

ALLY

LGBTQIAP+

RESOURCE GUIDE



ALLY: al·ly ['alī]

ANYONE WHO WORKS TO END OPPRESSION THROUGH SUPPORT AND ADVOCACY OF AN OPPRESSED GROUP.

For example, a straight cisgender* person who supports and stands up for the equality of LGBTQIAP+ people.

Please keep this on file and refer your students to these organizations if they are in need of additional support and services.

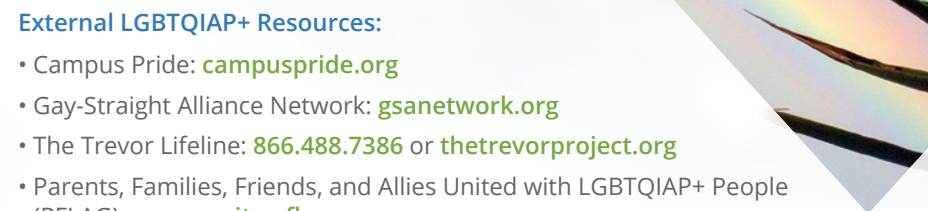
San Luis County community organizations and resources for LGBTQIAP+ students:

- Cuesta LGBTQIAP+ Student Group
- Gay Straight Alliance Network
- Transitions Mental Health Association
- PFLAG Central Coast Chapter
- Gay and Lesbian Alliance of the Central Coast (GALA)
- SLO High School Gay/Straight Alliance Club
- Spectrum (Poly's GSA)
- Cuesta Gay/Straight Alliance Club
- Templeton High School Gay/Straight Alliance Club
- Community Counseling Center
- AIDS Support Network SLO
- Cal Poly Pride Center/Queer Student Union
- Gay and Lesbian Alliance's Q Youth Group
- Tranz Central Coast
- Gala Pride Center
- Central Coast Pride
- Central Coast Coalition for Inclusive Schools
- R.I.S.E.

Cuesta Employees Ally and Safe Space/Safe Zone Advocates:

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|--------------------|------------------|-----------------------|---------------------|
| • Bailey Drechsler | • Heidi Webber | • Robin Dungan | • Tonya Leonard |
| • Matthew Davis | • Glenda Moscoso | • Carole (Jodi) Davis | • Ali Phelps |
| • Teri Sherman | • Kate Porter | • Andrea Devitt | • Anthony Gutierrez |

* Cisgender: A person whose gender identity and expression are aligned with the gender they were assigned at birth



External LGBTQIAP+ Resources:

- Campus Pride: campuspride.org
- Gay-Straight Alliance Network: gsanetwork.org
- The Trevor Lifeline: 866.488.7386 or thetrevorproject.org
- Parents, Families, Friends, and Allies United with LGBTQIAP+ People (PFLAG): community.pflag.org
- GLBT National Help Center: Hotline—800.246.PRIDE or glbtnationalhelpcenter.org
- American Civil Liberties Union (ACLU): aclu.org
- TransProud: transproud.com
- CenterLink: lgbtcenters.org
- The Safe Schools Coalition: safeschoolscoalition.org
- Teaching Tolerance: tolerance.org
- National Center for Transgender Equality: transequality.org
- Children of Lesbian and Gays Everywhere (COLAGE): colage.org
- Family Equality Council: familyequality.org
- GLSEN – Gay Lesbian and Straight Education Network: glsen.org
- Safe Space LGBTQIAP+ Ally Training: thesafezoneproject.com
- Models of Pride Conference: modelsofpride.org
- #Out4MentalHealth: californialgbthealth.org/out4mentalhealth