

Take an hour for yourself to gear up for finals week!



Tuesday, May 10 4:00-5:00pm Virtual

Light stretching & Qi Gong movement

Collage making

Complimentary grab bags

Zoom room: https://cuesta-edu.zoom.us/j/3619380274 **For more info:** dfourie@cuesta.edu

Grab bags available for pick up at SLO and NCC Libraries will include glue, collage materials, and wellness information.



Library & Student Health Center