

A Calm Space

MEDITATION & COLORING EVENT



Join Cuesta Library & the Student Health Center
for a relaxing, end-of-semester virtual event!

Tuesday, December 7

4:00-5:00pm

Via Zoom

Stretching
Affirmations
Coloring

*includes grab & go bag
with art supplies*

To register and reserve your grab & go bag, email dfourie@cuesta.edu