

2012 Cuesta Women's Track Field

Cuesta 2012	Women's Track Events		Women's Track Events
100 Meters		High Jump	
:11.68	<i>Julia Turing, 1988</i>	5-4	<i>E. Baston, 1978 & S. Chan, 1981 & T. Noble, 1998 & M. Jost, 2007</i>
:13.24	Mikaylah Williamsn, 3/30	4-9.5	Jessica Belingheri, 2/18
:13.30	Jessica Belingheri, 3/9		
200 Meters		Pole Vault	
:23.86	<i>Julia Turing, 1988</i>	13-1	<i>Kate Almond, 2006</i>
:27.02	Mikaylah Williamsn, 4/14	11-5.75	Grace Mann, 5/10
:27.30	Savanna Carlton, 3/9	9-11.25	Sarah Delzio, 3/30
:27.58	Jessica Belingheri, 4/11		
400 Meters		Long Jump	
:56.43	<i>Heather Owens, 1986</i>	18-6.5	<i>Julia Turing, 1989</i>
1:01.78	Savanna Carlton, 3/9	16-1.75	Jessica Belingheri, 2/18
1:02.03	Mikaylah Williamsn, 3/3	14-2	Lindsee Handel, 2/18
1:02.50	Susie Styles, 4/20		
1:03.38	Jessica Armes, 4/20	Triple Jump	
		38-2	<i>Tee Noble, 1998</i>
		32-6.5	Jessica Belingheri, 3/9
800 Meters		Shot Put	
2:11.45	<i>Kathryn Krieger, 1988</i>	44-3	<i>Lara Newell, 1993</i>
2:15.77	Devon Kelsey, 4/14	28-10.75	Kristin Urias, 3/30
2:18.77	Kasey Urman, 4/20	26-2	Lindsee Handel, 3/23
2:21.21	Annick Ospital-Cone, 4/27	22-2.5	Jessica Belingheri, 2/18
2:26.51	Corinne Evans, 4/20		
1,500 Meters		Discus	
4:30.98	<i>Kathryn Krieger, 1989</i>	147-3	<i>Christine Weinreich, 2010</i>
4:36.14	Devon Kelsey, 5/5	79-5.5	Kristin Urias, 3/23
4:36.38	Kasey Urman, 3/16		
4:51.25	Corinne Evans, 5/10	Hammer	
		161-4	<i>Christine Weinreich, 2010</i>
		83-6.25	Kristin Urias, 3/30
3,000 Meters		Javelin	
9:57.67	<i>Kathryn Krieger, 1989</i>	148-10	<i>Julia Turing, 1989</i>
10:27.65	Devon Kelsey, 3/9	114-7.5	Lindsee Handel, 4/27
11:10.14	Lizzie Uscanga, 3/30	97-5.25	Kristin Urias, 4/27
		70-4	Jessica Belingheri, 2/24
5,000 Meters		Heptathlon	
17:34.18	<i>Devon Kelsey, 2012</i>	4,232 pts	<i>Julia Turing, 1989</i>
17:34.18	Devon Kelsey, 3/16	3,436	Jessica Belingheri, 4/11
19:24.52	Lizzie Uscanga, 3/16	2,970	Lindsee Handel, 4/11
20:14.33	Katie Lewis, 3/3		
10,000 Meters			
40:03.66	<i>Devon Kelsey, 2012</i>		
40:03.66	Devon Kelsey, 4/20		
40:48.26	Lizzie Uscanga, 4/20		
100 Hurdles			
:14.76	<i>Katrina Torres, 2008</i>		
:16.30	Jessica Belingheri, 4/27		
:17.73	Lindsee Handel, 4/20		
400 Hurdles			
1:03.24	<i>Christi Binns, 1986</i>		
1:09.71	Jessica Belingheri, 3/23		
1:11.73	Lindsee Handel, 4/27		
Steeplechase			
11:23.13	<i>Kasey Urman, 2012</i>		
11:23.13	Kasey Urman, 3/3		
13:36.48	Megan Cugini, 4/27		
4 x 100 Relay			
:48.89	<i>1986</i>		
:50.02	Belingheri, Williams, Carlton, Armes, 4/27		
4 x 400 Relay			
3:51.37	<i>1986</i>		