swim several lengths of the pool each class meeting. Prerequisite is a Level 4 card or equivalent skills. Class ratio is 1:7.

Level 6 Swimming and Skill Proficiency Primary objective is the refinement of all strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Personal water safety, lifeguard readiness, fundamentals of diving and fitness swimmer are other areas covered. Student may swim up to 20 lengths of the pool in one class meeting. Prerequisite is a Level 5 or 6 card or equivalent skills. Class ratio is 1:7.

Private & Semi-Private Swimming Lessons Give your child or yourself the opportunity to learn new skills and/or refine current skills with some special attention. Try a semi-private or private lesson. The instructor to student ratio is 1:1 for private lessons and 1:2 or 1:3 for semi-private lessons. Semi-private lesson participants must be at similar levels and register as a group. These one-week lessons are available only as staffing permits and will be determined by the Aquatics Coordinator. These lessons are 4 days only.

FREE SWIM LESSON PLACEMENT TESTING

SAT., APR 19, 2-5PM & SAT., MAY 3, 10AM-1PM
CUESTA COLLEGE POOL, SLO CAMPUS
SIGN UP TO GUARANTEE A SPOT!

Bring kids ready to swim. They will be assessed and we will advise which level is best to enroll in. Registration accepted at the pool deck on the day of the placement test. Classes fill quickly so take placement testing early. Checks and credit cards (Visa, MasterCard and Discover) only. No cash accepted on placement testing.
OFFICE HOURS: SUMMER ONLY
June 1 - August 14, M–Thur, 8am-5pm
Lunch: 12:30-1:30pm daily

ENROLLMENT: Registration is accepted on a first-come, first-served basis. Online, mail-in and fax registration begin as soon as you receive this brochure. Students 18 years and older may enroll in adult education/recreation classes. Pre-registration is recommended as all classes/activities and events have enrollment requirements.

REGISTRATION: Registering online; detailed instructions are provided under ActiveNet Instructions and via our website; staff is always available to help you. Maps and information specific to your class are also available online. If you register by mail or fax, a receipt will be emailed/mail to you. Please allow one week for delivery. Please remember that with mail or fax registration requests that; online has 1st come 1st processed. Register early and we suggest the online component to guarantee your registration in a desired class or classes.

REFUND/TRANSFERS:
• Please take care in selecting classes to avoid refund and transfer fees.
• If you cannot attend a class for which you are registered, a written request must be received in the Community Programs office 5 business days before the activity begins. The refund, minus a $10 processing fee per class, will be issued within 3-4 weeks.
• A transfer from one class/event to another is available by pick up only. Parking permits will not be mailed.
• If you cannot attend a class for which you are registered, a written request must be received in the Community Programs office 5 business days before the activity begins. The refund, minus a $10 processing fee per class, will be issued within 3-4 weeks.
• Registered students will be notified in advance if a birth date is provided. Some classes/activities/events by design are not applicable for this discount (payment plans, special classes/activities/events). Some classes/activities/events by design are not applicable for this discount (payment plans, special pricing, online courses, Public Events) and discounts cannot be combined.

CANCELED CLASSES: Advance registration is recommended to avoid cancelled classes; however, in a class/activity/event enrollment minimums are not met, the class may be cancelled. Registered students will be notified in advance and have the fees transferred to another class at no charge or choose to receive a full refund.

SENIOR DISCOUNTS: Adult 62 years and older receive a 10% discount on classes/activity/events automatically if a birth date is provided. Some classes/activities/events design are not applicable for this discount (payment plans, special pricing, online courses, Public Events) and discounts cannot be combined.

PARKING:
• Cuesta College Parking permits are required for vehicles parked on the North County and San Luis Obispo campuses - Monday-Saturday, 5am-10pm, whenever the District is in session.
• $2 daily permits are available from the Community Programs Office for all Community Programs patrons.
• Daily parking permit machines are also available in all paved lots.
• As a registered Community patron, you may purchase a Summer semester permit for $15 from the Community Programs Office via online, mail, FAX, phone or walk-in. The Summer semester permit is valid from June 1-Aug 14. Semester permits are available by pick up only. Parking permits will not be mailed.

ACTIVENET INSTRUCTIONS FOR ONLINE REGISTRATION
1. Go to www.communityprograms.net
• Find the class you want to register for and click Register Online. This will take you to the ActiveNet Registration site.
2. Click ADD TO MY CART
• IF you have registered before:
1. Sign in using the username and password you created:
• IF this is your first time:
1. Create a username and password and provide all information requested
2. Click the box – Remember me on this computer?
3. To view, change any information for yourself or your family (e.g. add a member, change address or phone number) click ADD, ADD ANOTHER ONE OR REMOVE
4. You can add a family member here
5. When you are finished click CONTINUE
6. On this next screen you have more options
• You can change participant
• You can select the payment plan option… if there is one…
• otherwise click CONTINUE
7. On this next screen carefully look at the information to make sure it is correct,
• if you have changed your mind, or decide not to continue, you can cancel the transaction from this screen by clicking CANCEL
• or select any other link if you need to make a change, add a person, or edit the class you want to register for: EDIT, ADD ANOTHER ONE OR REMOVE
8. Once you have all the items you want in your “cart” click to continue with payment
9. If at any moment you change your mind click CANCEL or EMPTY CART.

BROCHURE LOCATIONS: Additional brochures are available in county libraries and Chambers of Commerce, as well as Cuesta College North County and San Luis Obispo campuses.

FACILITY INFORMATION:
All Community Programs are held in handicapped accessible locations. Smoking is permitted on the Campus in designated areas only/ alcoholic beverages are prohibited on school grounds.

LIMITED SCHOLARSHIPS AVAILABLE

QUESTIONS ABOUT MAKING DONATIONS
PLEASE CALL 546-3132
### Payment Information

#### Check/Money Order#

#### Visa/MC/Discover/AMEX#

#### Expiration Date

#### Name as it appears on card

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### Acknowledgement & Assumption of Potential Risk

I understand and acknowledge: (a) that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate, (b) that in order to participate in these activities, I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities, (c) that the college, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by me which is incident to and/or associated with preparing for and/or participating in the activity(ies), (d) that I am responsible for my own transportation to and from the activity(ies) and the college assumes no liability for loss or injury resulting from my transportation and (e) that photos and/or videos of me and/or my child’s participation in these activities may be taken for the sole purpose of assisting in the instruction and/or for the promotion of future programs. I have no known medical condition which may pose a risk to the health and safety of me or others by participating in the registered activity(ies).

**Participant’s Signature**: ____________________________  **Date**: ____________________________

**Parent/Guardian’s Signature**: ____________________________  **Date**: ____________________________

(if under age 18)

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### Registration Information for all Classes (Not for College for Kids)

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<tr>
<th>Name of Payee</th>
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(For class confirmation and notices)

**Emergency Contact**: ____________________________  **Emergency Phone**: ____________________________

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### Please duplicate this form for more than one participant

<table>
<thead>
<tr>
<th>COURSE/EVENT NAME</th>
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**Participant Name**: ____________________________  **Sex**: [ ] Male  [ ] Female  **Birth Date (Required)**: ____________________________

**Parking**: Semester Pass: $15  Daily Pass (quantity) @ $2 each

**Total**: $ ________

**FOR OFFICE USE ONLY**: **DATE**: ____________  **REGISTRAR**: ____________________________  **Parking Permit#**: ____________________________  **Pass#**: ____________________________

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**Acknowledgement & Assumption of Potential Risk**

I understand and acknowledge: (a) that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate, (b) that in order to participate in these activities, I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities, (c) that the college, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by me which is incident to and/or associated with preparing for and/or participating in the activity(ies), (d) that I am responsible for my own transportation to and from the activity(ies) and the college assumes no liability for loss or injury resulting from my transportation and (e) that photos and/or videos of me and/or my child’s participation in these activities may be taken for the sole purpose of assisting in the instruction and/or for the promotion of future programs. I have no known medical condition which may pose a risk to the health and safety of me or others by participating in the registered activity(ies).

**Participant’s Signature**: ____________________________  **Date**: ____________________________

**Parent/Guardian’s Signature**: ____________________________  **Date**: ____________________________

(if under age 18)

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**Register Online**: [WWW.COMMUNITYPROGRAMS.NET](http://WWW.COMMUNITYPROGRAMS.NET)
California’s community colleges are strategically positioned to help California’s citizens adapt to the green economy and the help students connect with 21st-century green-collar jobs. At Cuesta College we are committed to being part of the green revolution.

ONLINE REGISTRATION
• Visit our webpage at www.communityprograms.net
• Pick a class, activity or event click the Register Online button and you are off and running! Simple and easy!
• 24 hrs a day / 7 days a week / 365 days a year!
• Create, register, manage, pay and add family members to our new secure registration system!

For more info or help call 546-3132

CUESTA COLLEGE FOUNDATION
• Contributions Make a Difference
For more information about supporting Cuesta College Foundation call 546-3279

PARKING PERMITS
Summer 2014 permits are available May 19, required starting June 23. Please purchase early! Patrons of Community Programs order, purchase and pick up at our office only. NOTE: Permits are required anywhere on campus (all parking lots (paved/unpaved) and all street parking).

PARENTS: IF YOU ARE STAYING ON CAMPUS DURING YOUR CHILD’S SUMMER CLASS(ES) PLEASE PURCHASE EARLY! TO AVOID THE RUSH.

Please recycle or give to a friend.